



Religious Distractions — Colossians 2:16-23

Feb. 14th, 2021 | Conversation Five | Pastor Baly Botten

Three Pitfalls in the Church...

1. _____

16 Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. **17** These are a shadow of the things that were to come; the reality, however, is found in Christ.

Colossians 2:16-17, NIV

17 These are a shadow of what was to come; the substance is Christ.

Colossians 2:17, ESV

2. _____

18 Do not let anyone who delights in false humility and the worship of angels disqualify you. Such a person also goes into great detail about what they have seen; they are puffed up with idle notions by their unspiritual mind. **19** They have lost connection with the head, from whom the whole body, supported and held together by its ligaments and sinews, grows as God causes it to grow.

Colossians 2:18-19, NIV

Mysticism:

The belief that extreme _____ - _____ and _____ results in a closer union with higher power.

3. _____

20 Since you died with Christ to the elemental spiritual forces of this world, why, as though you still belonged to the world, do you submit to its rules: **21** “Do not handle! Do not taste! Do not touch!”? **22** These rules, which have to do with things that are all destined to perish with use, are based on merely human commands and teachings. **23** Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence.

Colossians 2:20-23, NIV

Legalism is a _____ issue.

- **For the traditional:** Practice _____
- **For the mystical:** Practice _____
- **For the disciplined:** Pursue the _____