## Stephen Minister Training Schedule

Key:
PCR (Pre-Class Reading) / SMTM (Stephen Minister Training Manual) / CC-AWOL (Christian Caregiving—a Way of LIfe) STTIL (Speaking the Truth in Love: How to Be an Assertive Christian) / WAH (When and How to Use Mental Health Resources: A Stephen Ministry Guide)

|  | Date | Session | Reading Assignments Due for this Session |
| :---: | :---: | :---: | :---: |
| 1 | $\begin{aligned} & \hline \text { Thur. Sept. } 1^{\text {st }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-1 The Person of the Caregiver |  |
| 2 | $\begin{aligned} & \text { Thur. Sept. } 8^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-2 Feelings: Yours, Mine, and Ours | SMTM: "Feelings: Yours, Mine, and Ours" CC-AWOL: Preface-Chapter 4 |
| 3 | $\begin{aligned} & \text { Thur. Sept. } 15^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-3 The Art of Listening | SMTM: "The Art of Listening" CC-AWOL: Chapters 5-8 |
| 4 | $\begin{aligned} & \text { Thur. Sept. 22 } \\ & \text { 6-8:30pm } \end{aligned}$ | T-4 Distinctively Christian Caring | CC-AWOL: Chapters 9-14 STTIL: Intro-Chapter 3 |
| 5 | $\begin{aligned} & \text { Thur. Sept. 29 } \\ & \text { 6-8:30pm } \end{aligned}$ | T-5 A Process Approach to Caring | SMTM: "A Process Approach to Caring STTIL: Chapters 4-7 |
| 6 | $\begin{aligned} & \text { Thur. Oct. } 6^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-6 Assertiveness: Relating Gently and Firmly | STTIL: Chapters 8-18 |
| 7 | $\begin{aligned} & \text { Thur. Oct. 13 }{ }^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-7 Maintaining Boundaries T-8 Crisis Theory \& Practice | SMTM: "Maintaining Boundaries" SMTM: "Crisis Theory \& Practice" |
| 8 | $\begin{aligned} & \text { Thur. Oct. } 20^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-9 Confidentiality | SMTM: "Confidentiality WAH: Preface-Chapter 3 |
| 9 | $\begin{aligned} & \text { Thur. Oct. } 27^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-10 Caring Between Visits | SMTM: "Caring Between Visits" WAH: Chapter 4-6 |
| 10 | $\begin{aligned} & \text { Thur. Nov. } 3^{\text {rd }} \\ & 6-8: 30 \mathrm{pm} \end{aligned}$ | T-11 Using Mental Health Professionals and other Community Resources | SMTM: "Using Mental Health Professionals..." WAH: Chapter 7-Appendix C |
| 11 | $\begin{aligned} & \text { Thur. Nov. } 10^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-12 Ministering to those Experiencing Grief | SMTM: "Ministering to those Experiencing Grief" |
| 12 | $\begin{aligned} & \text { Thur. Nov. 17 th } \\ & \text { 6-8:30pm } \end{aligned}$ | T-13 Caring for those with Depression | SMTM: "Caring for those with Depression" |
|  | Dec. ${ }^{\text {st }}$ | Christmas Party |  |
| 13 | $\begin{aligned} & \text { Thur. Jan. } 5^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-14 Understanding Suicide | SMTM: "Understanding Suicide" |
|  | Sunday, Jan. $8^{\text {th }}$ | Stephen Minister Commissioning at Vision Sunday |  |
| 14 | $\begin{aligned} & \text { Thur. Jan. } 12^{\text {th }} \\ & \text { 6-8:30pm } \end{aligned}$ | T-15 Bringing the Caring Relationship to a Close | SMTM: "Brining the Caring Relationship to a Close" |
| 15 | Sat. Jan. $14^{\text {th }}$ | T-16 Ongoing Supervision <br> T-17 How to Make a first Caring Visit <br> T-18 Go - God is With You! | SMTM: "Supervision" <br> SMTM: "How to Make a First Caring Visit" <br> SMTM: "Go - God is with You!" |

