

Main Street Church - Life Group Guide

Series: Together for Good

Message 3: More Than Words

Speaker: Kevin Fricker - Senior Associate Pastor

Date: March 8, 2026



Connect (30min)

1. Read [1 John 3:18](#) & Open in Prayer

Dear children, let's not merely say that we love each other; let us show the truth by our actions.

2. What is one of your favorite love songs &/or romantic movies?
3. What is one act of love, *without words*, that you experienced recently that meant a lot to you?
e.g. an act of service, quality time, physical touch, or gift

Message Discussion (45min)

***Key Idea:** *Real love is more than words!*

It is a choice we make, an action we live, a posture of giving, and something that shows up in everyday moments.

***Message Feedback:** What is one thing you appreciated about the message this week?

***Read [John 13:34](#)** - "A new command I give you: Love one another. As I have loved you, so you must love one another."

1. God Defines Love

> *The message reminded us that we don't define love by culture or feelings, we define love by Christ.*

Discuss:

- Where do people today tend to get their definition of love?
- How is Jesus' example of love different from the way our culture often describes love?

2. Love Is a Decision, Not Just an Emotion

> *Feelings are part of love, but lasting love requires intentional choices.*

Discuss:

- Why do you think people often equate love primarily with feelings?
- Can you think of a time when loving someone required a decision rather than just a feeling?

3. Love Is Something We Do, Not Just Something We Say

> [1 John 3:18](#) says: *Dear children, let's not merely say that we love each other; let us show the truth by our actions.*

Discuss:

- Why are actions such an important part of love?
- What are some practical ways we can show love through actions this week?

4. Love Gives More Than It Takes

> *Healthy relationships grow when people look for ways to give rather than keep score.*

Discuss:

- Why do relationships sometimes turn into scorekeeping?
- What does it look like to "go first" in showing love?

5. Love Shows Up in Everyday Moments

> *Most love in relationships is built through small, ordinary moments.*

Discuss:

- Which everyday habits help strengthen relationships the most?
- Why do small actions often have such a big impact over time?

Personal Reflection

> **Where is God inviting you to show love more intentionally right now?**

- in marriage
- in family relationships
- in friendships
- in the church
- in your workplace

Application Challenge

This week's challenge from the message: **Don't just say "I love you." Show it.**

> **Choose one intentional act of love each day this week.**

Examples could include:

- writing an encouraging note
- helping without being asked
- listening carefully to someone
- offering forgiveness
- serving someone in a practical way

PRAYER (15min)

>> Set aside 15min to Pray together as a group. Break into groups of 3-4 people to enhance this time.

- **Part 1: Read [Philippians 1:9](#) and [1 Thessalonians 3:12](#).**
PRAY for one another – asking God to help each person grow in love that reflects Christ.
- **Part 2: How else can we Pray for you and one other person in your life this week?**
Share specific needs and requests and pray for one another.

FYI

>> Share announcements and confirm your plans for your next Life Group meeting.

- **Together for Good: Marriage Workshop.** Saturday, March 21. mainstreetchurch.ca/marriages
- **Hearing God Workshop.** Sundays, April 19-May17. mainstreetchurch.ca/hearing-god
- **Set Free Retreat.** April 17-18. mainstreetchurch.ca/set-free