FULLTOEMPTY

How to Prepare for the Empty Nest

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PREPARATION for the kiddos

PREPARATION for the kiddos... Let them know who rides SHOTGUN.



- · Let them know who rides SHOTGUN.
- · Teach them to ADULT.

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- · Let them know who rides SHOTGUN.
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- · Give them INDEPENDENCE.

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- · Let them know who rides SHOTGUN.
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- · Keep the conversation GOING.

PREPARATION for the kiddos...

- · Let them know who rides SHOTGUN.
- · Teach them to ADULT.
- · Give them INDEPENDENCE.
- · Keep the conversation GOING.
- · Make the TRANSITION.

PREPARATION for the marriage... · Keep it STRONG.

- · Keep it STRONG.
- · Date NOW.

- · Keep it STRONG.
- · Date NOW.
- Be PASSIONATE.

- · Keep it STRONG.
- · Date NOW.
- Be PASSIONATE.
- · Adjust the SCHEDULE.

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- · Date NOW.
- · Be PASSIONATE.
- · Adjust the SCHEDULE.

· Coupes ONLY.

- · Keep it STRONG.
- · Date NOW.
- · Be PASSIONATE.
- · Adjust the SCHEDULE.

- · Coupes ONLY.
- · Find your NITCH.

- · Keep it STRONG.
- · Date NOW.
- Be PASSIONATE.
- · Adjust the SCHEDULE.

- · Coupes ONLY.
- · Find your NITCH.
- · PLAN for whats to
 - come.



PREPARATION for yourself... · Learn NOW to let them go.

- · Learn NOW to let them go.
- · Get ready for a role CHANGE.

- · Learn NOW to let them go.
- · Get ready for a role CHANGE.
- · NO EXPECTATIONS.

- · Learn NOW to let them go.
- · Get ready for a role CHANGE.
- · NO EXPECTATIONS.
- · Push them to LEAVE and CLEAVE.

- · Learn NOW to let them go.
- · Get ready for a role CHANGE.
- · NO EXPECTATIONS.
- · Push them to LEAVE and CLEAVE.
- · INVEST in others.