

## READING, LEADING, AND FEEDING YOUR SOUL. THREE THINGS YOUR SOUL NEEDS

**3 John 2 (NKJV)** Beloved, I pray that you may prosper in all things and be in health, *just as your soul prospers.*

### REMINDERS:

- **THE GREATEST INFLUENCE ON YOUR LIFE IS THE CONDITION OF YOUR SOUL.**
- **YOUR SOUL IS YOUR MIND, WILL, AND EMOTIONS.**
- **YOUR SOUL NEEDS TO BE SAVED.**

**James 1:21 (ESV)** Therefore, put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls.

**Romans 8:6 (NKJV)** For to be carnally minded is death, but spiritually minded is life and peace.

### YOUR SOUL NEEDS THREE THINGS:

- 1) **Your soul needs to be READ.**
  - 2) **Your soul needs to be LED.**
  - 3) **Your soul needs to be FED.**
1. **READ YOUR SOUL.**

**Psalm 42:5 (NIV)** Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

**READING YOUR SOUL IS HAVING AN AWARENESS OF YOUR INTERNAL SELF—YOUR THOUGHTS, ATTITUDES, FEELINGS, MOTIVES, AND DESIRES.**

**Proverbs 4:23 (NIV)** Above all else, guard your heart, for everything you do flows from it.

## YOU ARE THE KEEPER OF YOUR SOUL.

**Philippians 3:13 (NIV)** Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead.

**Philippians 4:8 (NIV)** Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

### 2. LEAD YOUR SOUL

**Psalm 42:5 (NIV)** Why, my soul, are you downcast? Why so disturbed within me? **Put your hope in God**, for I will yet praise him, my Savior and my God.

**Matthew 9:21 (NKJV)** For she said to herself, “If only I may touch his garment, I shall be made well.”

**Psalm 131:2 (ESV)** But I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me.

### JUST BECAUSE YOU'VE BEEN HURT DOESN'T MEAN THAT YOU HAVE TO STAY HURT.

**Matthew 10:14 (NIV)** ...leave that home or town and shake the dust off your feet.”

### YOU CAN'T MOVE INTO THE FUTURE GOD HAS FOR YOU WHILE HOLDING ONTO WHAT HAPPENED TO YOU IN THE PAST.

**Zep 3:18 (BBE)** “I will take away your troubles, lifting up your shame from off you.”

### 3. FEED YOUR SOUL.

**Matthew 4:4 (NIV)** Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’”

