

OUR IMPERFECT FAMILY SETBACKS AND COMEBACKS

HOW TO MOVE FORWARD FROM A SETBACK

1. DEVELOP A RESILIENT SPIRIT.

Proverbs 24:16 (NET) Although a righteous person may fall seven times, he gets up again...

James 1:2-4 (NIV)² Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds,³ because you know that the testing of your faith produces perseverance.⁴ Let perseverance finish its work so that you may be mature and complete, not lacking anything.

2. REFUSE THE URGE TO FOCUS ON YOURSELF, YOUR PROBLEMS, AND YOUR FEELINGS.

Galatians 6:9 (NIV) Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

3. BE CONFIDENT THAT GOD IS WORKING IN THE SETBACK FOR YOUR GOOD.

Romans 8:28 (NIV) And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Genesis 50:20 (NIV) You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives.

4. BE WILLING TO GO BACKWARDS TO MOVE FORWARD.

5. BE QUICK TO FORGIVE.

Mark 11:25 (NIV) And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins."

6. DON'T QUIT.

Galatians 6:9 (NIV) Let us not grow weary in doing good, for at the proper time we will reap a harvest if we do not give up.

