

January 22, 2023
Kryptonite Week 3

Welcome to our Kryptonite series!

We began our series talking about the fictional character of Superman. He was the superhero you could count on to always come through in the end.

No one, nothing, could stop him except for one thing... Kryptonite.

The longer he was exposed to it, the weaker he became, even to the point of death.

What is it in your life that hinders you/weakens you from living out your Destiny, living Free, living an Abundant Life?

One powerful form of Kryptonite that cripples a lot of people is SHAME and REJECTION!

We ALL have a Father who is really good at Psychological Warfare, he's the Father of Lies... the Devil. And he wants to take Instances and/or Actions *that have been taken BY us, or have been done TO us* to immobilize us from a Life of Freedom!

On a basic level, SHAME is the underlying and pervasive belief that we are somehow defective or have become unacceptable.

The precise way that a person believes they are unacceptable can be very unique.

It might be that they think they are "Too much" in some way, or it might be that they think they are "Not enough" in some way.

The Bible has a remedy for SHAME: whether it's something you're dealing with yourself, or something that was done to you!

John 4:1,3 (NIV)

Now Jesus learned that the Pharisees had heard that he was gaining and baptizing more disciples than John... So he left Judea and went back once more to Galilee.

I. Now he had to go through Samaria.

Jesus was about to walk into a MESS, but that's the Point!

Jew's had a real hatred towards the Samaritans, so it's really inconceivable that Jesus would even go to Sychar.

II. It was about noon when a Samaritan woman came to draw water.

An upstanding woman would have never come to draw water at mid-day, and she would have never done it ALONE!

- A. Drawing water was the Social Habit of the women who lived in the city.
- B. Drawing water was always done FIRST THING.

But this Samaritan woman came ALONE, and at Midday, separated from all the other women.

III. Jesus speaks to the Woman. "Will you give me a drink?"

John 4:9-10 (NIV)

The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.) Jesus answered her, "If you knew the gift of God and WHO it is that asks you for a drink, you would have asked him and he would have given you living water."

JESUS IS DECLARING THERE IS A SOLUTION TO SHAME!

IV. We may have to live with some External Baggage, but it doesn't have to define our Present or our Future.

John 4:11,13-14 (NIV)

"Sir," the woman said, "you have nothing to draw with and the well is deep. Where can you get this living water?... "Everyone who drinks this water will be thirsty again and again, but whoever drinks the water I give them will never thirst. *Indeed, the water I give them will become IN THEM a spring of water welling up to eternal life.*"

Jesus wasn't just interested in giving her a PASS, he wanted to give her a PLATFORM!

God doesn't save us to keep us Safe, He saves us to make us Dangerous!

V. From SHAME to PROCLAIM!

John 4:27,28-30,39 (NIV)

Just then his disciples returned and were *surprised* to find him talking with a woman. Then, leaving her water jar, the woman went back to the town and said to the people, "Come, see a man who told me everything I ever did. Could this be the Messiah?" They came out of the town and made their way toward him. Many of the Samaritans from that town believed in him because of the woman's testimony

If SHAME is your Kryptonite, there can be JOY ahead for you!

Not ALL Shame is Bad! There is Healthy Shame, and there is Toxic Shame.