

DISCUSSION QUESTIONS

DO THE ONE THING: PRAYER

KEY POINTS

- Prayer unlocks the power of God.
- Lead with prayer:
 - Flip a Table - identify and remove the thing that is blocking your prayer life.
 - Pick a Time - schedule a consistent time to pray.
 - Name the Impossible - bring the situations that feel impossible directly to God.
 - Pray a Passage - use Scripture to guide and shape your prayers.
 - Start On Your Knees - begin prayer with humility, surrender, and attentiveness to God.

DISCUSSION QUESTIONS

1. Jesus said His house should be a house of prayer in Matthew 21:12–13. What are some “table-flipping” moments in your life—things that may be crowding out your time with God?
2. In Mark 11:22–24, Jesus connects faith with prayer. How has prayer helped you trust God more in your own life?
3. The father in Mark 9:24 admits both faith and doubt. Where do you currently feel that tension between believing God and struggling to trust Him?
4. The sermon challenged us to “lead with prayer.” What would it practically look like for you to start your day, decisions, or challenges with prayer this week?
5. What is one “impossible” situation in your life right now that you can begin bringing to God consistently in prayer?