

**June 4, 2023**

**Ask More, Get Less: Week 1**

Question: How many would agree your Decisions determine the Direction and Quality of your life?

The truth is, nobody PLANS to complicate their life with Bad Decisions, but far too many people DON'T plan NOT to!

There are 5 Game-Changing questions that can equip us to make better...

- Financial Decisions
- Relational Decisions
- Family Decisions
- And/Or Professional Decisions!

Question: How many had a parent (in your developmental stages of life) that rather than just telling you the answer would just pose another question?

Part of my dad's response was, "What are you going to do when I'm not here to tell you what to do?"

The Keystone of our Whole Series is based on this fundamental question that gets woven into every other question. What is the WISE thing to do?

What I wanted was Direction, but my Dad only offered more Questions, but by opting for questions over direction, my dad connected a couple of dots that were extremely beneficial to me, and I bet they will be to you too!

Connection 1: There is a connection between Good Questions and Good Decisions

Connection 2: There is no such thing as a Personal Decision!

There is a fine line with Questions... If they are uninvited, then we feel we are being questioned and our defenses go up, and then our learning aptitude goes down!

The truth is, Private Decisions almost always have Public Ramifications! Every decision we make impacts somebody in our public life, usually starting with those closest to us!

Clay Christenen, a professor at Harvard Business School said, "Questions are plans in your mind where answers fit. If you haven't asked the question, the answer has nowhere to go. It hits the mind and bounces right off you. "You have to ask the right question in order to open up the space for the right answer to fit."

Most COUNSELORS know that it's not their job to tell you what you should do, their job is to help you discover the pathway so you can help yourself get out of the situation that has been crippling you for however long it's been!

Now wouldn't it be great to know what questions you need to be asking, before you need to ask them?

Connection 3: When it comes to Decision Making, there is no necessary correlation between Knowing and Doing

THE 5 QUESTIONS:

- The Integrity Question: Am I being honest with myself?
- The Legacy Question: What story do I want to tell?
- The Conscience Question: Is there a tension that deserves my attention?
- The Maturity Question: What is the wise thing to do?
- The Relationship Question: What does love require of me?

But our futures are the by-products of our decisions. They're like the Steering Wheel of our life. They determine our story.

Here's something more, every decision becomes a permanent part of our story, so it makes sense that we stop at every decision-making juncture of life and consider the story we want to tell, or even more compelling, the story that will be told about us!

Our decisions don't only determine the Direction of our life, but the Quality of our life as well!

Truth Bomb:

Regardless of how things ARE going in your life, or HAVE gone, YOU are responsible for YOU!

Connection 4: Decisions are never made in an emotionally Neutral environment. They are always influenced by our emotions and appetites, and they often overrule Intelligence!

Question: How many have someone in your life where you've said, "What were they thinking?!"

We don't want to believe that people Plan to Fail, but that's exactly what happens!

So if you want to live with less regrets, then let's flip the script and learn how to pause what's in front of you and find lots of better questions that will produce a much better result and far less regret!