

Psalm 107:10-16
Freedom!

Psalm 107:10-16 – “Some sat in darkness and in the shadow of death, prisoners in affliction and in irons, for they had rebelled against the words of God, and spurned the counsel of the Most High. So he bowed their hearts down with hard labor; they fell down, with none to help. Then they cried to the Lord in their trouble, and he delivered them from their distress. He brought them out of darkness and the shadow of death, and burst their bonds apart. Let them thank the Lord for his steadfast love, for his wondrous works to the children of man! For he shatters the doors of bronze and cuts in two the bars of iron.”

Say So:

1. We are remembering our trouble.
2. We are rejoicing in our redemption

With great gratitude, the redeemed of the Lord know and say that we are free!

Isaiah 61:1 – “*The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound.*”

Defining Key Words:

1. **Gratitude** - The quality of being thankful; having a readiness to show appreciation
2. **Redeemed** - Bought back
3. **Free** - Release from bondage, imprisonment, or restraint.
 - a. Freedom from past penalty of sin.
 - b. Freedom from present power of sin.
 - c. Freedom from future presence of sin.

Remembering Our Trouble (vv. 10-12):

1. **We remember we were in bondage and darkness.**

Titus 3:3 – “*For we ourselves were once foolish, disobedient, led astray, slaves to various passions and pleasures, passing our days in malice and envy, hated by others and hating one another.*”

2. **We remember we were helpless in our distress.**

Ephesians 2:1 – “*And you were dead in the trespasses and sins...*”

Rejoicing in Our Redemption (vv. 13-16):

1. He heard our cry and delivered us from our distress.

Psalm 34:4-7 – “*I sought the Lord, and he answered me and delivered me from all my fears. Those who look to him are radiant, and their faces shall never be ashamed. This poor man cried, and the Lord heard him and saved him out of all his troubles. The angel of the Lord encamps around those who fear him, and delivers them.*”

2. He heard our cry and shattered our bondage.

Galatians 5:1 – “*For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.*”

Romans 6:6-14 (The Message Paraphrase) – “*Could it be any clearer? Our old way of life was nailed to the cross with Christ, a decisive end to that sin-miserable life—no longer at sin’s every beck and call! What we believe is this: If we get included in Christ’s sin-conquering death, we also get included in his life-saving resurrection. We know that when Jesus was raised from the dead it was a signal of the end of death-as-the-end. Never again will death have the last word. When Jesus died, he took sin down with him, but alive he brings God down to us. From now on, think of it this way: Sin speaks a dead language that means nothing to you; God speaks your mother tongue, and you hang on every word. You are dead to sin and alive to God. That’s what Jesus did. That means you must not give sin a vote in the way you conduct your lives. Don’t give it the time of day. Don’t even run little errands that are connected with that old way of life. Throw yourselves wholeheartedly and full-time—remember, you’ve been raised from the dead!—into God’s way of doing things. Sin can’t tell you how to live. After all, you’re not living under that old tyranny any longer. You’re living in the freedom of God.*”

The Uniqueness of Our Redemption (v. 15)

1. Our only redemptive hope is Jesus.

John 14:6 – “*Jesus said to him, ‘I am the way, and the truth, and the life. No one comes to the Father except through me.’*”

2. Our only sustaining grace is Jesus.

Galatians 3:2-3 – “*Let me ask you only this: Did you receive the Spirit by works of the law or by hearing with faith? Are you so foolish? Having begun by the Spirit, are you now being perfected by the flesh?*”

3. Our only fruitful freedom is Jesus.

Galatians 2:20 – “*I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.*”

Our Active Response:

1. Repent and rejoice!
2. Rest and Repeat!