

# The Blessed Man

Psalm 84

Sunday May 24, 2026

Howard Hwang

# Psalm 84 [Legacy Standard Bible]

Psalm 84:10-12

10 For better is a day in Your courts than a thousand elsewhere.  
I would choose to stand at the threshold of the house of my God  
Than dwell in the tents of wickedness.

11 For Yahweh God is a sun and shield;  
Yahweh gives grace and glory;  
No good thing does He withhold [from those who walk blamelessly.

12 O Yahweh of hosts,  
How blessed is the man who trusts in You!

# Outline

Psalm 84:1-12 LSB

Outline:

1. How blessed are those who dwell in your house V1-4
2. How blessed is the man who trusts in You! V8-12
3. How blessed is the man whose strength is in You V5-7

# Psalm 84:1-4 [Legacy Standard Bible]

Psalm 84:1-4

1 How lovely are Your dwelling places,

O Yahweh of hosts!

2 My soul has longed and even fainted for the courts of Yahweh;  
My heart and my flesh sing for joy to the living God.

3 Even the bird has found a home,

And the swallow a nest for herself, where she sets her young,

At Your altars, O Yahweh of hosts,

My King and my God.

4 **How blessed are those who dwell in Your house!**

They are ever praising You. *Selah.*

# How Blessed are those who Dwell in Your House [Legacy Standard Bible]

Psalm 84:1

1 How lovely are Your dwelling places,

○ Yahweh of hosts!

# How Blessed are those who Dwell in Your House [Legacy Standard Bible]

Psalm 84:1

1 How lovely are Your dwelling places,

○ Yahweh of hosts!

3 Pilgrimages Commanded of Israelites in Exodus 23:14-17:

1. Passover - Feast of Unleavened Bread
2. Festival of Weeks
3. Festival of Tabernacles

# How Blessed are those who Dwell in Your House [Legacy Standard Bible]

Psalm 84:2

2 My **soul** has longed and even fainted for the courts of Yahweh;  
My **heart** and my **flesh** sing for joy to the living God.

How Blessed are those who Dwell in Your House [Legacy  
Standard Bible]

The Dwelling Places of God for the New Testament Believer:

**In Ourselves**

1 Corinthians 6:19

19 Or do you not know that your body is a sanctuary of the Holy Spirit who is in you, whom you have from God, and that you are not your own?

# How Blessed are those who Dwell in Your House [Legacy Standard Bible]

## The Dwelling Places of God for the New Testament Believer:

### In Ourselves

1 Corinthian 6:12

19 Or do you not know that your body is a sanctuary of the Holy Spirit who is in you, whom you have from God, and that you are not your own?

### The Church

Ephesians 2:21-22

21 in whom the whole building, being joined together, is growing into a holy sanctuary in the Lord, 22 in whom you also are being built together into a dwelling of God in the Spirit.

# How Blessed are those who Dwell in Your House [Legacy Standard Bible]

Psalm 84:3

Even the bird has found a home, And the swallow a nest for herself,  
where she sets her young, At Your altars, O Yahweh of hosts, my King  
and my God.

## How Blessed are those who Dwell in Your House [Legacy Standard Bible]

Psalm 84:3

Even the bird has found a home, And the swallow a nest for herself,  
where she sets her young, At Your altars, O Yahweh of hosts, my King  
and my God.

Matthew 6:26

Look at the birds of the air, that they do not sow, nor reap nor gather  
into barns, and yet your heavenly Father feeds them. **Are you not worth  
much more than they?**

# How Blessed are those who Dwell in Your House [Legacy Standard Bible]

Psalm 84:4

How blessed are those who dwell in your house. **They are ever praising you.**

# How Blessed are those who Dwell in Your House [Legacy Standard Bible]

## Drawing Near

James 4:8a

**Draw near** to God and He will draw near to you.

Hebrews 10:22

“let us **draw near** with a sincere heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water.”

# How Blessed are those who Dwell in Your House [Legacy Standard Bible]

## How to draw near

1. Seeking Him in faith

Hebrews 11:6

“And without faith it is impossible to please Him, for he who draws near to God must believe that He is and that He is a rewarder of those who seek Him.

2. Obedience to His word

John 14:23

23 ... “If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our dwelling with him.

# Psalm 84:8-12 [Legacy Standard Bible]

8 O Yahweh God of hosts, hear my prayer;

Give ear, O God of Jacob! Selah.

9 See our shield, O God,

And look upon the face of Your anointed.

10 For better is a day in Your courts than a thousand elsewhere.

I would choose to stand at the threshold of the house of my God

Than dwell in the tents of wickedness.

11 For Yahweh God is a sun and shield;

Yahweh gives grace and glory;

No good thing does He withhold [from those who walk blamelessly.

12 O Yahweh of hosts,

How blessed is the man who trusts in You!

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

## Strength versus Trust

Psalm 84 shows us how strength and trust are interlinked—it shows that a blessed man has both:

- a heart anchored in **trust** of Yahweh, and
- a life marked by God-supplied **strength** along the way.

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

## Strength versus Trust

Psalm 84 shows us how strength and trust are interlinked—it shows that a blessed man has both:

- a heart anchored in **trust** of Yahweh, and
- a life marked by God-supplied **strength** along the way.

Trust or faith in Yahweh is what gives us access to God given strength, power, and protection.

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Yahweh of hosts

Psalm 84:8

○ **Yahweh God of hosts**, hear my prayer; Give ear, O God of Jacob! Selah.

Psalm 84:1

How lovely are Your dwelling places, ○ **Yahweh of hosts!**

Psalm 84:3

Even the bird has found a home, And the swallow a nest for herself, where she sets her young, At Your altars, ○ **Yahweh of hosts**, My King and my God.

Psalm 84:12

○ **Yahweh of hosts**, How blessed is the man who trusts in You!

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Tsaba (pronounced *tsaw-BAW*) is an ancient Hebrew word that primarily means "army," "host," or "warfare". It often refers to an organized military force, the angelic armies of heaven, or the celestial bodies (like the sun, moon, and stars) in the universe

Tsaba is singular

Tsabaoth is plural

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Joshua 5:13-15

13 Now it happened when Joshua was by Jericho, that he lifted up his eyes and looked, and behold, a man was standing opposite him with his sword drawn in his hand, and Joshua went to him and said to him, "Are you for us or for our adversaries?" 14 He said, "No! Rather I indeed come now as **commander of the host of Yahweh.**" And Joshua fell on his face to the earth and bowed down and said to him, "What has my lord to say to his slave?" 15 The **commander of the host of Yahweh** said to Joshua, "Remove your sandals from your feet, for the place where you are standing is holy." And Joshua did so.

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Hosea 1:7

7 But I will have compassion on the house of Judah and save them by Yahweh their God, and I will not save them by bow, sword, battle, horses, or horsemen.”

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Hosea 1:7

7 But I will have compassion on the house of Judah and save them by Yahweh their God, and I will not save them by bow, sword, battle, horses, or horsemen.”

Romans 8:31

31 What then shall we say to these things? If God is for us, who is against us?

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Trust means that we do not have to manipulate our own circumstances for a favorable outcome, but rather we can let go of our control, and trust that God will take care of things in His own way and in His own time.

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

V9 See our shield, O God, And look upon the face of Your anointed.

V10 For better is one day in your courts than a thousand elsewhere. I would choose to stand at the threshold of the house of my God than dwell in the tents of wickedness.

V11 For Yahweh God is a sun and shield; Yahweh gives grace and glory; No good thing does He withhold from those who walk blamelessly.

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Psalm 84:3

At Your altars, O Yahweh of hosts,  
My King and my God.

Romans 9:29

29 ...“Unless the Lord of Sabaoth had left to us a seed,  
We would have become like Sodom, and would have resembled  
Gomorrah.”

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Psalm 84:10

For better is a day in Your courts than a thousand elsewhere.  
I would choose to stand at the threshold of the house of my God,  
Than dwell in the tents of wickedness.

# How Blessed is the Man who Trusts in You [Legacy Standard Bible]

Psalm 84:12

“O Yahweh of hosts, How blessed is the man who trusts in You!”

# How Blessed is the Man Whose Strength is in You [Legacy Standard Bible]

Psalm 84:5-7

5 How blessed is the man whose strength is in You,  
In whose heart are the highways to Zion!

6 Passing through the valley of Baca they make it a spring;  
The early rain also wraps it up with blessings.

7 They go from strength to strength,  
Each one of them appears before God in Zion.

# How Blessed is the Man Whose Strength is in You [Legacy Standard Bible]

Psalm 84:5-7

<sup>5</sup> How blessed is the man whose **strength** is in You, In whose heart are the highways *to Zion!*

<sup>6</sup> Passing through the valley of Baca they make it a spring; The early rain also wraps it up with blessings.

<sup>7</sup> They go from **strength to strength**, *Each one of them* appears before God in Zion.

# How Blessed is the Man Whose Strength is in You [Legacy Standard Bible]

Psalm 84:6a

Passing through the Valley of Baca the make it a spring.

In Hebrew, the word "baca" carries two primary meanings: a type of tree (often translated as balsam), and weeping which comes from the root "bakah" which means "to weep".

Thus, translated here, the Valley of Baca is also translated Valley of Weeping.

# How Blessed is the Man Whose Strength is in You [Legacy Standard Bible]

Psalm 84:6b

The early rain also wraps it up with blessings.

The Hebrew word for wrap is "ata" and it means to wrap or envelop, but also as in covering your beard in mourning.

Used as a participle, meaning a verb made into a noun, it is translated as "mourner."

# How Blessed is the Man Whose Strength is in You [Legacy Standard Bible]

Matthew 5:3

“Blessed are those who mourn because they will be comforted

Act 3:19-20

Therefore, repent and return, so that your sins may be wiped away, in order that times of refreshing may come from the presence of the Lord;

# The Blessed Man [Legacy Standard Bible]

John 14:1-3

1 "Do not let your heart be troubled; believe in God, believe also in Me. 2 In My Father's house are many dwelling places; if it were not so, I would have told you; for I go to prepare a place for you. 3 And if I go and prepare a place for you, I will come again and receive you to Myself, that where I am, there you may be also.

# The Blessed Man [Legacy Standard Bible]

Psalm 84:10-12

<sup>10</sup> For better is a day in Your courts than a thousand *elsewhere*.

I would choose to stand at the threshold of the house of my God  
Than dwell in the tents of wickedness.

<sup>11</sup> For Yahweh God is a sun and shield;

Yahweh gives grace and glory;

No good thing does He withhold from those who walk blamelessly.

<sup>12</sup> O Yahweh of hosts,

How blessed is the man who trusts in You!