

## **When You Feel Like Giving Up**

*Insights from the book of Job: What do you do when you feel like giving up?*

### **Opening Prayer:**

Please take time to pray as a group. Pray for our church, for the kingdom, for one another, and for anything else that God lays on your heart. Also, ask God to open hearts and minds to His Word and guide your discussion.

**Opening Question:** What do you do when you feel like giving up?

### **Key Takeaways:**

1. Life and ministry can be challenging, but we should never give up.
2. Job's story provides an example of perseverance through extreme hardship.
3. God can handle our honest emotions and questions during difficult times.
4. Trusting God and refusing bitterness are crucial when facing trials.

### **Discussion Questions:**

1. Pastor Danny shared personal experiences of loss and hardship. Have you faced similar challenges? How did you respond?
2. The sermon outlined six things Job did when he felt like giving up. Which of these resonated with you most and why?
3. How do you typically respond to the question "Why?" when facing difficulties? How might focusing on "What now?" instead be more helpful?
4. Pastor Danny emphasized the importance of community during trials. How has your small group or church family supported you through tough times?
5. Discuss the four emotional stages often experienced during crises (anger, grief, shock, fear). How have you seen these play out in your own life or others'?
6. What does it mean to you to "get better, not bitter" when facing adversity?

### **Practical Applications:**

1. Practice Honesty with God: This week, spend time in prayer telling God exactly how you feel about a current struggle, without holding back.

2. Reach Out: Identify someone in your life who may be going through a difficult time. Contact them and offer specific support or encouragement.
3. Gratitude Exercise: Each day this week, write down three things you're grateful for, even in the midst of challenges. Share these with the group next time you meet.
4. Scripture Memorization: Choose one of the Bible verses mentioned in the sermon (e.g., Romans 8:28, 2 Timothy 1:7) to memorize and meditate on this week.
5. Bitterness Check: Reflect on any areas of your life where bitterness may have taken root. Pray for God's help in releasing that bitterness and choosing forgiveness.
6. Future-Focused Prayer: Write a prayer asking God for courage to face your current or future challenges, inspired by Job 11:13-18.

**Closing Thought:**

Remember Pastor Danny's words: "You may get knocked down, but you got to get back up." How can we as a group encourage each other to persevere and trust God, even when we feel like giving up?