- 1. What is the worst physical pain you have ever experienced?
- 2. **Read Psalm 88 (break it up among a few readers)**. How can you relate to the psalmist and his feelings?
- 3. The psalms have been used in worship for centuries. In what way might Psalm 88 be considered worshipful?
- 4. What did you write on your card during Communion this Sunday? How can your group pray for you in that struggle?
- 5. **Read 1 Peter 2:23-24**. How does remembering what Jesus endured give you comfort in the face of your own struggles?
- 6. This weekend is Super Sunday. Who are you inviting? Spend some time praying for those who will be at Northshore for the first time.