

# AKA – HEALER

JEHOVAH RAPHA - יהוה רפא

TODAY'S SCRIPTURE  [Exodus 15:22-27](#), [John 5:1-15](#)

**NOTES:**

# Main Street Church - Life Group Guide

Series: AKA – *God Has A Name For Every Situation*

Message: Part 5 – HEALER

Speaker: Shawn Vandop

Date: March 13, 2022



## Connect (20min)

- 1. KNOWN BETTER:** We've been learning some new things about God through our *AKA Series*... Now, briefly share something that we don't know about you yet. (an interest, hobby, experience, skill, weird fact...)
- 2. CHECK IN: On a scale of 1-10 (poor-excellent) how's your Health today?**
  - a. Physical Health
  - b. Mental Health
  - c. Spiritual Health
- 3. OPEN UP –** 📖 Read [1 Peter 2:21-25](#). Respond with Praise to God & Prayer for One Another.

## Message Discussion (45min)

### 1. MIRACLES & THE MESSAGE

- a. Have you ever experienced or known of a **miracle** or healing of any kind?
- b. What jumped out at you from this **Sunday's message**? Did you learn anything new? How did you grow in your relationship with God because of what you learned? Discuss.

### 2. WORSHIP & WHINING 📖 Read [Exodus 15:22-27](#)

- a. What jumps out at you from this story?
- b. What had just happened three days earlier to the Israelites, before they encountered this bitter water? (📖 Ref. [Exodus 14](#) & [Exodus 15:1-21](#))
- c. Do you identify with the Israelites when it comes to quickly forgetting what God has done, and can do? Have you ever experienced your *worship turn into whining*, like the Israelites?
- d. How does the *sin of our forgetfulness* impact our understanding of God's healing power?

### 3. HEALING & WHOLENESS – [JEHOVAH RAPHA - יהוה רפא](#)

What did God lay out for the Israelites as a pattern for healing and wholeness? 📖 Read [Exodus 15:25b-26](#).

- a. How do you think following this pattern of obedience and faith would impact our *physical, emotional and mental health*?
- b. Let's be clear, sickness is not necessarily the result of sin and disobedience – *but it can be*. (📖 See [1 Corinthians 11:29-31](#) and [James 5:16](#)). Sin can make us sick (emotionally and physically).
  - \*How can not dealing with one's sin cause sickness in a person's life?
  - \*Can bitterness and unforgiveness impact us physically and emotionally? Discuss.  
"Resentment is like drinking poison and waiting for the other person to die" - Augustine
- c. Have you ever experienced sickness tied to a sin in your life? Briefly share
- d. How could evaluating your life and asking the Holy Spirit to reveal any sin in your life bring healing and wholeness?
- e. What do you think about God's healing power in your life? Do you truly believe He can heal? Discuss.

4. 📖 Read [John 5:1-15](#). [Optional Video: [Jesus Heals at the Pool](#). 4min]
- What jumps out to you from this story?
  - Why do you think Jesus asked this man the question, **“Do you want to get well?”**
  - Shawn made the point that regarding healing:  
**“God knows that our most obvious need is often not our greatest need.”**  
 \*How does this insight impact or challenge your approach to God’s healing work and power?
5. **INSIGHTS ON HEALING** -- When it comes to God’s healing power here are a few helpful insights. How do these insights help you navigate the healing work of Jesus in our lives? Which one speaks to you the most?
- God works on a different schedule than ours.**  
**NOTE:** God is not defined or controlled by time like we are. He is beyond and outside of time.  
*\*How does this truth impact how we view healing?*
  - God works with a different value system**  
**NOTE:** For us the words “blessing’ and “good” signify comfort and convenience and happy circumstances. But to God the same words may signify character and virtue and integrity. We think in physical and material terms – God think in Spiritual terms. Your desire for healing may be the very thing God uses to make you more like Him. *\*How does this truth impact how we view healing?*
  - God’s will is more important than ours.**  
**NOTE:** God’s will is to heal, and God is willing to heal, and God always ultimately heals. However, it is not a certainty that He WILL do so in every case when we ask Him– that is presumption. God is often doing something else in our lives that is serving a greater purpose.  
*\*How does this truth impact how we view healing?*

## Application & Prayer (20min)

Like the Israelites, we have a tendency towards complaining and grumbling. So, let’s take 5min in prayer to praise and be thankful to God together, using simple statements like: *“God, You are...” “Thank you for...”*

📖 Read [Isaiah 53](#) out loud. Take some time as a group to pray for healing, following the Healing prayer pattern below.

### Healing Prayer Pattern:

- Briefly Identify your need.
- Pause & quietly listen to the Holy Spirit for a minute.
- Respond to the Holy Spirit in prayer
- Lay hands on the person receiving prayer (if they’re comfortable)
- Pray - one person can pray or everyone can pray (out loud or silently)
- Stop and see if there is any change (ask the person), pray again if you like...
- Ask one person to end with a prayer of blessing, then repeat this pattern for the next person.

### RESOURCES

Scripture: [www.openbible.info/topics/healing](http://www.openbible.info/topics/healing) Bible Plan: [www.bible.com/reading-plans/2026-100-names-of-god](http://www.bible.com/reading-plans/2026-100-names-of-god) Song: *Healer – Kari Jobe*  
 Video - [Does God Heal Today?](#) - from The Alpha Film Series Books: [The Case for Miracles](#), Lee Strobel. [The Names of God](#), Ann Spangler.