

READING, LEADING, AND FEEDING YOUR SOUL. THREE THINGS YOUR SOUL NEEDS

3 John 2 (NKJV) Beloved, I pray that you may prosper in all things and be in health, *just as your soul prospers.*

REMINDERS:

- **THE GREATEST INFLUENCE ON YOUR LIFE IS THE CONDITION OF YOUR SOUL.**
- **YOUR SOUL IS YOUR MIND, WILL, AND EMOTIONS.**
- **YOUR SOUL NEEDS TO BE SAVED.**

James 1:21 (ESV) Therefore, put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls.

Romans 8:6 (NKJV) For to be carnally minded is death, but spiritually minded is life and peace.

YOUR SOUL NEEDS THREE THINGS:

- 1) **Your soul needs to be READ.**
- 2) **Your soul needs to be LED.**
- 3) **Your soul needs to be FED.**

1. **READ YOUR SOUL.**

Psalms 42:5 (NIV) Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

READING YOUR SOUL IS HAVING AN AWARENESS OF YOUR INTERNAL SELF—YOUR THOUGHTS, ATTITUDES, FEELINGS, MOTIVES, AND DESIRES.

Proverbs 4:23 (NIV) Above all else, guard your heart, for everything you do flows from it.

YOU ARE THE KEEPER OF YOUR SOUL.

Philippians 3:13 (NIV) Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead.

Philippians 4:8 (NIV) Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

2. LEAD YOUR SOUL

Psalms 42:5 (NIV) Why, my soul, are you downcast? Why so disturbed within me? **Put your hope in God**, for I will yet praise him, my Savior and my God.

Matthew 9:21 (NKJV) For she said to herself, "If only I may touch his garment, I shall be made well."

Psalms 131:2 (ESV) But I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me.

JUST BECAUSE YOU'VE BEEN HURT DOESN'T MEAN THAT YOU HAVE TO STAY HURT.

Matthew 10:14 (NIV) ...leave that home or town and shake the dust off your feet."

YOU CAN'T MOVE INTO THE FUTURE GOD HAS FOR YOU WHILE HOLDING ONTO WHAT HAPPENED TO YOU IN THE PAST.

Zeph 3:18 (BBE) "I will take away your troubles, lifting up your shame from off you."

3. FEED YOUR SOUL.

Matthew 4:4 (NIV) Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'"

