

Conversation Starters

- What is your favorite digital device or software?
- How often do you use it?

Discuss

The digital landscape burst into culture in 2007 with the global expansion of Facebook and Twitter, Google buying YouTube, and the launch of the first ever iPhone. Today, we are wrestling with the practical implications of always having access to any information or media we want in mere seconds.

Even though technology we have today wasn't around during Biblical times, the Bible offers some valuable principles when it comes to our use of technology. The first is to determine if your technology has become an idol in your life, and if it has, flee from it.

Therefore, my dear friends, flee from idolatry. ([1 Corinthians 10:14 NIV](#))

- Where do you give your time, money, and attention?
- What does this say about the value you place on something?
- Has this become more than you intended it to?

If you decide something is not an idol, then determine whether it is best to have in your life. Just because we can do something, it doesn't mean we always should. We must use wisdom and discretion and consider the impact we may have on others.

"I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but not everything is constructive. ([1 Corinthians 10:23 NIV](#))

- Does your tech serve something you deeply value?
- Is it the best way to serve that value?
- How are you going to use it to maximize the value and minimize harming it?

Above all, when using technology do it all for the glory of God. If you're a Christian, this principle should be true of everything in your life. Our spiritual lives are not to be lived in a vacuum, but should influence every area of your life.

So whether you eat or drink or whatever you do, do it all for the glory of God. ([1 Corinthians 10:31 NIV](#))

- Is your tech bringing glory to God?
- What changes can you make to correct your focus?
- Is there someone who can hold you accountable?

Next Steps

Technology has become so embedded in our culture that it can be very difficult to realize the subtle grasp it can take of you rather than you controlling it. Spend one week completely taking away your top tech devices or apps that may potentially be an idol to you. What do you notice after a week?

Further Reflection

Read [1 Corinthians 10:14-33 NIV](#).

Pray

God, thank you for the Bible and the timeless wisdom that it offers. Help us to examine our lives and how we use technology to make sure that we are not allowing it to become an idol. And in all things, help us to know how to glorify you.