Conversation Starters

- What are some of your greatest fears?
- Have your fears changed over time?

Discuss

There is more fear in our culture now than years past. While some fear can be helpful, it can also paralyze us and keep us from doing and experiencing all God wants us to. Just like we see in the life of Elisha from the Bible, fear is real, so we shouldn't minimalize it.

"Go and find out where he [Elisha] is," the king commanded, "so I can send troops to seize him." And the report came back: "Elisha is at Dothan." So one night the king of Aram sent a great army with many chariots and horses to surround the city. (2 Kings 6:13-14 NLT)

- How do you often respond to fear?
- Do you ever try to minimalize it or run away from it?
- Are you afraid of doing something God wants you to do?

When we run into fear we should seek to broaden our perspective as we live in the fear. While we can't see Him, God promises to be present in our fears. The greater reality and truth is that you don't ever have to be afraid of doing what God has asked you to do because He is more.

"Don't be afraid!" Elisha told him. "For there are more on our side than on theirs!" Then Elisha prayed, "O Lord, open his eyes and let him see!" The Lord opened the young man's eyes, and when he looked up, he saw that the hillside around Elisha was filled with horses and chariots of fire. (2 Kings 6:16-17 NLT)

- What do you know about God's power?
- Do you think of God when facing fear?
- How is the promise of God's presence helpful when facing fear?

You're going to have turbulence in your life even when doing what God wants you to do. It's part of what makes obeying God an act of faith. Trusting Him, even in the face of fear, is what matters most. Trusting that He is present and that He is greater. Like Elisha, when we face fear we can pray and then trust God with whatever happens because we know that He is real and bigger than anything we face.

As the Aramean army advanced toward him, Elisha prayed, "O Lord, please make them blind." So the Lord struck them with blindness as Elisha had asked... After that, the Aramean raiders stayed away from the land of Israel. (2 Kings 6:18, 23b NLT)

- Has fear ever stopped you in the middle of doing something for God?
- Do you have trouble trusting God?
- What would it take for you to trust God even in fear?



Next Steps

Think about your fears and about what you believe God is asking you to do right now. Take 5 minutes to pray about it and ask God to show up, and then trust Him however He answers that prayer and for what He is asking you to do. It's also always helpful to have others to walk with you as you live out your faith. We were never meant to live life apart from others following God. Share your fear with someone you know or a leader you trust. If you don't have people in your life that you can share with, consider joining a group at Meck.

Further Reflection

Read 2 Kings 6:8-23 NLT.

Pray

God, You are more powerful than I can even imagine. But even when I read and learn of Your power, it's still hard to obey You in the face of fear. Thank You for reminding us that You are present and much greater than any fear that could ever come before me. Help me to know and trust how You want me respond and live despite my fear.