

# The Meditations of the Blessed Man

Psalm 1:1-6  
December 14, 2025

Pastor Peter Chung

# Psalm 1 [Legacy Standard Bible]

<sup>1</sup>How blessed is the man who does not walk in the counsel of the wicked,  
Nor stand in the way of sinners, Nor sit in the seat of scoffers!

<sup>2</sup>But his delight is in the law of Yahweh, And in His law he meditates day  
and night.

<sup>3</sup>And he will be like a tree firmly planted by streams of water, Which yields  
its fruit in its season And its leaf does not wither; And in whatever he does,  
he prospers.

<sup>4</sup>The wicked are not so, But they are like chaff which the wind drives away.

<sup>5</sup>Therefore the wicked will not rise in the judgment, Nor sinners in the  
congregation of the righteous.

<sup>6</sup>For Yahweh knows the way of the righteous, But the way of the wicked will  
perish.

# Psalm 1 [Legacy Standard Bible]

A            **<sup>1</sup>How blessed** is the man who does not walk in the counsel of the wicked, Nor stand in the way of sinners, Nor sit in the seat of scoffers! <sup>2</sup>But his delight is in the law of Yahweh, And in His law he meditates day and night.

B            <sup>3</sup>And he will be like a tree firmly planted by streams of water,  
C            **which yields its fruit in its season and its leaf does not wither; And in whatever he does, he prospers.**

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## Romans 1:18,24,26,28-29a [LSB]

<sup>18</sup>For the **wrath of God** is revealed from heaven **against all ungodliness and unrighteousness** of men who suppress the truth in unrighteousness,

<sup>24</sup>Therefore **God gave them over** in the lusts of their hearts to impurity, so that their bodies would be dishonored among them.

<sup>26</sup>For this reason **God gave them over** to dishonorable passions; for their females exchanged the natural function for that which is unnatural,

<sup>28</sup>And just as they did not see fit to acknowledge God, **God gave them over** to an unfit mind, to do those things which are not proper,

<sup>29</sup>**having been filled with all unrighteousness...**

# Sermon Outline [Psalm 1-2]

I. The Wicked (Cursed) Man's Delight (Psalm 1:1)

II. The Blessed (Righteous) Man's Delight (Psalm 1:2)

III. The Path to Both Delight and Blessing (Psalm 1:2)

# I. The Wicked (Cursed) Man's Delight (Psalm 1:1)

Psalm 1:1 (LSB)

<sup>1</sup>How blessed is the man who does not **walk** in the counsel of the wicked, Nor **stand** in the way of sinners, Nor **sit** in the seat of scoffers!

# I. The Wicked (Cursed) Man's Delight (Psalm 1:1)

Jeremiah 17:5–6 (LSB)

<sup>5</sup>Thus says Yahweh, "Cursed is the man who trusts in mankind  
And makes flesh his strength, And whose heart turns away  
from Yahweh.

<sup>6</sup>"And he will be like a juniper in the desert And will not see  
when prosperity comes, But will dwell in stony wastes in the  
wilderness, A land of salt which is not inhabited.

# I. The Wicked (Cursed) Man's Delight (Psalm 1:1)

Matthew 25:30 (LSB)

<sup>30</sup>“And throw out the worthless slave into the outer darkness; in that place there will be weeping and gnashing of teeth.

Psalm 1:4-6 (LSB)

<sup>4</sup>The wicked are not so, But they are like chaff which the wind drives away.

<sup>5</sup>Therefore the wicked will not rise in the judgment, Nor sinners in the congregation of the righteous.

<sup>6</sup>For Yahweh knows the way of the righteous, But the way of the wicked will perish.



# I. The Wicked (Cursed) Man's Delight (Psalm 1:1)

Psalm 1:1 (LSB)

<sup>1</sup>How blessed is the man who does not **walk** in the counsel of the wicked, Nor **stand** in the way of sinners, Nor **sit** in the seat of scoffers!

## II. The Blessed (Righteous) Man's Delight

Jeremiah 17:7 (LSB)

<sup>7</sup>"Blessed is the man who trusts in Yahweh And whose trust is Yahweh.

Psalms 1:2-3 (LSB)

<sup>2</sup>But his delight is in the law of Yahweh, And in His law he meditates day and night.

<sup>3</sup>And he will be like a tree firmly planted by streams of water,  
Which yields its fruit in its season And its leaf does not wither;  
And in whatever he does, he prospers.

## II. The Blessed (Righteous) Man's Delight

Proverbs 3:3–4 (LSB)

<sup>3</sup>Do not let lovingkindness and truth forsake you; Bind them around your neck, Write them on the tablet of your heart.

<sup>4</sup>So you will find favor and good insight In the eyes of God and man.

## II. The Blessed (Righteous) Man's Delight

Psalms 1:2-3 (LSB)

<sup>2</sup>But his delight is in the law of Yahweh, And in His law he meditates day and night.

<sup>3</sup>And he will be like a tree firmly planted by streams of water,  
Which yields its fruit in its season And its leaf does not wither;  
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## II. The Blessed (Righteous) Man's Delight

Psalms 119:9–10 (LSB)

<sup>9</sup>How can a young man keep his way pure? By keeping it according to Your word.

<sup>10</sup>With all my heart I have sought You; Do not let me stray from Your commandments.

Psalms 119:105 (LSB)

<sup>105</sup>Your word is a lamp to my feet And a light to my path.

## II. The Blessed (Righteous) Man's Delight

Psalms 1:2-3 (LSB)

<sup>2</sup>But his delight is in the law of Yahweh, And in His law he meditates day and night.

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Which yields its fruit in its season And its leaf does not wither;  
And in whatever he does, he prospers.

## II. The Blessed (Righteous) Man's Delight

Matthew 6:19–21 (LSB)

<sup>19</sup>"Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal.

<sup>20</sup>"But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves do not break in or steal;

<sup>21</sup>for where your treasure is, there your heart will be also.

## II. The Blessed (Righteous) Man's Delight

2 Timothy 3:16–17 (LSB)

<sup>16</sup>All Scripture is God-breathed and profitable for teaching, for reproof, for correction, for training in righteousness,  
<sup>17</sup>so that the man of God may be equipped, having been thoroughly equipped for every good work.



### III. The Path to Both Delight and Blessing

Psalms 1:1-2 (LSB)

<sup>1</sup>How blessed is the man who does not walk in the counsel of the wicked, Nor stand in the way of sinners, Nor sit in the seat of scoffers!

<sup>2</sup>But his delight is in the law of Yahweh, And in His law he meditates day and night.

# III. The Path to Both Delight and Blessing

## Reading

- 1 Year through the whole Bible
- 1 Year through the New Testament

## Memorization

- 2 Thessalonians (1 – April; 2 – August; 3 – December)

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