

Main Street Church - Life Group Guide

Series: *PRAY FIRST 2018*

Message: *Part 3 – Pray First*

January 21, 2018



Connect & Check In (15min)

***Welcome & Opening Prayer**

> Invite 1 Group Member to open in Prayer. (Try to have a different person each week)

***ICEBREAKER**

> What do you most commonly have for Breakfast?

> What do you most commonly have for Lunch?

> What is your favorite Dinner?

> Complete this statement: I would like to eat less _____ & I would like to eat more _____.

Sunday Message Feedback (40-45min)

***Speaker:** Pastor Shawn Vandop.

PRAY FIRST 2018 – 21 Days of Prayer & Fasting. January 8-28.

***Please bring your Pray First Booklet and Journal to Group each week.**

1. IF you are following the Pray First Devotional...

a. What is one thing that you discovered or experienced through that time/focus this past week?

b. How are things going with the One Character Trait you've been praying about and working on? (p.14)

c. Have you engaged the three day fast this week? How has that gone for you?

2. When you have BIG Questions or Concerns in Life who or where do you usually go to first?

(Parents/Family, Friend, Colleague, Teacher, Pastor, Google, YouTube...?)

3. When you Go to God...is He usually your first choice or last resort?

What can we change...so that we naturally go to God first? Discuss.

4. When you Pray...

Do you tend to be more vague in your prayers or are you specific in what you ask God?

Discuss why this is.

5. Read [Matthew 7:7-11](#)

What does this passage tell you about your Heavenly Father? What does it teach us about Prayer?

6. a. What are (1 or 2) challenges in your life that feel like they are ‘impossible,’ and have no solution?
 b. Read (or Recap) [Isaiah 36:4-22](#). [37:14-21, 36-37](#)
 (Life Group Leaders may want to familiarize themselves with the story and just tell it or read parts of it)
 *How does Hezekiah’s story encourage you and give you hope?
7. **Prayer Life:** Pastor Shawn mentioned a few ways to start a solid prayer life:
 - to establish a time and space (schedule/appointment with God),
 - Praise & thank God for Who He Is and What’s He Done/Doing,
 - Talk to God about whatever’s on your heart (your journey, needs and growth),
 - Talk to Him about what seems impossible,
 - Listen as much as you talk (Journal).
 *Which one of these are you good at and which one do you need to focus on more?
 *What is one step/change that you can make this week to grow in this area of your relationship with God?

Application & Prayer (25min)

- * Join us at **Prayer Summit** this Sunday, January 28th. 6pm. Main Street Auditorium.
- * When you Pray this week be intentional about being specific in your prayers.
- * When you need something, are frustrated, or unsure...
 be aware of your situation and seek to go to God first!
- * **GROUP PRAYER – using P.R.A.Y.**
 : Take 3-5min for each focus as a Group. Use short “popcorn” prayers to allow time for others to participate.
 : If you have a larger group, break into groups of 3-4 people. Share 1 or 2 specific prayer requests each.

PRAISE - Praise & Thank God for Who He Is and What He has Done. ([Psalm 109:30](#))

REPENT - Quietly ask the Holy Spirit to reveal any sin that you need to confess & repent of.
 Confess this to the Lord and receive His forgiveness. ([1 John 1:9](#))

ASK - Pray for one another ([James 5:16](#); [Ephesians 6:18](#))

YIELD - Surrender your challenges, opportunities and requests to the will of God. ([Matthew 6:10](#))

Announcements

PRAY FIRST – 21 Days of Prayer & Fasting.

***Prayer Summit:** Sun. January 28. 6pm-7:30pm. Main Street Auditorium.

The ALPHA Course

Thursdays. January 18-March 29. 7pm-8:30pm. Main Street Chapel.

There are over 80 people participating this year!

PARTNERSHIP CLASS

Sun. February 4. 6pm-8pm. Main Street Chapel.

Info & Registration - www.mainstreetchurch.ca/partnership

*If you haven't attended one of our Partnership Classes we encourage you to attend, so that you have a refreshed/updated understanding of Partnership with Main Street Church.

MAIN STREET WOMEN: Coffee & Conversation Event

Sat. February 24. 7pm-8:30pm. Main Street Conference Hall & Café.

Info & Registration available soon.

BAPTISM SUNDAY

Sun. March 4. During the Morning Services. Info & Registration - www.mainstreetchurch.ca/baptism

SET FREE RETREAT

April 20-21. Info & Registration - www.mainstreetchurch.ca/set-free