

EQUIP

July 18, 2018

Thriving in Stressful Times

Philippians 1:6

I. The beginning of stress

Genesis 3:1-19

A. The temptation

vv. 1-4

Adam and Eve _____ the known, clear will of God

B. The fall

vv. 7-13

1. Innocence was replaced with _____

2. Honesty was warped by _____

3. Communion gave way to _____

4. Love was modified by _____

5. Serenity was replaced with _____

6. The perfect became _____

C. The judgement

God judged the _____ and _____ v. 14-15

God judged the _____ v. 16

God judged the _____ and his _____

vv. 17-19

Sin lies at the root of stress.

II. The _____ of stress

Revelation 21:1-4

A. The _____ removal of the believer from stress

_____ – from the presence of stress to the

presence of God

2 Corinthians 5:1-8

B. The _____ – removal of the believer from stress

Revelation 21:1-4

III. The implications regarding the reality fo stress

Some stress can be _____ through obedience's to

God's Word

Proverbs 3:1-2

A. Some stress can be _____ through wise

choices

Proverbs 6:6-11

B. Not all stress can be _____ from life

The believer must deal with stress.