

DISCUSSION QUESTIONS

DOLLARS AND SENSE - PART 6

QUESTION 1

Get-to-know-me

Which social media platforms are you on? Do you find them generally helpful or hurtful when it comes to your mental health?

Who in your life do you find yourself getting caught in the "comparison game"? (Sibling, Neighbour, Friend, etc.)

Have you ever wanted to buy something, or actually bought something, believing that if you just had that you'd be content? How did that work out for you?

How do you define "contentment"?

QUESTION 2

Into-the-Bible

Read 1 Timothy 6:6-8, Philippians 4:11-13

What stands out to you in these verses?

Knowing the Apostle Paul wrote the Philippian letter from prison how does it affect your reading of what he wrote?

Why is contentment so important? What is God trying to teach us?

QUESTION 3

Take-it-home

Is there an area in your life where you're currently feeling discontented? Share with the group, brainstorm how to shift that situation towards contentment, and take time to pray together.

