

## Main Street Church - Life Group Questions

Series: **JOY** (Philippians) Message: May 24.

### Part 5 -JOY in the Midst of Worry



### Connect

: Our final Life Group meeting will be on June \_\_\_\_\_. (BBQ? Social?...)

: What is 1 thing you are Thankful for Today?

: What is 1 thing you are looking forward to this summer?

### Open with Prayer

“JESUS – You know and we know that we Worry, about many things. Please teach us to Pray, Give Thanks, and Focus our hearts and minds on the right things. Thank you for giving us each other to lean on, and your Holy Spirit to strengthen and guide us. In Your Name we pray, Amen.

### Check In (Don't skip over this)

:: What has God been showing/speaking to you about in your personal time with Him?

:: How can we as a group encourage one another to spend intentional time with Jesus?

{Devotional ideas (Prayer booklets...), Bible Reading Plan, Podcasts, Accountability, Encounter God...}

### Sunday Message Feedback :: JOY in the Midst of Worry

What jumped out at you from Sunday's message?

Which particular point or passage of Scripture most challenged, confused or caught your attention?

What did Jesus say to you to you this past week through the message?

1. We all have stresses that cause worry in our life, but after the season passes, we often look back and realize how minor it actually was in the broad scheme of things.  
:: What is something that you've worried about in the past that you now see as trivial?
2. We shouldn't bury our worry—especially if we're afraid of what people might think.  
**Read Proverbs 12:25.** How does worry weigh you down?  
:: Who is the person you've turned to when worry begins to wreak havoc in your life?  
:: Share a time when worry was crippling, but someone encouraged you.
3. **Read Philippians 4:6-9.** You can work on defeating worry by *praying about everything, telling God what you need, and thanking him for what he has done.* Which of these three components is easiest for you? Which is the most challenging? What is one way that you can work on growing in this area?
4. **Read 1 Thessalonians 5:16-18.** These are very similar words to what Paul writes in Philippians. The difference is that he describes it as a command. It's God's will.  
:: When we are consumed with worry are we disobeying God?  
:: What steps can you personally take to obey this verse and live in God's will? Discuss.

5. The power that raised Christ from the dead is alive in every follower of Christ.  
:: In what way do you need to lean into this power to help you defeat worry this week?

**APPLICATION & PRAYER:** (Break into groups of 3-4, or Men & Women)

- **Confess 1 thing you are worried about today**
- **Tell God 1 thing you need today**
- **Thank God for 1 thing that He has done, is doing, or have provided...**
  
- **PRAY for that the Holy Spirit would fill and empower the person on your right.**

**ANNOUNCEMENTS:**

**May 31**

:: **Prayer Summit** – 6pm, Main Street Auditorium. Worship-Prayer-Communion. \*Includes Kids Summit.

**June 14**

:: **Baptism** – 6pm, Main Street Auditorium.