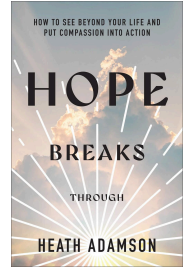


Main Street Church - Life Group Guide

Message: When Hope Breaks Through

Guest Speaker: [Heath Adamson](#) - Author / Speaker / Advocate - Convoy of Hope

Date: April 26, 2026



Connect (25min)

1. Living Hope

- a. Read [1 Peter 1:3-4](#) and open in Prayer.

2. Everyday Hope

- a. What are some everyday ways that people use the word *hope*?
- b. Briefly share an example of when you felt *hopeless* and an example of when you felt *hopeful*.
- c. Is there any difference between *worldly hope* and *biblical hope*, and how would you describe it?

Message Discussion (50min)

1. Tikvah (תִּקְוָה) - The Rope of Hope

(Read) The primary Hebrew word for *hope* is *Tikvah* (תִּקְוָה), pronounced *teek-VAH*. It represents an eager expectation, longing, or trust, often implying a strong, active waiting rather than passive wishing. It is derived from the root *qavah* (קָוָה), meaning "to wait" or "to bind together," and can also refer to a cord or rope (e.g., [Joshua 2:18](#), where it means a cord). It often signifies hope rooted in God, such as in [Jeremiah 29:11](#) ("a future and a hope"). *Tikvah* is also used as a modern Hebrew girl's name.

- a. What kinds of *Ropes of Hope* have you found yourself hanging on to in life?
- b. How is *hope* connected to the past, present and future?
- c. What does it mean to *eagerly and actively wait*?

2. Hope Breaks Through

(Read) Description of Heath's book - [Hope Breaks Through](#):

Hopelessness is everywhere. It doesn't discriminate. It's a form of spiritual poverty lurking in remote villages, destitute refugee camps, suburban homes, and corner offices. The sheer magnitude of the needs we see can paralyze us, harden our hearts, and tempt us to choose indifference. When we lose hope, we surrender both our earthly influence and our spiritual inheritance. Exchange what is with what could be. Hope is a biblical, transformative, future-focused force that breaks through our circumstances, and makes it possible for us to work alongside God to effect meaningful change.

If you have been discouraged or overwhelmed, you are not alone. By seeing beyond your life, you will discover how true hope can change your mindset and reignite your passion to serve others.

- a. Share your thoughts on this perspective and how you personally relate to it.

3. It Was The Year ...

- a. Read [Isaiah 6](#). What spoke to your heart from the story in Isaiah 6?
- b. What circumstances were challenging the hope of the people?
- c. How did Isaiah's vision provide perspective and hope, and what does this say about God?

4. In This World ...

- a. Read [John 16:33](#) and [Romans 8:18-39](#). How do these words encourage or challenge you?
- b. How has the love of God been revealed to you in practical ways?
- c. When people have *no hope*, like the story Heath shared from *Karamoja*, how does it affect the way they view the world?

5. Practical Love & Hope

- a. How does the practical love of God give *hope* to others?
- b. What is God saying to you about being available? What does that practically look like for you?
- c. How can you be an *ambassador of hope* in this world this week?

Prayer (15min)

>> Set aside 15min to Pray together as a group. Break into groups of 3-4 people to enhance this time.

- Read [Romans 12:12](#).
- **Is there a specific area in your life where you need *hope*?** Share and pray for one another.
Presence - Power - Protection - Provision (Healing, Work, Relational, Financial...)
- **Who is one other person in your life that needs *hope* who we can pray for?**
Share their specific needs and pray for them together.

April

>> **This Week's Challenge:**

- a. Word Search "HOPE" on gotquestions.org and openbible.info/topics.
- b. Listen to the song, [Living Hope](#) - by Phil Wickham.
- c. Practically share God's *love & hope* with someone who seems *hopeless* this week.

>> **Share Announcements** and confirm plans for your next Life Group meeting.