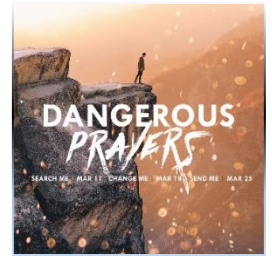


# Main Street Church - Life Group Guide

Series: **DANGEROUS PRAYERS**

Message: **Part 2 – Change Me**

March 18, 2018



## Connect & Pray (20min)

\***Icebreaker:** What is 1 thing that made you laugh or smile this past week?

\***Opening Prayer:** Let's begin our time together with Praise & Thanks to GOD. [Use short sentence prayers]

1. **DECLARE** – (5min) \*Read [Psalm 139:1-6](#) & [Romans 1:20](#)

*\*Praise & Thank God together.*

2. **LISTEN** – (5min) \*Read [Isaiah 55:1-3](#) and then pray & listen quietly on your own.

*\*Jesus, Is there anything that You want to say to me, remind me of, convict me of, encourage me in?*

3. **ASK** – (5min) \*Read [Luke 11:9-13](#)

*\*Ask our Heavenly Father for the gifts, counsel & guidance of His Holy Spirit.*

## Sunday Message Feedback (45min)

\***Speaker:** Pastor Shawn Vandop.

### 1. Embracing Change:

a. Do you tend to embrace change or resist change? Explain.

b. What is one way that your wardrobe or style has changed over the past 5-10 years?

c. What is one way that your character or lifestyle has changed over the past few years?

d. What is something in your life that you have been wanting to change for a while?

What is holding you back from starting to make those changes?

### 2. Last Week we asked God to “Search Me.” [Psalm 139:23-24](#).

How has this prayer impacted you & prepared you for this weeks “Dangerous Prayer” – Lord, CHANGE ME!

**Message Feedback:** What is one thing that jumped out to you from Sunday’s Message?

### 3. WORD: Read [John 5:1-15](#) – *Jesus Heals a Lame Man*.

a. What do you think of this story? Does it create any questions or provide any lessons/insights for you?

b. What do you think of Jesus’ Question to the paralyzed man – “***Do you want to get well!***” (v.6)?

Why do you think he asked this man this question? Discuss.

### 4. Pastor Shawn pointed out from this story that “***Your most obvious need is usually not your greatest need.***” How has this principle been true in your own life?

## 5. Steps to Change:

Using the story in John 5, Shawn explained three things the man did that led to his healing and change (He STOOD UP, he PICKED UP HIS MAT and he walked away STEP BY STEP). What “*mat*” in your life do you need to pick up if change is going to happen? Maybe you need to throw away a phone number, get rid of the computer, end a destructive relationship. What new structures can you put into place to help you live in the life changing power of Jesus? Share and discuss.

## 6. How Should We Then Live: The Epistles/Letters of the New Testament were written to Christians.

Much of the content (in Romans-Revelation) addresses the opportunity and challenge of the CHANGE (Sanctification/Transformation Process) that a personal relationship with JESUS begins and continues to lead us through as the Holy Spirit defines our new identity and purpose.

**Example:** Read [Ephesians 4:21-24](#).

- a. What does it mean to “*put off your old self*” and to “*put on the new self*?”
- b. What part of your old self do you have the hardest time letting go of?
- c. What are some of the benefits of letting go of this old self and embracing your new life in Christ?
- d. How does JESUS provide the reason, motivation and plan to change?

[His life, love, death & resurrection. His Word (Bible). The Holy Spirit. Prayer. Christian Community...]

## Application & Prayer (15min)

- **Identify** what it is that you need to change in your life. Then, take one step toward your goal of change this week, and ask a friend or family member to hold you accountable on your journey toward change.
- **MEMORIZE the following verse this week:** [2 Corinthians 5:17](#)  
*“Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!”*
- **PRAY:** Break into groups of 3-4 or Men/Women to Pray.
  - > SEARCH ME - Take 2min to quietly prepare your own heart and ask Jesus to examine your heart...
  - > CHANGE ME – Take 2-5min in your group to thank Jesus for your new identity & ‘wardrobe’ and ask Him to change specific areas of your life (character, lifestyle, habits/choices, attitude...).
  - > SEND ME - Take 2-5min in your group to ask Jesus to send and use you in the specific environments & opportunities of your daily life (marriage, family, friendships, work/school, community, church...).

\*Once your group has worked through these Prayers, take time to pray for any other specific/personal prayer requests. Keep the sharing/story-telling short & clear and get down to praying for one another.

## Life Group – Spring 2018

There are 3 months of Life Group season remaining (April-June) before the Summer break (July/Aug).

>> Please discuss and confirm the following with your Life Group for the Spring Season.

**\*Group Commitment:** Are you willing & able to commit to our Group for the Spring Season.

[good attendance, communication & participation is essential]

**\*Meeting Dates for April-June.** Including time/location, snack-duty, and any weeks with special focus/plans.

[potluck/communion times, social or serving events]

**\*Looking Ahead – Fall 2018.**

: are you planning on returning as a Leader? (Yes, No, Undecided)

: are there any potential Life Group Leaders in your Group? If so, what steps do they need to take...?

## Announcements

### PRAYER SUMMIT

**Sun. March 25.** 6pm-7:30pm. Main Street Auditorium. *Worship – Prayer – Communion.*

### GOOD FRIDAY & EASTER SERVICES – [Who are you Inviting?](#)

**Fri. March 30<sup>th</sup> at 10am – Including Communion.** (Kids programs for Nursery-Gr.4)

**Sun. April 1<sup>st</sup>.** 9am & 10:45am.

### SET FREE Retreat

**April 20&21.** Friday 5:30pm-9pm / Saturday 9am-7pm. \$40/person.

Register Online: [www.mainstreetchurch.ca/set-free](http://www.mainstreetchurch.ca/set-free)

### MAIN STREET WOMEN: *Wonder Weekend*

**Fri/Sat April 27&28.** Details to be announced soon.

### MAIN STREET MEN: *MAN BREAKFAST*

**Sat. May 5.** 9am. Main Street Church - Conference Hall. Tickets - \$5 (available in April)

### BAPTISM SUNDAY

**Sun. June 3.** During the Morning Services. Info & Registration - [www.mainstreetchurch.ca/baptism](http://www.mainstreetchurch.ca/baptism)

### PARTNERSHIP CLASS

**Sun. June 3.** 6pm-8pm - [www.mainstreetchurch.ca/partnership](http://www.mainstreetchurch.ca/partnership)