

Day 1: Numbering Our Days

Reading: Psalm 90:1-17

Devotional: Moses reminds us that our days are numbered—not to bring fear, but to inspire wisdom. When we truly grasp that our time is finite, we stop wasting it on trivial pursuits and start investing it in what matters eternally. God doesn't want us to live in anxiety about our limited time; rather, He invites us to see each day as a gift to be stewarded well. Today, consider how you're spending your 20,000 breaths. Are they aligned with God's purposes? Ask the Lord to teach you to number your days, not with dread, but with the wisdom that comes from recognizing you are His treasured possession. When we view time through God's lens, every moment becomes an opportunity to reflect His love and make an eternal impact.

Day 2: Eternal Perspective

Reading: Galatians 4:1-7; 2 Corinthians 4:16-18

Devotional: The red thread of your life seems small against the white rope of eternity, yet it carries immense significance. God sent Jesus at precisely the right moment in history, demonstrating how much He values time. Your brief life on earth is not insignificant—it's the training ground for eternity. Paul encourages us not to lose heart, because our light and momentary troubles are achieving eternal glory. The question isn't whether your life is long enough, but whether you're living for what lasts forever. Today, shift your focus from the temporary to the eternal. What you do in this "red thread" moment determines your impact in the endless "white rope" of eternity. Live today with heaven in view.

Day 3: The Gift of Satisfaction

Reading: Psalm 90:14-17; Philippians 4:10-13

Devotional: God promises that wisdom in numbering our days leads to satisfaction—not the fleeting contentment the world offers, but deep, steadfast satisfaction rooted in His love. Many of us wake up feeling unsatisfied, constantly chasing the next thing. But when we align our time with God's purposes, He fills us with holy satisfaction that transcends circumstances. Paul discovered this secret: contentment in all situations through Christ's strength. This satisfaction doesn't come from having more time, but from using our time wisely. Today, ask God to satisfy you with His steadfast love in the morning. Before checking your phone or rushing into your schedule, spend time with Him. Let His presence fill you first, and watch how differently you approach your day.

Day 4: Rejoicing in Affliction

Reading: Psalm 90:15; Romans 5:1-5; James 1:2-4

Devotional: One of the most counterintuitive promises in Scripture is that wisdom leads to gladness even in affliction. When we understand the value of our days and God's sovereign hand over our time, we can actually rejoice in suffering. This isn't denial or toxic positivity—it's faith that God is working all things for our good. Your calendar reveals what you truly value. Does it show time spent cultivating resilience through God's Word? Affliction will come; the question is whether you'll face it with wisdom or despair. Today, identify one current difficulty and ask God to help you see it through His lens. How might He be producing endurance, character, and hope through this trial? Make time to journal His faithfulness.

Day 5: Establishing the Work of Our Hands

Reading: Psalm 90:16-17; Ephesians 5:15-17; Colossians 3:23-24

Devotional: Moses prays twice for God to establish the work of our hands—repetition that signals importance. God deeply desires that your life produces lasting fruit. But this fruit doesn't come from frantic activity or packed schedules; it comes from aligning your time with His will. Your schedule is a spiritual document, revealing whether Jesus truly has priority. This week, you've been challenged to identify one area where you can be intentional with your time. Today is the day to act. Choose one specific way to use your time generously this week—serve someone, deepen a relationship, invest in spiritual growth. Then ask God to help you compound this intentionality until seeing time through His lens becomes natural. You only get this much time. Use it well.