

# Main Street Church - Life Group Guide

Series: **SUMMER PLAYLIST** Message: **PSALM 139 – A Song of Identity**

August 4, 2019



## Connect (15min)

### 1. ICEBREAKER Q?

- What is one place you love to visit in the Summer?
- What is one thing you are Thankful to God for this past week?
- What is one area or opportunity in your life this week that you need God's help?

2. Take a couple minutes as a group to respond with thanks to God and prayer for one another.

## Sunday Message Feedback (45min)

\*Speaker: Shawn Vandop – Lead Pastor.

1. **SUMMER PLAYLIST:** Watch [The Bible Project Overview of Psalms](#) on YouTube.

### 2. PSALM 139 - A Song of Identity. Read [Psalm 139](#)

*\*This is one of the most famous and most quoted Psalms. Why do you think that is?*

- What do you learn about God's character, power and work through this Psalm?  
Omnipotent (All-Powerful), Omniscient (All-Knowing), Omnipresent, Eternal, Love, Wisdom, Light, Holy, Creator, Provider, Saviour...
- What do you learn about us as humans?  
Wonderfully Created, Fragile, Loved, Fully-Known, Given Free Will, Sinful/Rebellious, In Need of a Saviour, Bestowed with Eternal Value
- What do you learn about yourself personally?
- Which verses stand out or impacts you the most in Psalm 139?

### 3. Fully Known & Loved by God – Far Too Wonderful

- When you deeply consider that God fully knows us, with nothing hidden & no place to hide...  
how does that make you feel or respond?
- When you deeply consider that God fully loves us along with His full knowledge of us...  
how does that make you feel or respond?
- Could/Should our response to God change in light of Psalm 139?

### 4. The Woman at the Well. Read [John 4:1-42](#)

*\*This is one example of Jesus displaying His divine knowledge & love for someone who appears to be a complete stranger.*

- How does the Samaritan Woman respond to Jesus' personal knowledge and love for her?
- What can we learn about Jesus from this story and from her response?
- How does Psalm 139 correspond with this story?
- Can you think of other examples/stories in the Bible that reflect Psalm 139 and this story?

### 5. Defining Identity

*\*The Psalmist David clearly looks to God for Identity and finds it in Him.*

- How is Psalm 139 about Identity?  
– why/how it's important, where we should look for it, and how God can provide it for us...
- How could God use the truths of Psalm 139 and John 4 provide and define your Identity for you?

**6. Living with Open & Teachable Spirit towards God. Read [Psalm 139:23-24](#)**

**a.** What do these lyrics of David's psalm teach and encourage us to apply to lives?

: Seek Instruction, Accountability and Leadership from God each day. Or – be "FAT" – *Faithful, Available & Teachable.*

**b.** What is one way that you can apply this in your life this week?

## **Application & Prayer** (20min)

\***Bonus Songs:** [Psalm 139 \(Far Too Wonderful\)](#), by Shane & Shane or [Fully Known](#), by Tauren Wells,

\***Challenge:** Read & Pray through one Psalm each day in August.

\***Identity Challenge:** Read & Pray through the Identity in Christ list on p.3 this week.

\***Bonus Challenge:** Write your own Psalm this week -- based on your life and relationship with God.

\***In Response to our Study/Discussion – how can we Pray for you today?**

> *healing, provision, protection, power, personal transformation, accountability, outreach opportunities...*

## **Resources to Consider**

Scripture: <http://www.openbible.info/topics/identity>

Teaching: [The Bible Project : Overview : Psalms](#) (YouTube) [The Bible Project : The Book of Psalms](#) (YouTube)

Music: [Fully Known](#) (Tauren Wells); [Psalms, Vol.2](#) (Shane & Shane); [Psalms Live](#) (Shane & Shane); [Psalms](#) (Sandra McCracken); [The Psalms Project](#); [Psalm 42](#) (Tori Kelly); [Psalms Playlist](#) (Spotify); [Portraits of Jesus Christ – from the Psalms](#) (Streetlights Bible)

# Your Identity in Christ

## I AM ACCEPTED

- [John 1:12](#) I am God's child.
- [John 15:15](#) I am Christ's Friend.
- [Romans 5:1](#) I have been justified by God
- [1 Cor. 6:17](#) I am united with the Lord, & I am one spirit with Him.
- [1 Cor. 12:27](#) I am a member of Christ's body (The Church)
- [Ephesians 1:1](#) I am a Saint.
- [Ephesians 1:5](#) I have been adopted as God's child.
- [Ephesians 2:18](#) I have direct access to God through the Holy Spirit.
- [Colossians 1:14](#) I have been redeemed and forgiven of all my sins.
- [Colossians 2:10](#) I am complete in Christ.
- [Hebrews 4:16](#) I can find grace and mercy in time of need.

## I AM SECURE

- [Romans 8:1,2](#) I am free forever from condemnation.
- [Romans 8:28](#) I am assured that all things work together for His good.
- [Romans 8:31](#) I am free from any condemning charges against me.
- [Romans 8:35](#) I cannot be separated from the love of God.
- [2 Cor.1:21,22](#) I have been established, anointed, & selected by God.
- [Colossians 3:3](#) I am hidden with Christ in God.
- [Philippians 1:6](#) I am confident that God will complete His work in me.
- [2 Timothy 1:7](#) I have been given a spirit of power, love & a sound mind.
- [1 John 5:18](#) I am born of God, and the evil one cannot touch me.

## I AM SIGNIFICANT

- [Matt. 5:13,14](#) I am the salt and light of the earth.
- [John 15:1-5](#) I am a branch of the True Vine, a channel of His life.
- [John 15:16](#) I have been chosen and appointed to bear fruit.
- [Acts 1:8](#) I am a personal witness & ambassador of Christ's.
- [1 Cor. 3:16](#) I am God's temple (He live in me).
- [2 Cor. 5:17](#) I am a minister of reconciliation for God (a peacemaker).
- [2 Cor. 6:1](#) I am God's co-worker (1 Cor.3:9)
- [Ephesians 3:12](#) I may approach God with freedom and confidence.
- [Philippians 4:13](#) I can do all things through Christ who strengthens me.

# Announcements

## SUMMER CONNECT GROUP

**Wednesdays, July 31-August 28.** 7pm-8:30pm – Main Street Café. Drop-In Group. Leader: Eryn Moore

\*Regular **Life Groups** begin mid-September.

## NEXT STEPS

**Sunday, August 18.** 12:15pm-1:30pm. Conference Room A. Lunch & Childcare provided. Leader: Eryn Moore

<https://mainstreetchurch.ca/nextsteps>

## FALL KICKOFF & BAPTISM CELEBRATION

**Sunday, September 8.** 9am & 10:45am Services.

<https://mainstreetchurch.ca/baptism>

## PRAYER SUMMIT (Supper & Summit)

**September 29 / October 27 / November 24**

5pm-Dinner (Conf. Hall/Chapel/Café). 6pm-Summit (Auditorium/Tykes)

## HEARING GOD

**Mondays (5).** Sept. 23, 30 Oct. 7, 21, 28. 7pm-8:30pm. Chapel/Café. \*Shawn leading.

## PARTNERSHIP CLASS (Coffee & Dessert)

**Sun. October 6.** 6pm-8pm. Chapel/Café/Rm.101 (Childcare)

## SET FREE Retreat

**October 18-19.** Friday 5:30pm-9pm / Saturday 9am-7pm. Chapel/Hall/Café/Conf. Room A & C

## EMPOWER Retreat

**November 29-30.** Friday 5:30pm-9pm / Saturday 9am-7pm. Chapel/Hall/Café/Conf. Room A & C