

FOCUS: *Live A Life Worth Living*

TODAY'S PASSAGE: [Philippians 3:13-14b](#); [Hebrews 12:1-2](#)

NOTES:

4 Hurdles We Will All Face:

1. _____

2. _____

3. _____

4. _____

[1. Fear 2. Shame 3. Guilt 4. Regrets]

How The Lord Helps Us To Focus:

1. _____

2. _____

3. _____

[1. Perspective 2. Clarity 3. Direction]

MY Challenge: FOCUS

- _____ off every **thought** and **experience** that is slowing you down.
- _____ with the right **perspective**.
- _____ Jesus to **guide and direct** your footsteps
- _____ knowing Jesus, find freedom, discover purpose and make a difference,
Pursue your wife, **Pursue** your family, **Pursue** a life worth living.

[Strip. Run. Ask. Pursue]

Main Street Church - Life Group Guide

FATHER'S DAY SUNDAY

Message: *FOCUS – A Life Worth Living*

Speaker: [Justin Manzey – Latitude Ministries](#)

June 21, 2020.

Connect (20min)

- 1. *Would You Rather? Summer Edition:*** -- Partner up and share your answers to each question.
 - a. *Would you rather swim in the ocean, a lake, or a pool?*
 - b. *Would you rather spend the day at an amusement park or the waterslides?*
 - c. *Would you rather lay in sun or sit in the air-conditioning?*
 - d. *Would you rather spend a morning garage sale shopping, fishing or golfing?*
 - e. *Would you rather go to an outdoor concert or a drive-in movie?*
 - f. *Would you rather be stung by a bee or covered in mosquito bites?*
 - g. *Would you rather do indoor house chores or outdoor yard work?*
 - h. *Would rather drink a slurpee or a milkshake?*
 - i. *Would you rather have a bad sunburn or a poison ivy rash?*
 - j. *Would you rather be a tourist in the city (Vancouver) or camping in the mountains?*

** If you have time create a WYR Question of your own.*

- 2. FOCUS >> Read [Proverbs 3:1-12](#), then Open in Prayer**

Message Discussion (40min)

- 1. *A Life Worth Living***
 - a. What are some things that make *Life Worth Living* for you?
 - b. Has your answer to this question changed at all over your lifetime? How so?
 - c. How would most of our culture answer this question today?
 - d. How might JESUS answer this question for us?
- 2. SCRIPTURE: Read [Philippians 3:10-14b](#) & [Hebrews 12:1-2](#)**

***What stands out to you in these verses? What encourages or challenges you?**
- 3. *Facing Hurdles***
 - a. **What is one of the biggest hurdles you are facing in your life right now?**
 - i. FEAR
 - ii. SHAME
 - iii. GUILT
 - iv. REGRETS
 - v. *Other* _____
 - b. What is keeping you from having the right **perspective** in some of the circumstances you are walking through?
 - c. What is the **biggest distraction** that seems to steal your attention and keep you from having clarity and focus?

4. **The Voice**

**The voice you listen to the most will determine the direction of your life.*

a. Whose **human voice** (advice/counsel) would you consider/trust the most in your life in the following areas?

Or – whose voice have you listened to the most in past in these areas of life?

[identity/purpose, morals, relationships, work/career, finances, faith]

b. Do you believe that **your voice** brings value? Why or why not?

c. How has **God's Voice** impacted you in these areas of life? Share one or two examples.

5. **Focus Forward**

a. What **values** would you like to add into your life during this season of life (2020)?

[Trust, Forgiveness, Thankfulness, Courage, _____]

b. What are some **choices** that you can make today to move one step closer to focus on your future?

c. What are some things that you need to strip off today to run your race effectively tomorrow?

d. Who are some people that could help you in your journey?

Application & Prayer (20min)

1. **FOCUS** – READ [Proverbs 4:18-27](#) -- Fatherly Words of Advice for a Life Worth Living.

2. **CHALLENGE** – Read & Pray through [Proverbs 1-4](#) this week. Ask God to counsel, convict and encourage you through His Word & Wisdom. Bonus: Consider reading the Book of Proverbs in July – 31 Chapters, 1 chapter each day.

3. **PRAY** – Considering Sunday's Message and our discussion today, how can we pray for you?

If it helps...share 1 key theme/word for Prayer: *Courage, Faith, Healing, Hope, Protection, Wisdom, Discipline, Growth...*

**Pray for one another...*

Resources

*Scripture: https://www.openbible.info/topics/life_that_is_worth_living. <http://www.openbible.info/topics/focus>.

*Justin Manzey www.latitudeministries.com

*Video Series: [Greater Than](#) – Five short YouTube videos by pastor/author Francis Chan.

*Books: Available through Amazon and Christian Book Stores

– [Crazy Love: Overwhelmed By A Relentless God](#), Francis Chan.

*Weekly Announcements: Consider the [Weekly Announcement Email](#) from Main Street Church.