

Main Street Church - Life Group Guide

Series: **PRAY FIRST 2020**

Message: **Part 3 – Our Daily Bread**

January 19, 2020. Speaker: Shawn Vandop – Lead Pastor



Connect (15-20min) – share refreshments.

*If this is your meeting of 2020 feel free to use the *Connect Questions* from the January 5th Guide.

* *“God’s love is so real that He created you to prove it.”* – Nick Vujicic

“Church is not an organization you join; it is a family where you belong, a home where you are loved and a hospital where you find healing.” – Nicky Gumbel

a. Split into groups of 3-4 (or men/women)

– Share 1 Highlight & 1 Challenge from this past week, and 1 Opportunity for this coming week.

b. In those smaller groups:

– Read [1 Thessalonians 5:16-18](#).

– Praise God & Pray for one another based on the highlights, challenges & opportunities.

Pray First 2020 (10min)

January 6-26, 2019

*Share your Feedback or Answered Prayer from your PrayFirst experience this past week.

a. How is God speaking to you and growing you through this 21 day journey so far?

b. What is one specific thing you gave thanks for in your prayers this past week?

Sunday Message Discussion (35-40min)

1. Lord, Teach Us to Pray – *The Lord’s Prayer*.

*Option: Listen to [The Lord’s Prayer \(Acoustic\) – Hillsong Worship](#) as a moment of reflection & preparation.

*Read [Matthew 6:9-13](#). Have a few group members read this passage in three different translations (NLT, TPT, KJV, etc. - Use the YouVersion Bible APP if you need another translation)

> Now read [verse 11](#) in those same translations.

2. Our Daily Bread

a. What is your favorite kind of bread, or the best bread you’ve ever tasted, and why?

b. Take 2min (timed) as a group to list as many things as you can that GOD provided for you **TODAY!**

> have someone keep count and share the total number with the group.

c. Which *time, location or setting* is most common for you to intentionally thank God for His *daily provision*?

> some examples as a group

d. Bread plays a significant role in middle-eastern culture and the biblical story.

Why is this part of the Lord’s Prayer harder for us to grasp in our Western context? Discuss.

> e.g. *we have grocery stores, packaged food, refrigeration/freezers, excess, a sense of entitlement...*

3. Have one person read the entire chapter of [Exodus 16](#).

*Follow along in your Bibles and consider how this story connects with Jesus' teaching in **Matthew 6:11**.

a. Any thoughts or insights or questions that jump out at you from this story? Discuss.

b. What was God trying to teach the Israelites in this story?

c. How can you see yourself in this Story? What lesson(s) can you learn for your own life in this story?

4. Remember that the Lord's Prayer is Jesus' teaching on *how to pray* (cf. Luke 11) - it's a model for prayer.

How does **Matthew 6:11** teach us how to Pray? How can we apply this component/model into our prayers?

5. [Jehovah-jireh](#) - "The GOD Who Provides" (One of the Biblical Hebrew Names of God)

Jesus is helping us understand that if we don't depend on our Heavenly Father for daily provision, we will look somewhere else.

***What are some examples of ways we look for provision without depending on God?** Discuss and share.

6. Spiritual Bread

***What is the most recent "spiritual bread" God has given you?** -- Share a verse from the Bible or word of encouragement He spoke to you recently through your devotions and prayer time.

Application (5min)

"A more Christian attitude, which can be attained at any age, is that of leaving futurity in God's hands. We may as well, for God will certainly retain it whether we leave it to Him or not. Never, in peace or war, commit your virtue or your happiness to the future. Happy work is best done by the *person* who takes *their* long-term plans somewhat lightly and works from moment to moment 'as to the Lord.' It is only our daily bread that we are encouraged to ask for. The present is the only time in which any duty can be done or any grace received."

—C. S. Lewis, "Learning in Wartime"

This Week:

Use your **journal** in your prayer times this week to help you develop the habit of asking God for your daily bread.

***Write down the daily needs** you are asking Him to meet, each day this week. (physical/material & spiritual)

*Then, **write *Prayers of Thanksgiving*** as He provides for you. Also write the words, or spiritual bread, He gives you.

Prayer (20+min)

>> **Based on our topic and discussion let's Share our requests, Praise God together, and Pray for one another.**

*Divide into smaller groups of 3-4 (or men/women) to enhance the sharing & praying time.

***Pray for God's Provision in the life of the person on your right:**

1. Pray for their Faith & spiritual growth **2.** Pray for their Family/Friends **3.** Pray for their Focus (work/school...)

Announcements

*Our NEXT LIFE GROUP MEETING: DATE / TIME / LOCATION. SNACK DUTY: _____.

PrayFirst 2020 – Our Annual 21 Days of Prayer & Fasting: January 6-26

ALPHA Course

Explore the Christian faith in an engaging & interactive environment. Invite your friends & family!

Mondays. January 20-March 16. 7pm-8:30pm. Main Street Chapel.+ Alpha Saturday. Feb. 29. 9am-2pm.

[Alpha Film Series Trailer](#) (on YouTube). Visit <https://mainstreetchurch.ca/alpha> for more Info & Registration.

*Registration is open until Session 2.

Supper & Prayer Summit

Sun. January 26th. Celebrate our PRAY FIRST Journey Together!

Join us for a Free Family Supper at 5pm (Conf. Hall), followed by Worship-Prayer-Communion at 6pm (Auditorium).

Weekly Announcements Email

Consider the [Weekly Announcement Email](#) from Main Street Church. Contact our Office to be added to the mailing list.

It's another great way to stay informed and engaged in the life of our church.