
BE HOLY – PART 3

The Struggle is Real

TODAY'S SCRIPTURE: [Romans 7:14 – 8:2](#)

How to be Holy:

1. _____ **THE TRUTH**

2. **DON'T** _____ **OTHERS**

3. _____ **JESUS**

4. _____ **IT OFF**

“The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.” - 1 Corinthians 10:13

*PRAY FIRST 2022 – 21 Days of Prayer & Fasting: www.mainstreetchurch.ca/pray-first

Main Street Church - Life Group Guide

Series: PRAY FIRST 2022

Message: BE HOLY – Part 3

Speaker: Shawn Vandop

Date: January 23, 2022



Connect (25min)

1. SAIL AWAY

a. Day 10 of the *Pray First* devotionals used a **Sailing metaphor** to describe our relationship with God.

***If you had to go on a sailing trip for a month, anywhere in the world....**

where would you like to sail and who is one person you would invite along with you?

b. **PRAY FIRST - 21 days of Prayer and Fasting.** *Continues until Prayer Summit on Sun. January 30th.*

i. How is the *Pray First* experience going for you so far?

What are you hearing, learning, and praying about? Share some highlights or challenges.

ii. Visit www.mainstreetchurch.ca/pray-first for info, daily devotions, and other resources.

***Encourage your group to take part in the three day fast this week – January 25-27.**

2. **OPEN UP** – *“At the point when we begin to think of God as being anything other than Holy is the moment we are imagining a completely different god altogether.”* - @JackieHillPerry

📖 Read [Isaiah 57:15](#) & Open in Prayer.

Message Discussion (45min)

1. **THE BIG IDEA:** We all have areas in our lives that we struggle with again and again; areas that keep us from growing in holiness. We’ve recognized the problem, and yet we can’t seem to fix it. There’s a battle going on inside each of us between good and evil—but through Christ, we can win the battle, defeat what’s controlling us and become more and more holy.

2. THE CHALLENGE OF CHANGE & CONTROL

a. Share one example of how your clothing or hair style has changed over the years.

b. What is one thing you own that you really should get rid of? Any reason why you haven’t yet?

c. What are some things in life that we are not in control of? Share an experience from your life when you were not in control or lost control (e.g. hitting black ice). How did you feel during and after that experience?

What is an example of something we *do have control over*?

3. THE STRUGGLE IS REAL

📖 Read [Romans 7:14-8:2](#)

a. How does it make you feel to know that the Apostle Paul struggled with sin?

Can you relate to what he says in your own life?

b. What does Paul’s honesty tell us about the Christians life and being holy? (it is a process..).

c. Is our struggle with sin a good thing? If so, why?

How is Acknowledging our sin a key step in overcoming sin in our lives?

d. When it comes to sin in your life are you more prone to **DENY** it or **DELAY** your response?

What are the consequence of both decisions?

4. THE OL' BLAME GAME

In the Beginning (Genesis 3), Satan blamed God...

then Adam Blamed Eve, Eve Blamed the Snake, and the Snake Didn't Have a Leg to Stand On. 😊

Sometimes things happen to us that are outside of our control, while other things are really ours to own. Blaming others keeps us stuck and it prevents us from taking responsibility in our lives.

a. Who or What are some common targets for *blame* in our lives and culture? Share some examples

God, Satan, family or friends, boss or colleagues, the government, culture/media, the weather/world...

b. What do you notice about Paul when it comes to the struggle with sin in his life?

What is the one single pronoun he uses over and over again ("I")

c. Read [Romans 7:24-25](#)

i. How does this verse encourage you?

ii. Winning the battle over sin begins with the power we get from the one who lives within.

How can you pour into your relationship with Jesus...

making Him a more central part of your everyday life?

d. Read [Ephesians 4:21-24](#)

i. What are ways you can throw off your old sinful nature and former way of life?

Application & Prayer (15min)

LIVING THE NEW LIFE

"The Holy Spirit never enters a person and lets them live like the world, you can be sure of that." – A.W. Tozer

📖 Read [Colossians 3:1-17](#)

One thing is for sure—you won't defeat a signature sin by hoping it goes away. This week, put it on project status.

Start by acknowledging the truth and refusing to blame anyone else for your struggle.

Then, take time to write out a plan of tangible steps you can take to pursue Jesus and throw off your sin.

+ Register for our upcoming SET FREE Retreat: www.mainstreetchurch.ca/set-free. March 11-12.

PRAY FOR ONE ANOTHER: Break into groups of 3-4 or Men & Women for Prayer

*In response to Sunday's Message, God's Word, and our Discussion...How can we Pray for you today?

RESOURCES

YouTube Video: [The Bible Project - Holiness](#) Books: *[The Knowledge of the Holy, A.W. Tozer](#).

*[Holier Than Thou: How God's Holiness Helps Us Trust Him, Jackie Hill Perry](#).

www.thegospelcoalition.org/article/jackie-hill-perry-holiness