MAIN STREET CHURCH 21 DAYS OF PRAYER & FASTING







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WHAT IF WHEN YOU GOT UP EVERY MORNING THE FIRST THING YOU DID WAS PRAY?

What if when you faced a decision you prayed first? What if when you were tempted to lash out at your kids you prayed first? What if when you get cut off by the car in front of you, instead of reacting you prayed for them? What if the first thing you did in all situations and circumstances was pray?

That's what we want our focus to be in 2016. We want to commit to be people who pray first then act. But that takes a shift in our thinking which is why we are coming together in the month of January for a focused time of prayer and fasting. Beginning on January 11, 2016 we want to encourage you to PRAY FIRST. We want to take 21 days and focus on feeding our hunger for Jesus and His Kingdom.

Will you join with me in taking the time to pray and fast? This 21 day devotional will help you understand how to fast and why you should fast as well as provide you with a short devotional and some action steps each day for all 21 days. Fasting may be a new spiritual discipline for you but I guarantee that if you step out and practice it your relationship with Jesus will be deeper and your awareness of His presence and voice will be greater.

Many people struggle with living and experiencing the presence of God. God knows that the busyness of life and the strategies of the Devil will keep us from experiencing Him. It's why He gave us the gift of fasting. Fasting helps us put God first and teaches us to PRAY FIRST in all areas of our lives. Fasting clears the clutter from our lives that hinder us from experiencing God. Imagine the blessings God has for you as you develop a greater hunger for Him through fasting.

I also want to encourage you to pray with me for three specific areas of our church in 2016. We are calling them our MAIN STREET CHURCH 2016 PRAYER GOALS.

We are praying for:

- 1. 100 Baptisms in 2016
- 2. 100 more people connecting in Life Groups in 2016
- 3. 100 more people attending our prayer Summits in 2016

We believe that God can answer these prayer and when His people pray He always responds. Will you join with me in asking God to answer these prayers for our church? Let's partner our faith together believing for more people to come to know Jesus, for more people to experience community and for more people to experience a greater passion for prayer in our church.

Join with me beginning January 11 for a 21 day Prayer and Fast journey.

Growing with you,

Pastor Shawn

LET'S GET STARTED

NOTE: Don't forget to pick up a "Pray First" wristband to remind you each day to keep God first in all things. They are available at Guest services.





PRAYER GATHERING SCHEDULE & EVENTS

- Wednesday Morning "Drop In" Prayer in the Chapel - January 13, 20 and 27 from 7am to 9am
- All Church Fast January 18-20
 - This is a focused 3 day fast within the 21 day fast. We encourage all those who are able to join us in a 3 day food fast from January 18-20 where we will all focus together on praying for the Main Street 2016 Prayer Goals, our personal prayer goals and for a fresh experience of God in our lives.
- Prayer Summit Sunday, January 31, 2016
 - This Summit will be the concluding event of the 21 day fast. Join with your church to celebrate what God has done in our lives and church and to anticipate what he is going to do next.



The goal of fasting is to experience God. To learn what it means to practically put Him FIRST in our life. Fasting is to voluntarily abstain from eating/drinking for an extended period of time. "Eating" and "drinking" can represent anything that is holding you back. What you "consume" in terms of social food, intellectual food, spiritual food, and emotional food. Fasting helps you identify the things that distract you from growing in your relationship with God?

Are you relying on things that have nothing to do with God to get you through your day? You may not even realize you have an addiction. For example, if you "have to have" coffee every day, and you are not willing to give it up, you are addicted. Maybe your fast needs to just be about coffee. Ask God and He will show you.

Everyone doing a physical fast should consider consulting a physician first. If you have medical issues, consider fasting TV, media, or social media. The point is that there is something God wants you to separate yourself from for three weeks so that you can see Him more clearly. Don't cheat yourself by removing yourself from the fast entirely.

There are other benefits to fasting (breaking addictions, losing weight. etc.), however if you make those benefits the reason for fasting you will not experience God in the way He intended. A fast is not for YOUR needs or desires but to see that your life is all about Jesus. A fast gets your eyes off your needs and on to your greatest need – the presence of God.

Here are some examples of fasting in the Bible:

- Special revelation Exodus 34:27-28
- In times of war Judges 20:26
- Courage and wisdom Esther 4:3,16
- In times of grief Nehemiah 1:4, 2 Samuel 1:12, Samuel 31:13, 1 Chronicles 10:12
- Spiritual recuperation 1 Kings 19:1-9
- Mourning Daniel 10:1-3
- Repentance Jonah 3:5, Daniel 6:18
- Ministry preparation Matthew 4:2
- Spiritual power Mark 9:29
- Ministry commissioning Acts 14:23
- Set aside self for holiness 1 Corinthians 7:5
- Spiritual discipline 1 Corinthians 11:24-28 (Paul "fasted often")



1. Prepare your heart. In 2 Chronicles 7:14 we read, "if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land." The challenge for us is to open our hearts to Jesus and be willing to do what He says. Take time to confess and repent of your sin. Ask Jesus what he wants you to change in your life. What direction does he want you to walk? How much time does He want you to pray and read His Word. Tell God that you want to be fully surrendered and submitted to Him and His ways.

2. Check your motives. Ephesians 3:1 says, "Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ." God's heart is to assign spiritual blessings to His children. The problem is many of his children never discover those blessings. Fasting prepares you to hear and receive what God has for you. Maybe God wants to bless you with the spiritual blessing of wisdom, a fresh anointing in your life, powerful and effective prayers, a teaching gift or words of discernment and encouragement. His blessings are endless. Fasting helps us eliminate the things in our life that steal our focus on God and helps us see things about ourselves and God that we never knew.

- 3. Prepare your body. There are a lot of different fasts that you can choose to take part in (they are mentioned later in this article). When you choose to fast food be prepared for changes physically. You may initially feel sick or tired don't give up. Press through those initial stages. Remember, this is not a game to see if you can eat less or how long you can resist posting on Facebook. Rather, it is all about experiencing God in a powerful and fresh way in your life. As you continue to fast, you will realize that you don't experience hunger pains as often as you thought you would. Without a preoccupation with food, you will be surprised at your ability to be sustained for a number of days without eating food and how you will take advantage of your time to seek Jesus more diligently
- 4. Order your schedule. As you begin your fast decide when and where you are going to take time to meet with God. As someone once said, "People who don't make appointments with God end up being disappointed with God." The question you are going to have to answer and settle is "when you fast will you seek God, listen to Him and give Him the time He deserves?" If you are fasting meals use those times to spend praying, reading God's Word and journaling. Don't let yourself become distracted be intentional about spending scheduled time with God if you do you can expect to hear Him clearly.



- Explain to your family in advance what you are doing.
- Request privacy from those who find out what you are doing.
- Ask them not to discuss it with you until your fast is over.
- Never complain or brag about your fast, and avoid talking about it.
- Establish an accountability partner for prayer & encouragement.
- Stay away from negative people.
- Spend as much time as possible alone in solitude and prayer.
- Acknowledge that your flesh cannot be trained, but must be crucified.
- Journal as you pray and meet with the Lord. Write down the miracles God does in your life!



Complete Fast

- Drinking only liquids, typically water and/or light juices.
- Broth or soup may be included as options.

Selective Fast

- Removing certain elements from your diet.
- The Daniel Fast abstaining from meat, sweets, or bread; drink water and juice, and eat a variety of fruits and vegetables.

Partial Fast (a.k.a. The Jewish Fast)

- Abstaining from eating any type of food in the morning and afternoon.
- Fast during specific times of the day, e.g. 6AM-3PM, or from sunup to sundown.

Soul Fast

- **Common for:** anyone new to fasting food; those with health issues that prevent them from fasting food; those wanting to refocus specific areas of life that are out of balance.
- **Suggestions:** abstain from engaging in social media, shopping, watching television, etc.

? DEALING WITH DOUBTS

Fasting is counterintuitive to what your body has come to expect. You mind and your memory will initially try to convince you that what you are doing is not normal. Your body has been trained to eat at certain times every day and to feed the urges that you have always paid attention to. Your mind and your memory will do everything it can to bring you back into line with what has always been normal. This is what it means when Paul wrote in **Galatians 5:24** that "Those who belong to Christ Jesus have crucified the flesh with its passions and desires."

Your "flesh" will encourage you and even beg you to give up and feed it. It is at that point that you will be faced with a decision: Do you give up or keep moving forward? When you feel as though you want to give up, you must ask yourself a few questions. Is the pain you are experiencing worth the prize you are pursuing? Is the prize you are pursuing worth the pain you are enduring? If you do give up, where and to what will you go back to? In **John 6:66**, the disciples were asked by Jesus if they wanted to go back to their old lifestyle. Peter said, "Lord, to whom shall we go? You have the words of life."



Should you tell people that you are fasting? Since fasting is a discipline of self-denial and consecration unto the Lord, constant discussion about it will be a distraction. Jesus said this about fasting in **Matthew 6:16-18**, "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you."

Those are words worth heeding in order to experience the maximum benefits that come from fasting. Keep it between you and God as best as you can. If your fast lasts only one to seven days, it will be easy to conceal it. As time goes by and you begin to lose a considerable amount of weight, it will become more difficult to avoid questions about your appearance. Do your best to avoid looking dehydrated and keeping yourself well groomed. Eventually there will be those who find out that you are fasting, but you can turn this situation into an edifying one. There is a balance between drawing attention to yourself and giving glory to God. You have to decide when and how to discuss it, because your testimony can be used to encourage others to fast.



SAMPLE MENU 1 FRUITS, VEGETABLES, JUICES & WATER

- Breakfast Fruit smoothie with protein powder
- Mid-morning Snack Fresh fruit or fresh vegetables
- Lunch Raw vegetable salad with light dressing and vegetable broth soup
- Mid-afternoon Snack Fresh fruit or fresh vegetables
- Dinner Fresh salad with light dressing and steamed grilled vegetables

SAMPLE MENU 2 LIQUIDS ONLY

- **Breakfast** Fruit smoothie with protein
- Mid-morning Snack Herbal tea or vegetable broth soup
- Lunch Raw juiced vegetables
- **Mid-afternoon Snack -** Fresh fruit juice or fruit smoothie with protein
- **Dinner -** Vegetable juice or vegetable broth soup

SAMPLE MENU 3 MODIFIED DANIEL FAST

- Breakfast 1 2 servings whole grains with fresh fruit juice
- Mid-morning Snack Fresh fruit or fresh chopped vegetables
- **Lunch -** 1 2 servings whole grains; fresh salad with legumes and light dressing
- Mid-afternoon Snack Fresh fruit juice or fruit smoothie with protein
- Dinner 1 2 whole grains; fresh salad with legumes and light dressing



The concept of a Daniel fast comes from **Daniel 1:8-14** where it says, "But Daniel was determined not to defile himself by eating the food and wine given to them by the king. He asked the chief of staff for permission not to eat these unacceptable foods. Now God had given the chief of staff both respect and affection for Daniel. But he responded, "I am afraid of my lord the king, who has ordered that you eat this food and wine. If you become pale and thin compared to the other youths your age, I am afraid the king will have me beheaded."

Daniel spoke with the attendant who had been appointed by the chief of staff to look after Daniel, Hananiah, Mishael, and Azariah. "Please test us for ten days on a diet of vegetables and water," Daniel said. "At the end of the ten days, see how we look compared to the other young men who are eating the king's food. Then make your decision in light of what you see." The attendant agreed to Daniel's suggestion and tested them for ten days.

Because Daniel and his three friends were servants of a pagan King (King Nebuchadnezzar) who ruled Babylon they were expected to follow the rules of the palace. They were to learn the beliefs, customs, laws and practices of the Babylonians which included their eating habits. Being Jewish, much of the dietary menus of the Babylonians were not in agreement with the Mosaic Law and thus labelled "unclean" to them. As a result Daniel asked if they could be excused from eating the meat that was most likely sacrificed to Babylonian false gods and idols.

They were granted permission to do this and in the end were seen as more healthy and fit than the others who ate the Babylonian food. Thus, the Daniel fast is simply a fast that consists of eating only fruits and vegetables and abstaining from meat. It is one example of how to deny yourself in order to grow closer to God. It is not a fast that is commanded in Scripture but rather an example of a fast that can be practiced in your life.

Foods To Include

All fruits. These can be fresh, frozen, dried, juiced or canned. Fruits include but are not limited to apples, apricots, bananas, blackberries, blueberries, boysenberries, cantaloupe, cherries, cranberries, figs, grapefruit, grapes, guava, honeydew melon, kiwi, lemons, limes, mangoes, nectarines, oranges, papayas, peaches, pears, pineapples, plums, prunes, raisins, raspberries, strawberries, tangelos, tangerines, watermelon



All vegetables. These can be fresh, frozen, dried, juiced or canned. Vegetables include but are not limited to artichokes, asparagus, beets, broccoli, Brussel sprouts, cabbage, carrots, cauliflower, celery, chili peppers, collard greens, corn, cucumbers, eggplant, garlic, ginger root, kale, leeks, lettuce, mushrooms, mustard greens, okra, onions, parsley, potatoes, radishes, rutabagas, scallions, spinach, sprouts, squashes, sweet potatoes, tomatoes, turnips, watercress, yams, zucchini, veggie burgers (an option if you are not allergic to soy).

All whole grains. Including, but not limited to, whole wheat, brown rice, millet, quinoa, oats, barley, grits, whole wheat pasta, whole wheat tortillas, rice cakes, and popcorn. All nuts and seeds, including, but not limited to, sunflower seeds, cashews, peanuts, sesame. Also, nut butters, e.g. peanut butter and almond butter.

All legumes. These can be canned or dried. Legumes include but are not litmited to dried beans, pinto beans, split peas, lentils, black eyed peas, kidney beans, black beans, cannellini beans, white beans.

All quality oils. Including, but not limited to, olive, canola, grape seed, peanut, and sesame.

Beverages: Spring water, distilled water, or other pure waters.

Other: Tofu, soy products, vinegar, seasonings, salt, herbs, and spices.

Foods To Avoid

All meat and animal products. Including, but not limited to, beef, lamb, pork, poultry, and fish.

All dairy products. Including, but not limited to, milk, cheese, cream, butter, and eggs.

All sweeteners. Including, but not limited to, sugar, raw sugar, honey, syrups, molasses, and cane juice.

All leavened bread, Including Ezekiel Bread (it contains yeast and honey) and baked goods.

All refined and processed food products. Including, but not limited to, artificial flavorings, food additives, chemicals, white rice, white flour, and foods that contain artificial preservatives.

All deep fried foods. Including, but not limited to, potato chips, french fries, corn chips.

All solid fats. Including shortening, margarine, lard, and foods high in fat. **Beverages.** Including, but not limited to, coffee, tea, herbal teas, carbonated beverages, energy drinks, and alcohol.



Ending your fast properly is just as important as beginning your fast properly. Just as you prepared yourself to begin a fast, you must prepare yourself to stop or break your fast. Here are a few questions you can ask yourself as you end your fast:

- What are the key lessons I learned?
- What new habits or disciplines do I want to keep?
- What new dietary rules will I follow?
- What foods will I begin eating and not eat anymore?
- What dreams and visions have I seen pertaining to my personal walk with the Lord or my ministry?

DECIDE TO MAKE FASTING A PART OF YOUR LIFE

Before you end your fast make a decision to practice this discipline on a regular basis. This is vital if you are going to apply and live out the lessons learned during your fast. **1 Corinthians 11:24-28** says that Paul "fasted often." But why? You must view fasting as a new way of life, not just a vacation from the old way. According to **2 Corinthians 5:17**, "The old is gone and the new has come." Fasting regularly will help you maintain a level of discipline and spirituality that is necessary to hold the ground surrendered by Satan.

Regular fasts will keep the flesh in submission and serve as a reminder as to who is in charge of your life. Choose a regular fasting schedule to follow. There are those who have chosen to fast one twenty-four hour period per week. Others fast sun up to sun down, one day per week. You must pray and design a format that you feel God wants for you, a system that you can be faithful to and consistent with.



Physically

Controlling your eating habits when you end your fast will be important. Once you begin to eat again, if you are not careful, you will feel uncomfortable. Your stomach will feel bloated and full. Introduce solid food slowly. There is a very good chance you will experience stomachaches and diarrhea from the shock on the digestive system.

Emotionally

Satan will be working to take back the ground he has surrendered over to the Lord and he will use your emotional vulnerability to accomplish his goals. It could be an intense time of discouragement leading to depression. Remember to be mindful of this and to eat wisely once you break your fast. In **1 Kings 18-19**, when Elijah is challenged by the 450 prophets of Baal who all followed Jezebel in a most vile and immoral religion. God confronts and defeats them through one man, Elijah. But after this great spiritual victory, Elijah finds himself running for his life from one woman, Jezebel. She had threatened his life and he felt all alone. He became incredibly discouraged and asked God to end his life. Elijah experienced a supernatural and spiritual high, followed by an emotional low. You very well could experience this same type of roller coaster ride. Be aware of this and hold firm to the victory you have in Jesus.



A Hunger For God – by John Piper
Fasting – by Jentezen Franklin
Fasting For Spiritual Breakthrough – Elmer L. Towns



Pastor Shawn taught a series on prayer called "ALL ACCESS." You can listen or download this series at http://subsplash.com/mainstreetchurch/s/58d6fe1/



2016 PRAYER GOALS

100 BAPTISMS - 100 MORE PEOPLE IN LIFE GROUPS - 100 MORE PEOPLE ATTENDING PRAYER SUMMITS

1.100 BAPTISMS IN 2016

Pray: Lord help me t know you. Your Word and come into the kn	tells us that yo owledge of yo	u desire all people to our truth and love.	besaved Today I lift
up			
Satan from his assign			
life in Jesus Name. I			
Spirit to be a witness			
to share in such a wa would fill			
they would be given t	he wisdom ar	nd understanding to	o respond
to Your love. I pray f	or	salvation and am	confident
that you will work and			
in faith that "God has			
and He will perform it			
of Jesus Christ."	and omig it to		un uno day
I pray that when	m	akes a commitmer	nt to follow
you that they would r	nake a comm	itment to go public	with their
love for you by being	g baptized. 🤆	Give me the words	to speak
and the boldness to a followers of You. In Y	•	•	orand new

2.100 MORE PEOPLE IN LIFE GROUPS IN 2016

Pray: Lord you have shown us that everything in your kingdom is accomplished through relationships. You have chosen to partner with people to accomplish your purposes. Your way includes relationship with You and relationship with others. We pray that 100 more people would connect in community through the Life Groups of Main Street Church. Stir up hearts to value the importance of community. Help our groups to be open to doing for others what someone did for them. We ask this in faith believing for your Holy Spirit to work in hearts and lives. In Jesus Name. AMEN!

3.100 MORE PEOPLE IN LIFE GROUPS IN 2016

Pray: Jesus we ask you to continue to teach us how to pray. Lord we ask for you to stir our hearts and feed our hunger for more of you. We pray for renewal in our church and that people will commit to learning how to pray effectively and powerfully. Lord, we acknowledge that prayer is what you use to get your will accomplished in our lives and in your church. We pray for 100 more people this year to attend our monthly prayer summits. May they have a heart that asks you to "teach them how to pray." May they commit to gathering with your church monthly to learn and grow together and as they come Lord please surprise them. Confront them with your power and your love. Answer their prayers and renew their hearts. Please continue to renew our church and make us into a house of prayer. In Jesus Name. Amen.



Decide how long you will fast and what kind of fast or fasts you will do. Some may do the full 21 days while others may fast for a certain amount of days or split up their fast during the 21 days. Whatever you decide make sure you write it down and then stick to it.

WHAT KIND OF FASTS ARE YOU GOING TO DO THIS MONTH? (Write down when you will do them)

FOOD FAST(S)		
MEDIA FAST(S)		
OTHER		

MY PERSONAL PRAYER GOALS FOR THE JANUARY 2016 "PRAY FIRST" 21 DAYS OF PRAYER AND FASTING (who or/and what will you pray for?)



BUT JESUS REPLIED, "I HAVE A KIND OF FOOD YOU KNOW NOTHING ABOUT." JOHN 4:32

READ JOHN 4:1-38

What if you treated God the same way you treat food. That is, when you are hungry you'll probably end up in the kitchen. What if you had the same kind of hunger for God? What would it take for you to crave spiritual nourishment more than physical nourishment?

It seems that Jesus wanted us to know that our nourishment in life is not limited to food. In fact our physical hunger is not as important as feeding our spiritual hunger. That's why Jesus told us to fast and pray. Fasting from food is what feeds our hunger for God. When we deny ourselves the things that temporarily satisfy on this earth for the nourishment that comes from Heaven you'll find that God becomes more real to you. His voice is clearer, His Word is clearer, His love is deeper, His power is greater. Do you want to know God more clearly? Then begin to make fasting a part of your life and invite God to nourish you and create a greater hunger for Him.

ASK: Jesus, is there a specific verse in today's reading that you want me to pay attention to? How can I develop a greater hunger for you? What area(s) of my life do you want me to change or sacrifice in order to hunger for you more?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page and pray the prayer listed under it (or say or write out your own prayer in your own words)
POWER PRAYERS: PRAY FOR A NEW POWERFUL GRACE ON OUR PRAYERS PERSONALLY AND CORPORATELY Col. 1:29; Acts 4:31; Rev. 5:8; 8:3-4; 1 Tim. 2:1; Ezek. 22:30; Matt. 21:13; Lam. 2:18-19; Eph. 6:11-18; Luke 2:36-37
NOTES



I PRAYED TO THE LORD MY GOD AND CONFESSED: "O LORD, YOU ARE A GREAT AND AWESOME GOD! YOU ALWAYS FULFILL YOUR COVENANT AND KEEP YOUR PROMISES OF UNFAILING LOVE TO THOSE WHO LOVE YOU AND OBEY YOUR COMMANDS."

DANIEL 9:4

READ DANIEL 9

When you read **Daniel 9:4** it can almost come across like God's promises are conditional. After all it says that He will fulfill and keep His promises to those who love and obey His commands. While there is truth to that I think we often miss the point when it comes to experiencing the promises of God.

Obedience to God is not so much a condition for His promises but it's more of a position. When I obey God I position myself to see and live in His promises.

When I disobey I don't see or acknowledge the promises of God. It's not that God didn't come through on His promise to me, it's that I chose to move out of position. When I make that choice I miss out on the blessings that come from living in His promises.

When it comes to your relationship with God He's never the problem. You are. If God's promises are not coming to fruition in your life it's because you have put yourself out of position. You have stepped out of line.

The solution to living in the promises of God and experiencing His unfailing love is to obey God.

Obedience always puts us back into position to experience the promises of God in our life.
When you do - God's love and presence will come alive in your life.
I promise
ASK : Jesus is there any area of my life that I have positioned myself outside of Your promises? As He speaks to you respond with love and obedience to Him.
PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.
MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page and pray the prayer listed under it (or say or write out your own prayer in your own words)
POWER PRAYERS: PRAY FOR PERSONAL TRANSFORMATION BY CHANGING THE WAY WE THINK 2 Cor. 10:4; Rom. 12:1-2; Col. 3:2,10; Pro. 23:7; Isa. 26:3; Eph. 4:23-24;
Titus 3:5; Phil. 2:5; 4:8; Pro. 16:3; 1 Pet. 1:13
Titus 3:5; Phil. 2:5; 4:8; Pro. 16:3; 1 Pet. 1:13 NOTES



FIRE GOES OUT WITHOUT WOOD... PROVERBS 26:20

READ ROMANS 1:8-17

Proverbs 26:20 says, "Fire goes out without wood. .." At first glance that doesn't sound very profound. But when you apply it to your spiritual life it makes a lot of sense.

Many people wonder where the fire of God is in their lives. They wonder why they don't experience His power and presence. When they look at their life there is no flame or heat - just ashes.

The principle is this. If you don't want a fire to go out you're going to need to keep putting wood on it.

When it comes to experiencing the fire of God in our lives the wood is:

- Reading God's Word.
- Prayer
- Obedience
- Loving your enemies
- Forgiving those who have hurt you.
- Confessing your sin
- Being generous
- Serving others

You get the point.

Why not ask God right now to show you the wood you need to put on the fire in your life that will raise you up from the ashes and put the fire of God back in your heart.

ASK: Lord where in my life am I not stoking the fire spiritually? What spiritual discipline do you want me to become more disciplined in? Where am I not obeying your leading in my life? PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting. MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page _____ and pray the prayer **listed under it** (or say or write out your own prayer in your own words) **POWER PRAYERS: PRAY FOR THE FAITH YOU NEED TO SEE ALL** THE BREAKTHROUGHS NEEDED TO GO FORWARD Josh. 8:18,26; Matt. 17:20; 1 Cor. 2:5; Heb. 2:4; 11:1; 2 Sam. 23:11-12; Matt. 9: 29; 15:28; 21:21; Acts 6:8; Gen. 12:1-3 **NOTES**



DAVID REPLIED TO THE PHILISTINE, "YOU COME TO ME WITH SWORD, SPEAR, AND JAVELIN, BUT I COME TO YOU IN THE NAME OF THE LORD OF HEAVEN'S ARMIES—THE GOD OF THE ARMIES OF ISRAEL, WHOM YOU HAVE DEFIED. TODAY THE LORD WILL CONQUER YOU, AND I WILL KILL YOU AND CUT OFF YOUR HEAD. AND THEN I WILL GIVE THE DEAD BODIES OF YOUR MEN TO THE BIRDS AND WILD ANIMALS, AND THE WHOLE WORLD WILL KNOW THAT THERE IS A GOD IN ISRAEL! AND EVERYONE ASSEMBLED HERE WILL KNOW THAT THE LORD RESCUES HIS PEOPLE, BUT NOT WITH SWORD AND SPEAR. THIS IS THE LORD'S BATTLE, AND HE WILL GIVE YOU TO US!"

1 SAMUEL 17:45-47

READ 1 SAMUEL 17

I've realized something about battles. I can be in the middle of one with all my weapons and armor and strategies and be accomplishing absolutely nothing.

That was the case with the Israelites in 1 Samuel 17. They were fighting their arch nemesis the Philistines but getting nowhere. Every morning they would put on their armor and march towards the battlefield with shouts and battle cries (see I Samuel 17:20).

But no one actually did any fighting.

They looked good. They sounded serious. But no one would step forward and fight. I think it was because of the Giant Goliath. He was BIG. Over 9 feet tall. He made Arnold Schwarzenegger look like Napoleon Dynamite. He taunted the Israelites every day at the battle front. Everybody showed

up, everyone wore their armor, everyone stood their ground - but no one stepped up. No one stepped forward.

Every day Goliath would block their view of God.

But then little Davey shows up with a picnic basket filled with cheese and crackers for his brothers. He watches what's happening and he wonders "Why's no one fighting this Giant? Has everyone forgotten that our God is bigger than 9 feet?"

His brothers think he's full of himself.

Klng Saul thinks he's too inexperienced.

Goliath is offended that they send a boy to fight him.

And God looks down and says "These are perfect conditions for me to show up!"

And so he sends a shepherd boy into battle with a sling shot to slay a Giant.

What's the lesson? You can't win your battles by yourself. God is the one who fights for you. It's "...the Lord who rescues his people, but not with sword or spear. This is the Lord's battle and he will give it to us!" (V.47).

What battle are you fighting that you know you can't win on your own?

What Giant in your life is blocking your view of God?

Are you willing to let God fight for you?

ASK: Jesus, are there any circumstances or people that are blocking my view of you? Are there any battles in my life that I am fighting on my own? Where in my life do I need to trust you to bring me the victory?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STI	REET 201	6 PRAYER	GOALS:	Pick	one	or	more	of	the
prayer go	als listed o	on page			and	pra	y the	pra	yer
listed und	er it (or say	or write out	your own	prayer	in yo	our	own wo	ords	3)

POWER PRAYERS: PRAY FOR A DEEP AND POWERFUL LOVE FOR THE LOST AND THE PRODIGALS

2 Cor. 4:4-5; Isa. 43:5-6; 58:6; 61:1; 1 Peter 4:10; Acts 1:8; 4:29-31; 1 John 3:8; Rom. 3:10-19; Rev. 14:10-11



BUT MOSES PROTESTED AGAIN, "WHAT IF THEY WON'T BELIEVE ME OR LISTEN TO ME? WHAT IF THEY SAY, 'THE LORD NEVER APPEARED TO YOU'?" EXODUS 4:1-19

READ EXODUS 4

I don't know about you but my heart and desire is to honor God. I want to grow in my love and understanding of who He is. My prayers are often filled with phrases like "Lord, make me like you." And "have your way in my life." I love praying those prayers right up until God answers them.

Why? Because He usually answers those prayers by telling me to DO SOMETHING that I don't really want to do.

That was how Moses responded when God asked him to lead the Israelites out of Egypt.

God promised to equip him with everything he needed and even threw in some cool miracles that he could use anytime to get Pharaoh's attention. So, how does Moses respond?

"Lord, please! Send someone else."

Have you ever done that? Ever said the "Lord here I am, but send someone else" prayer?

I think most Christ followers genuinely want to become like Him but we're afraid to do what He asks. We're afraid to obey. Yet obedience is what fuels life change. In order to become more like Jesus you will have to do what He asks you to do.

ASK: Jesus is there anything in my life that you have asked me to do that I am not doing? Is there anything you have asked me to do that I hope someone else will do?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page _____ and pray the prayer listed under it (or say or write out your own prayer in your own words)

POWER PRAYERS: PRAY FOR GOD TO OPEN WIDE THE NEW DOORS OF DIVINE OPPORTUNITY

Rev. 3:8; 1 Cor. 16:9; Hosea 2:15; Matt. 7:7; Acts 14:27; 2 Cor. 2:12; Col. 4:3; Gen. 45:5; 12:1-4; Josh. 17:17-18

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IPRAYED TO THE LORD, AND HE ANSWERED ME. HE FREED ME FROM ALL MY FEARS. PSALM 34:4

READ PSALM 34

What's stopping you today from believing Psalm 34:4 to be true in your life?

Take some time and do what this verse says and "Pray to the Lord."

Take out your Journal and ask Jesus:

ASK: What fears are holding me back from living in the freedom that You offer me Lord? Jesus, what sin in my life are my fears causing me to hold onto?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page _____ and pray the prayer listed under it (or say or write out your own prayer in your own words)

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NOTES



FOR I KNOW THE PLANS I HAVE FOR YOU," SAYS THE LORD.

"THEY ARE PLANS FOR GOOD AND NOT FOR DISASTER, TO GIVE YOU A FUTURE AND A HOPE.

JEREMIAH 29:11

READ 2 CORINTHIANS 11:16-23

Some people say that God will never give you more than you can handle. I think that's false. Life is full of "more than we can handle" moments. If we could handle everything that comes our way we wouldn't need God.

Yet Jeremiah says that God has plans for our good and not for disaster. But the truth is all of us can make a list of the disasters we've experienced. And we wonder "where is the good that God promised because right now I don't feel very hopeful. What I'm facing is more than I can handle."

And so we shake our fist at God and grip the handle of our "disaster" and resolve to figure it out on our own.

And we end up missing out on the promises of God.

Have you ever considered that God's plans for your good and your future may include a few "disasters" along the way?

What if those "more than I can handle" moments are part of God's design

to fulfill His purposes in your life?

Would you be willing to loosen your grip on the "disasters" in your life and invite God to use them as an opportunity to instill trust and hope in your heart?

If so take a moment and ask Jesus these questions:

ASK: Jesus where in my life have I allowed my "disasters" to take my eyes off of you? Where or what in my life do I have a grip on to find hope instead of You? Jesus, what do you want to say to me to encourage me and strengthen me today?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016	PRAYER GOALS	: Pick one o	r more of the
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listed under it (or say or	write out your ow	n prayer in you	r own words)

POWER PRAYERS: PRAY FOR THE AMAZING FAVOR OF GOD OVER ALL AREAS OF LIFE AND CHURCH

Pss. 45:3-5; 84:11; Ezra 8:23; Esther 4:16; 5:2; 8:21; Dan. 9:3-5, 18-19; 2 Chron. 1:7; Jer. 29:11; Pro. 8:32-36; 1 Chron. 4:10

NOTES			



THAT IS WHY THE LORD SAYS,

"TURN TO ME NOW, WHILE THERE IS TIME. GIVE ME YOUR HEARTS. COME WITH FASTING, WEEPING, AND MOURNING. DON'T TEAR YOUR CLOTHING IN YOUR GRIEF, BUT TEAR YOUR HEARTS INSTEAD."

RETURN TO THE LORD YOUR GOD,
FOR HE IS MERCIFUL AND COMPASSIONATE,
SLOW TO GET ANGRY AND FILLED WITH UNFAILING LOVE.
HE IS EAGER TO REI ENT AND NOT PUNISH

JOEL 2:12-13

READ JOEL 2:12-17

It's often a lot less painful to come clean with our short comings and missteps instead of being found out. Or another way to say it is that it is "easier to live free than to break free."

God loves it when His children depend on Him and live lives of freedom. But He knows that we will make mistakes and so invites us to come clean in those moments rather than go into hiding or live with secrets. The truth is, when you come clean with God He is ready to meet you with mercy and compassion. He will not respond in anger but will shower us with His unfailing love.

That is the heart of a Father. So don't be afraid. Confess your sin, "tear your heart" for you have a Savior who is waiting with open arms to receive you, forgive you and restore you.

ASK: What area of your life today do you need to "...tear your heart before God?" Ask Jesus. Listen.

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.					
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IN HIS GRACE, GOD HAS GIVEN US DIFFERENT GIFTS FOR DOING CERTAIN THINGS WELL. SO IF GOD HAS GIVEN YOU THE ABILITY TO PROPHESY, SPEAK OUT WITH AS MUCH FAITH AS GOD HAS GIVEN YOU. IF YOUR GIFT IS SERVING OTHERS, SERVE THEM WELL. IF YOU ARE A TEACHER, TEACH WELL. IF YOUR GIFT IS TO ENCOURAGE OTHERS, BE ENCOURAGING. IF IT IS GIVING, GIVE GENEROUSLY. IF GOD HAS GIVEN YOU LEADERSHIP ABILITY, TAKE THE RESPONSIBILITY SERIOUSLY. AND IF YOU HAVE A GIFT FOR SHOWING KINDNESS TO OTHERS, DO IT GLADLY.

ROMANS 12:6-8

READ ROMANS 12:6-8

God never intended for us to simply attend Church. He has called us to BE the Church! But how? How do we BE the church?

The easiest answer to that question can be summed up in one word: SERVE. You serve Jesus by serving others. You use the gifts God has given you to encourage others. In fact someone served you at some point which resulted in you being introduced to Jesus.

One of our values at Main Street Church says this, "We will contribute more than we consume spiritually." Does that value define your life? If you are a Christ Follower would Jesus describe you as a consumer or a contributor? In other words are you using the gifts He has given you to serve His church? The truth is – you've been blessed with gifts and abilities that are perfectly suited to meet the needs in your church. "In his grace, God has given us different gifts for doing certain things well." -Romans 12:6

So here's my challenge to you today: Would you commit to doing for others what someone did for you? If you're not serving at your church- would you begin? Would you not just think that you should do something - but make a commitment to act on your desire?

The truth is WE NEED YOU and the gifts God has graced you with.

So why not pick up the phone or send an email to the church office and ask - "Where can I serve? I want to contribute more than I consume. I want to get into the game instead of just watching."

If you do I guarantee your relationship with Jesus will get a lot more real and our church will become even more effective.

ASK: Lord, am I using my talents for your glory? Lord where would you like to serve in my church?

(If you already are serving ask): Lord, what do I need you to do in my heart and life to grow the passion and gifts you have given me in order to be an even more effective servant?

PERSONAL PRAYER: Take time to focus on your p	ersonal prayer
goals that you wrote on for the 21 days of prayer and	d fasting.

MAIN STREET 2016	PRAYER	GOALS:	Pick (one	or i	more	of t	the
prayer goals listed on	page		6	and	pray	y the	pra	yer
listed under it (or say o	r write out	your own	prayer	in yo	ur o	wn wo	ords)

POWER PRAYERS: PRAY FOR THE AMAZING FAVOR OF GOD OVER ALL AREAS OF LIFE AND CHURCH

Dog 45:2 5: 94:11: Ezra 9:22: Eathor 4:16: 5:2: 9:21: Don 0:2 5 19 10:

	; Jer. 29:11; Pr		, Dan. 9.5-5,	10-19,
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TOGETHER, WE ARE HIS HOUSE,
BUILT ON THE FOUNDATION OF THE
APOSTLES AND THE PROPHETS. AND
THE CORNERSTONE IS CHRIST JESUS
HIMSELF. WE ARE CAREFULLY JOINED
TOGETHER IN HIM, BECOMING A HOLY
TEMPLE FOR THE LORD.

EPHESIANS 2:20-21

READ EPHESIANS 2

When I was in Bible College I remember sitting down with Pastor Jerry Cook. He wrote an incredible little book called "Love, Acceptance and Forgiveness" and led a great church in Oregon.

I remember asking him to tell me what his church was like. He told me that his church had an army of volunteers that went out into their city to share God's love every single day. 365 days a year they could be found in every corner of the city sharing the love of Jesus.

He went on to explain how they did this. They understood that THEY were the Church and so carpenters, plumbers, lawyers, waitresses, police, stay at home moms, business owners, city workers, etc. would BE the Church by living as light shows of God's love in all that they did.

I never forgot how he explained and described his church. Sometimes it's easy to confuse church with a building or place we go to each week. But that's not the Church. That's only where the church comes to gather together.

YOU are the Church! "Together, we are his house, built on the foundations

of the Apostles and prophets. And the cornerstone is Christ Jesus himself" (Ephesians 2:20). Now I believe that attending church is part of what it means to be the Church (Read Hebrews 19:23-25). But if church attendance is all you do then you've missed the point.

God wants us to BE the Church instead of just going to church.

Which best describes you: Are you a person who only goes to church or would you be seen as a person who is the Church?

ASK: Jesus, am I living my life as part of "your house?" Am I building my life on you as my foundation? When I do my job and interact with people have I introduced them to the Church?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page _____ and pray the prayer listed under it (or say or write out your own prayer in your own words)

POWER PRAYERS: PRAY FOR A VISION TO RECLAIM OUR WORKPLACES AS OUR MISSION FIELD

Pss. 45:3-5; 84:11; Ezra 8:23; Col. 3:17,22-24; Eccl. 2:24; Pro. 12:11; 22:29; 1 Thess. 4:11-12; 1 Cor. 10:31; Eccl. 3:13; 5:18-19; 1 Tim. 5:8; 6:1; 1 Thess. 4:12; Titus 2:9-10; 1 Pet. 3:15

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"BE STRONG AND COURAGEOUS, FOR YOU ARE THE ONE WHO WILL LEAD THESE PEOPLE TO POSSESS ALL THE LAND I SWORE TO THEIR ANCESTORS I WOULD GIVE THEM. 7 BE STRONG AND VERY COURAGEOUS. BE CAREFUL TO OBEY ALL THE INSTRUCTIONS MOSES GAVE YOU. DO NOT DEVIATE FROM THEM, TURNING EITHER TO THE RIGHT OR TO THE LEFT. THEN YOU WILL BE SUCCESSFUL IN EVERYTHING YOU DO. 8 STUDY THIS BOOK OF INSTRUCTION CONTINUALLY. MEDITATE ON IT DAY AND NIGHT SO YOU WILL BE SURE TO OBEY EVERYTHING WRITTEN IN IT. ONLY THEN WILL YOU PROSPER AND SUCCEED IN ALL YOU DO. 9 THIS IS MY COMMAND—BE STRONG AND COURAGEOUS! DO NOT BE AFRAID OR DISCOURAGED. FOR THE LORD YOUR GOD IS WITH YOU WHEREVER YOU GO."

JOSHUA 1:6-9

READ JOSHUA 1

I bet Joshua was nervous that day when he stood before the Israelites as their new leader. Butterflies formed in his stomach as he stood in the shadow of his hero. Moses is dead but his legacy is alive. And now he wonders, "Am I going to be able to do what Moses couldn't? Lead this Nation into the promised land?" That's when God shows up and gives Joshua exactly what he needs. If this episode in Scripture was a scene in a movie I can imagine God taking Joshua by the shoulders and staring into his eyes. "Listen to me Josh. Don't let those people scare you. You're their leader. They're looking to you for direction. And don't worry about the Giants and the battles that you are going to face. I'll take care of them for you. So listen carefully, as long as you're alive I promise no one will be able to stand against you. You know why? Because I'm never going to leave you. I won't give up on you. I've got your back! So, don't shrink back or turn around. Be STRONG and be COURAGEOUS. Did you hear me? I said BE STRONG and COURAGEOUS!

One more thing. As you move forward and battle for the land I've promised

you - I want you to read this letter I've written for you. This letter will remind you of what I've said to you today. Every day I want you to read and meditate on what I've written. My Words are the key to your success. Do what I've said and you'll be victorious."

I bet Joshua felt like he could do anything after God spoke those promises to him.

It's the same for you as well. God has given you some incredible promises for living a victorious life - but you'll never know them if you don't read his letter. I've learned that if I want to experience victory and know that God is with me and be filled with strength and courage than I need to be spending time in God's Word. Your purpose, your promised land is only discovered in the pages of the Bible. His Word is the primary way God speaks to us. So why not take some time and make a commitment to read your Bible every day. As you do journal your thoughts and ask Jesus to show you what He wants you to see and do.

ASK: Carefully read Hebrews 4:12 and then ask one or all of the following questions:

- a. What **C**ommand do you have for me?
- b. What Application do you have for me?
- c. What **M**essage do you have for me?
- d. What **P**romises to you have for me?
- e. What **W**arnings to you have for me?
- f. What Sin do you want me to confess?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAYER	GOALS:	Pick one	or more	of the
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listed under it (or say or write out	your own	prayer in yo	our own w	ords)

POWER PRAYERS: PRAY FOR A POWERFUL FRESH ANOINTING UPON THE CHURCH FOR MIRACLES

Luke 4:18; Acts 10:38; James 5:15; Mark 16:17-18; Zech. 4:1-14; Isa. 61:1-4; Matt. 8:2-3; 15:25-28; Acts 3:5; 4:30-31; John 5:1-4; 1 Cor. 2:9-10



YOU INTENDED TO HARM ME, BUT GOD INTENDED IT ALL FOR GOOD. HE BROUGHT ME TO THIS POSITION SO I COULD SAVE THE LIVES OF MANY PEOPLE.

GENESIS 50:20

READ GENESIS 50:20

Have you ever looked at the struggles and choices of your life and felt overwhelmed? Maybe you hurt a loved one deeply or made a decision that cost you greatly? And every time you think of what you did you're gripped by fear.

I think that's how Joseph's brothers lived their lives - always looking over their shoulder wondering when Joseph would enact his revenge on them for selling him into slavery.

When you read Genesis 50 did you see the fear in the hearts of Joseph's brothers? Their Father Jacob has died and now they wonder what Joseph will do. Joseph does what most people wouldn't. He responds with compassion, grace and a deep understanding of the sovereignty of God. "You intended to harm me, but God meant it all for good." (Genesis 50:20a)

No Bitterness. No payback. Just forgiveness and a deep gratefulness towards God for leading him and using his pain for good. "He brought me to this position to save the lives of many people" (Genesis 50:20b)

Instead of revenge Joseph is grateful. He chose to let God use His circumstances to strengthen his faith, develop his character and get clarity on how God works and who God is.

ASK: When you look at your life who do you tend to act like more? Joseph or his brothers? Is there a situation in your life where you need to stand back and trust God to use it for His good? Will you choose to believe that God is not out to harm you but to grow you? Jesus what part of my character do you want me to invite you to develop in my life?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

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DON'T YOU REALIZE THAT YOUR BODY IS THE TEMPLE OF THE HOLY SPIRIT, WHO LIVES IN YOU AND WAS GIVEN TO YOU BY GOD? YOU DO NOT BELONG TO YOURSELF, FOR GOD BOUGHT YOU WITH A HIGH PRICE. SO YOU MUST HONOR GOD WITH YOUR BODY.

1 CORINTHIANS 6:19-20

READ 1 CORINTHIANS 6, GALATIANS 5:22-23

The Canadian Food Act states that anything packaged must have the ingredients listed on the outside. So when you buy that bag of chips or jar of peanut butter you can read on the outside what is contained on the inside.

What if it worked the same way with you and me?

What if everything on the inside of our lives could be seen by others on the outside. What if listed on your left arm were all the ingredients of your life.

Anger. Bitterness. Hatred. Prejudice. Impurity. What would you do? (I'd probably wear long sleeves). I think you get the point. This is what it means to live our lives knowing our body is where the Holy Spirit lives. He resides in us and He likes to live in a clean house.

And He will do all He can to help us get clean. He can only dwell in a clean house and so He will create in us a list of ingredients that we never need to cover up or hide. When we invite Him in He gets ownership and the first thing the Holy Spirit does is renovate. He'll take those issues we've been hiding and holding and whitewash them clean. Then He will decorate His

home with the colours of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

That's what it means to honor God with your body.

ASK: Jesus, what parts of my life have I not given you ownership? Are there any rooms in my life that you still need to clean and paint? Does my outer life accurately reflect my inner life? Lord, is there anything in this Scripture you want to speak to me about? Jesus, what is one thing You want me to do today to honor you with my body? -Listen and then obey.

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAYER GOALS: Pick one or more of the

prayer goals listed on page	and pray the prayer
listed under it (or say or write out your own praye	r in your own words)
POWER PRAYERS: PRAY FOR THE FAITH YO THE BREAKTHROUGHS NEEDED TO GO FOR Josh. 8:18,26; Matt. 17:20; 1 Cor. 2:5; Heb. 2:4; 1	WARD
Matt. 9: 29; 15:28; 21:21; Acts 6:8; Gen. 12:1-3	
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DON'T COPY THE BEHAVIOR AND
CUSTOMS OF THIS WORLD, BUT LET
GOD TRANSFORM YOU INTO A NEW
PERSON BY CHANGING THE WAY YOU
THINK. THEN YOU WILL LEARN TO KNOW
GOD'S WILL FOR YOU, WHICH IS GOOD
AND PLEASING AND PERFECT

ROMANS 12:2

READ COLOSSIANS 3:1-17

How do you respond when you feel your life is out of control? How do others see you when you face stressful moments? How would your closest friends describe your behavior when things don't go your way? If I were to ask you, "describe to me your thoughts, actions and beliefs when the bottom falls out in your life." What would you say? What would you tell me? Would you be pleased with how you describe yourself?

Do you tend to harbor resentment and un-forgiveness? Are you quick to get angry when challenged? Do you write people off when they let you down? Do you try and cut corners whenever you can? Are you prone to lie in order to protect your interests?

If so, may I suggest that you are "copying the behaviors and customs of this world." The Bible tells us that this will get us nowhere fast and the principle is true for all, "who or what you copy is what you will become!" It's why Romans 12:1-2 is so powerful. The key to becoming more like Jesus is to change how we THINK! A change of mind will result in a change of heart and it happens when we invite God to transform our mind. But you have to "...let God..." transform you. If you don't LET him

you'll end up copying the world rather than obeying the Word.

So be intentional today and "LET GOD"

Let God into those parts of your life that you've been hiding

Let God speak to those lies that you've been believing

Let God heal those hurts that you've been harboring

Let God change the way you've been thinking.

Just LET GOD!

If you do, life becomes way more fulfilling (see John 10:10)

You don't have to "copy the behaviors and customs of the world" today. Instead you can be transformed by the renewing of your mind and in the process become more like Jesus. The result? You end up living in God's "good, pleasing and perfect will!"

ASK: Jesus, where in my life am I copying the behaviors and customs of this world? Is there an attitude or character issue that you want to change in me? Jesus, what are the areas of my life that I have not been "letting You" into? What sin do you want me to confess? What steps can I take to live in your "good, pleasing and perfect will?"

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016	PRAYER	GOALS:	Pick	one	or	more	of	the
prayer goals listed on	page			and	pra	y the	pra	yer
listed under it (or say or	r write out	your own	prayer	in yo	our (own wo	ords	s)

POWER PRAYERS: PRAY FOR PERSONAL TRANSFORMATION BY CHANGING THE WAY WE THINK

2 Cor. 10:4; Rom. 12:1-2; Col. 3:2,10; Pro. 23:7; Isa. 26:3; Eph. 4:23-24; Titus 3:5: Phil. 2:5: 4:8: Pro. 16:3: 1 Pet. 1:13

Titus 3:5; Phil	. 2:5; 4:8; Pro.	16:3; 1 Pet. 1	:13	
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CREATE IN ME A CLEAN HEART, O GOD.
RENEW A LOYAL SPIRIT WITHIN ME.
DO NOT BANISH ME FROM YOUR
PRESENCE, AND DON'T TAKE YOUR
HOLY SPIRIT[A] FROM ME. RESTORE TO
ME THE JOY OF YOUR SALVATION,
AND MAKE ME WILLING TO OBEY YOU.

PSALM 51:10-12

READ PSALM 51

Do you ever feel like you let God down? I think we all have. It's in those moments that God can feel really distant. But the truth is, God never moves or leaves. We do!

It's how David felt after he committed adultery with Bathsheba. His sin was what clouded his view of God. It made him think and feel that God had left and it was more than David could handle.

And so he journals his prayer in Psalm 51 and cries out to God, "Create in me a clean heart. Renew me.." David knew he needed renewal. He needed to be made clean. He needed to be restored. He needed to once again experience the presence of God.

So what does he do? He confesses his sin. He repents. He deals with his heart and removes the clutter of sin that has been blocking his view of God.

He takes responsibility for his actions and comes clean WITH his sin so that God can make him clean FROM his sin.

This is what it means to be renewed.

When we deal with our sin we see God clearly and He restores the "Joy of our salvation" leading us to live a life of obedience.

ASK: What sin do you need to confess today? What sin in your life has been clouding your view of God and causing you to live without the awareness of His presence? Confess your sin to God and ask Him to "create in you a clean heart" and to restore to you the "joy of your salvation." Where in your life do you need to be renewed? Ask Jesus to show you what He wants you to do in order to experience His renewal.

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAVER COALS, Dick one or more of the

prayer goals listed on page listed under it (or say or write out your own p	and pray the prayer
POWER PRAYERS: PRAY FOR A NEW OUR PRAYERS PERSONALLY AND CORP Col. 1:29; Acts 4:31; Rev. 5:8; 8:3-4; 1 Tim. 2: Lam. 2:18-19; Eph. 6:11-18; Luke 2:36-37	ORATELY
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SINCE YOU HAVE BEEN RAISED TO NEW LIFE WITH CHRIST, SET YOUR SIGHTS ON THE REALITIES OF HEAVEN, WHERE CHRIST SITS IN THE PLACE OF HONOR AT GOD'S RIGHT HAND. THINK ABOUT THE THINGS OF HEAVEN, NOT THE THINGS OF EARTH. FOR YOU DIED TO THIS LIFE, AND YOUR REAL LIFE IS HIDDEN WITH CHRIST IN GOD

COLOSSIANS 3:1-3

READ COLOSSIANS 3:1-3

What are you planning on looking at and thinking about today? What will the focus of your affections be? What reality is going to hold your attention? This world or Heaven?

Paul tells us in Colossians 3:1-3 to "set our sights on the realities of Heaven." We are told to "think about the things of Heaven." So, do you? Have you? It's not easy is it? The stuff and issues of this world fight for our attention. It's easy to live our lives forgetting that this world is not our home.

So why not take a few moments and get some focus on the reality of Heaven. Take your eyes off the issues of your life and LOOK and THINK about Heaven.

Take out your journal and ask Jesus to show you the "realities of Heaven." Ask Jesus to show you what things He wants you to think about regarding your real home.

ASK: What does heaven offer us? What will heaven be like? Jesus why do you want our focus to be on heaven more than earth? How can I go through my day not being weighed down by the issues of my life and intentionally think about the realities of Heaven? Jesus what do you want to teach/show me today?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page _____ and pray the prayer listed under it (or say or write out your own prayer in your own words)

POWER PRAYERS: PRAY FOR A DEEP AND POWERFUL LOVE FOR THE LOST AND THE PRODIGALS

2 Cor. 4:4-5; Isa. 43:5-6; 58:6; 61:1; 1 Peter 4:10; Acts 1:8; 4:29-31; 1 John 3:8; Rom. 3:10-19; Rev. 14:10-11

NOTES			



MY OLD SELF HAS BEEN CRUCIFIED
WITH CHRIST. IT IS NO LONGER I WHO
LIVE, BUT CHRIST LIVES IN ME. SO I LIVE
IN THIS EARTHLY BODY BY TRUSTING IN
THE SON OF GOD, WHO LOVED ME AND
GAVE HIMSELF FOR ME.

GALATIANS 2:20

READ GALATIANS 2

I believe that relationships are important. We can't function or follow Jesus without relationships. In fact everything in the Kingdom of God happens through relationships. It's the way God created to be. However, there is one relationship that will never work. If you were to ask me what you should do about this relationship I would tell you to end it right away. Which relationship is it? It's the one you have with your SELF. Self always gets in the way of others. Self blinds us to the truth. Self tells us that we can handle it on our own. Self only thinks about self! Jesus knows this about you which is why He said, "If any of you wants to be my follower, you must turn from your selfish ways..." (Luke 9:23).

This is the one relationship that will always try to get your attention. Self will work hard at getting you back. Self will sweet talk you and tell you that it's sorry. Self will try to move back in and set up shop with you. But self is a liar. Self is only concerned about what it can get and take and use. Self will always end up letting you down. The only way to get rid of self is to crucify it.

At some point you will have to stand up to self and say, "Self! It's over. I don't love you anymore. I've traded you in for a new life. A new identity. I am a new creation and it is Christ who now lives in me and through me. I no longer am in charge. My "Self" has been put away, laid aside and left behind.

My life is no longer mine. I now follow Jesus. He owns my life now.
ASK: Jesus what do I need to do to crucify my SELF in order to surrender my life completely to you?
PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.
MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page and pray the prayer listed under it (or say or write out your own prayer in your own words)
POWER PRAYERS: PRAY FOR THE AMAZING FAVOR OF GOD OVER ALL AREAS OF LIFE AND CHURCH Pss. 45:3-5; 84:11; Ezra 8:23; Esther 4:16; 5:2; 8:21; Dan. 9:3-5, 18-19; 2 Chron. 1:7; Jer. 29:11; Pro. 8:32-36; 1 Chron. 4:10
NOTES



BUT DANIEL WAS DETERMINED NOT TO DEFILE HIMSELF BY EATING THE FOOD AND WINE GIVEN TO THEM BY THE KING. HE ASKED THE CHIEF OF STAFF FOR PERMISSION NOT TO EAT THESE UNACCEPTABLE FOODS.

DANIEL 1:8

READ DANIEL 1

I remember watching films in High School that illustrated the danger of alcohol and drugs. They would show bloody scenes of people dead in car crashes from drinking and driving. Other films showed people overdosing and unconscious from using drugs. I was convinced that no one in my class would ever drink alcohol or do drugs after seeing those films.

But that didn't happen. I have high school friends who become alcoholics and others who are addicted to drugs. There have been classmates who have died in car accidents as a result of consuming alcohol. And I wonder "why didn't those films stop them? Didn't they remember what could happen?"

The issue was never about having the information. The issue was that they never developed any convictions. They saw and were taught the same information I was. But for whatever reasons they never developed any real conviction in this area of their lives and consequently suffered the consequences. Many of us are people of preference. Not enough of us are men and women of conviction.

Daniel was a slave of a very powerful King named Nebuchadnezzar. He was taken captive because of his intelligence and skills and King Nebuchadnezzar would use his gifts for the benefit of his Kingdom. Although Daniel was a slave he would not be treated as one. He would live

in the palace and eat the best food and wear the nicest clothes. He would hang out with the King and even give him advice.

But Daniel (along with three of his friends) would one day face a decision. Would they eat the food and wine offered to idols or would they be led by their convictions that to do so would dishonor Jehovah God? Daniel 1:8 tells us what Daniel did. He didn't compromise his convictions. Later he and his friends would face another decision. King Nebuchadnezzar wanted everyone in his kingdom to bow down and worship him. Daniel didn't. Neither did his friends. Their convictions kept them standing up. They would only worship the one true God and they knew that it would cost them their lives.

In the end God miraculously spares them and uses them to transform a nation. **Here's the principle;** The moment I compromise and allow my preferences to lead me is the moment I short circuit everything that God may have planned to do with my life.

Do you have any mountains in your life that you are willing to die on? What are the things in your life that cannot be taken or bought from you? Where in your life do you need to develop some convictions in your life?

ASK: Jesus, is there any areas of my life that I am being led by my preferences rather than by conviction? What areas of my life do you want to develop convictions in me? Have my preferences kept me from growing and knowing you more?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

MAIN STREET 2016 PRAY	ER GOALS:	Pick one of	r more of the
prayer goals listed on page		and pi	ay the prayer
listed under it (or say or write	out your own	prayer in your	own words)

POWER PRAYERS: PRAY FOR A VISION TO RECLAIM OUR WORKPLACES AS OUR MISSION FIELD

Col. 3:17,22-24; Eccl. 2:24; Pro. 12:11; 22:29; 1 Thess. 4:11-12; 1 Cor. 10:31; Eccl. 3:13; 5:18-19; 1 Tim. 5:8; 6:1; 1 Thess. 4:12; Titus 2:9-10; 1 Pet. 3:15



SO ABRAM DEPARTED AS THE LORD HAD INSTRUCTED

GENESIS 12:4

READ GENESIS 12:1-20

Abraham is known as a giant of faith. He displayed amazing faith by leaving everything behind to move towards the unknown. He trusts God to lead him and yet as his story unfolds he is scared to trust God with his wife. As he heads into Egypt he knows that they will see how beautiful Sarai is and kill him to take her. So he lies to the Pharaoh saying that she is his sister.

It's interesting to me at how we can all have moments of big faith only to follow them up with moments and decision of mistrust and disobedience. At one moment we are fully trusting God and in the next moment we are turning our backs on Him.

Why is our faith so often so fickle? Why does it take us so long to learn that God can always be trusted? Where in your life are you not trusting Jesus fully?

ASK: Jesus, where in my life am I not trusting you completely?

PERSONAL PRAYER: Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting.

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POWER PRAYERS: PRAY FOR GOD TO OPEN WIDE THE NEW DOORS OF DIVINE OPPORTUNITY

Rev. 3:8; 1 Cor. 16:9; Hosea 2:15; Matt. 7:7; Acts 14:27; 2 Cor. 2:12; Col. 4:3; Gen. 45:5; 12:1-4; Josh. 17:17-18

NOTES



"HE LOOKED DOWN ON THE PEOPLE OF ISRAEL AND KNEW IT WAS TIME TO ACT."

EXODUS 2:25

READ EXODUS 3:1-22

As I read through Scripture I've discovered that God often uses struggle as part of His plan. In fact He won't deliver or act until He sees that we are ready. It also means that He is perfecting His plan. Just look at the life of Moses. It's quite miraculous that he ends up being raised in the Pharaohs palace. He grew up learning the culture of the Egyptians. He knew their systems, their policies, and their traditions. He knew how the Pharaoh thought and acted. God had put a man on the inside to perfect His plan and in the end He uses that man to implement His plan.

The lesson is this: God is always working even when we don't see anything changing. Our lack of understanding does not dismiss the work of God. His hand is preparing and positioning us for deliverance. He is all about our freedom and he will always act at the very right time.

"He looked down on the people of Israel and knew it was time to act." -Exodus 2:25

When you look at your struggles are you willing to admit that God may be perfecting a plan in your life that will secure your freedom and give you life? Ask Jesus to give you strength to persevere through the struggle.

ASK: Lord, what is it in my life that you want to teach me so that I can live in your freedom? Where in my life do I need to be more patient and trust in your perspective more than mine?

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NOTES	
	65



AT THAT TIME THE SPIRIT OF THE LORD
WILL COME POWERFULLY UPON YOU,
AND YOU WILL PROPHESY WITH THEM.
YOU WILL BE CHANGED INTO A
DIFFERENT PERSON.

1SAMUEL 10:6

READ 1 SAMUEL 1:1-3:21, 8:1-10:27, 16:1-18:16

The calling of Saul teaches us an important lesson: When God changes our heart we can't expect that defining moment will be enough to sustain us.

"...the Spirit of the Lord will come powerfully upon you... you will be changed into a different person..." -1 Samuel 10:6

Saul had what so many of us long for. He had a supernatural moment with God that impacted him deeply. However, as you read through his life you discover that he was ruled by fear and jealousy. He had a God moment where God did a work of transformation in Him but he did not continue to invite God to change him.

That is how a lot of Christians live their faith. It is often defined by one moment rather than an ongoing personal relationship with Jesus through His Holy Spirit. God is all about giving us a new heart, not just once but every day. If you want to live a life that experiences the power and presence of Jesus every day you need to invite the Holy Spirit to fill you continually (Ephesians 5). Don't be like Saul who relegated his experience with God to a moment in time. Instead invite Jesus to meet you every day. Ask Him to give you a new heart every morning.

Where have you become stale in your relationship with God? When was the last time you experienced a fresh work of the Holy Spirit in your life?

Ask Jesus to renew your heart today and then ask Him again tomorrow.

ASK: Lord, where has my relationship with you become stale? What do you want me to do or change in order to experience your renewing work and power in my life? **PERSONAL PRAYER:** Take time to focus on your personal prayer goals that you wrote on for the 21 days of prayer and fasting. MAIN STREET 2016 PRAYER GOALS: Pick one or more of the prayer goals listed on page _____ and pray the prayer **listed under it** (or say or write out your own prayer in your own words) POWER PRAYERS: PRAY FOR A NEW POWERFUL GRACE ON **OUR PRAYERS PERSONALLY AND CORPORATELY** Col. 1:29: Acts 4:31: Rev. 5:8: 8:3-4: 1 Tim. 2:1: Ezek. 22:30: Matt. 21:13: Lam. 2:18-19; Eph. 6:11-18; Luke 2:36-37 **NOTES**



I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth.

1 TIMOTHY 2:1-4.

PRAY FOR THOSE IN AUTHORITY AND THOSE UNDER YOUR AUTHORITY.

MY GOVERNMENT		
PRIME MINISTER		
NATIONAL LEADERS		
PROVINCIAL LEADERS		
CITY LEADERS		

MY FAMILY SPOUSE ____ CHILDREN PARENTS _____ SIBLINGS ____ EXTENDED FAMILY **MY CHURCH** LEAD PASTOR PASTORAL AND CHURCH STAFF MY LIFE GROUP LEADER _____ MY SMALL GROUP MEMBERS



MY LIFE

EMPLOYER	
CO-WORKERS	
EMPLOYEES	
TEACHERS/PROFESSORS	
THOSE IINFLUENCE CLOSE FRIENDS	

THOSE WHO NEED GOD			

1. PRAY THAT THE FATHER WOULD DRAW THEM TO JESUS

No one can come to me unless the Father who sent me draws him (John 6:44).

2. BIND THE SPIRIT THAT BLINDS THEIR MINDS

The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God (2 Corinthians 4:4).

3. LOOSE THE SPIRIT OF ADOPTION (SONSHIP)

For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father" (Romans 8:15).

4. PRAY THAT OTHER BELIEVERS WILL CROSS THEIR PATHS AND ENTER INTO POSITIVE RELATIONSHIPS WITH THEM

Ask the Lord of the harvest, therefore, to send out workers into his harvest field (Matthew 9:38).

5. LOOSE THE SPIRIT OF WISDOM AND REVELATION ON THEM SO THEY MAY KNOW GOD BETTER

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better (Ephesians 1:17).

MY NEEDS

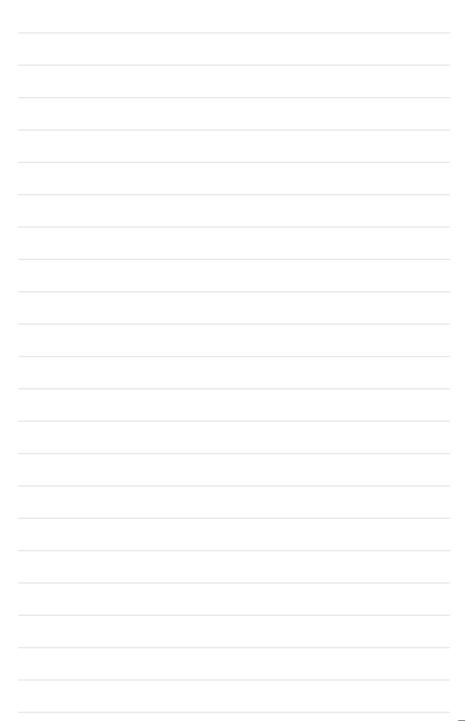
PRAYER REQUESTS	 	

PRAYER LOG

DATE	DATE ANSWERED



NOTES



VISIT OUR FACEBOOK PAGE

mainchurchchwk

For weekly "PRAY FIRST" updates and other prayer and fasting resources and insights make sure you "like" the Main Street Church Facebook page.



2016 PRAYER GOALS

100 BAPTISMS - 100 MORE PEOPLE IN LIFE GROUPS - 100 MORE PEOPLE ATTENDING PRAYER SUMMITS

1.100 BAPTISMS IN 2016

Pray: Lord help me to reach out to th	ose around m	ne who don't k	know you.
Your Word tells us that you desire all p	eople to be sa	aved and com	e into the
knowledge of your truth and love. Toda	ay I lift up		_ (name(s)
before you. I break the power of Satan			
life in Jesus Name.	I pray that you	ı would fill me	with your
Holy Spirit to be a witness to	and giv	e me the word	s to share
in such a way that they will listen. Lord	l I ask that you	u would fill	
with the knowledge of Your will and tha	t they would b	e given the wi	sdom and
understanding to respond to Your love	. I pray for	salv	ation and
am confident that you will work and dra	aw	_ to Yourself.	I declare
in faith that "God has begun a good v	vork in	's life aı	nd He will
perform it and bring it to full completion	n until the day	of Jesus Chri	st."
I pray that when mak			
they would make a commitment to go	•		, ,
baptized. Give me the words to spea	ık and the bo	ldness to act.	May we
reap a harvest of brand new followers	of You. In You	ır Name I prav	. AMEN!

2.100 MORE PEOPLE IN LIFE GROUPS IN 2016

Pray: Lord you have shown us that everything in your kingdom is accomplished through relationships. You have chosen to partner with people to accomplish your purposes. Your way includes relationship with You and relationship with others. We pray that 100 more people would connect in community through the Life Groups of Main Street Church. Stir up hearts to value the importance of community. Help our groups to be open to doing for others what someone did for them. We ask this in faith believing for your Holy Spirit to work in hearts and lives. In Jesus Name. AMEN!

3.100 MORE PEOPLE IN LIFE GROUPS IN 2016

Pray: Jesus we ask you to continue to teach us how to pray. Lord we ask for you to stir our hearts and feed our hunger for more of you. We pray for renewal in our church and that people will commit to learning how to pray effectively and powerfully. Lord, we acknowledge that prayer is what you use to get your will accomplished in our lives and in your church. We pray for 100 more people this year to attend our monthly prayer summits. May they have a heart that asks you to "teach them how to pray." May they commit to gathering with your church monthly to learn and grow together and as they come Lord please surprise them. Confront them with your power and your love. Answer their prayers and renew their hearts. Please continue to renew our church and make us into a house of prayer. In Jesus Name. Amen.

OUR VALUES

We are whole life, faith filled, all in risk takers

We'll never insult God with small thinking & safe living

We are all about the local church

The local church is God's "Plan A" to reach the world - He has no "Plan B!"

We will do anything short of sin to reach people who don't know Christ

To reach people no one is reaching, we'll have to do things no one is doing

We will contribute more than we consume spiritually

The church does not exist for us. We are the church and we exist for the world

We will keep short accounts

The greatest weapon we have against the Devil is repentance and confession

We will be relentless with truth and grace

We will teach and model the hard truths of Jesus so that we can experience and model the deep grace of Jesus

We will practice irrational generosity

We truly believe it is more blessed to give than to receive

We will intentionally listen to the voice of God

We recognize that the voice we listen to the most will determine the direction of our life

