

Main Street Church - Life Group Guide

Series: Living Proof - How Real Faith Shows Up In Real Life. 1-2-3 John.

Message 13: Five Anchors - 1 John 5:13-21

Speaker: Shawn Vandop

Date: August 2, 2026



Connect (25min)

>> Break into groups of 3-4 people to enhance this time

1. Share a *Blessing* and a *Battle* from this past week in your life.
2. What is one *Opportunity* you are looking forward to in August?

Message Discussion (50min)

- Read Sunday's Scripture: [1 John 5:13-21](#)

1. Reflecting on 1 John

- Have you read through **1 John** during this series, in parts or all at once? Share feedback.
- Looking back over our journey through 1 John, what truth has stood out to you most?
- How has this series deepened or challenged your understanding of what it means to genuinely know Jesus?
- John gives several signs of genuine faith throughout his letter. Where have you seen "living proof" of God's work in your own life?

2. Five Anchors

- The Five Anchors are:

I. *Jesus has secured our future.*

II. *Jesus has opened the door.*

III. *Jesus has changed who we are.*

IV. *Jesus has transferred us into a new Kingdom.*

V. *Jesus is the true God.*

- Which of the five anchors from this final message on 1 John do you need most right now, and why?

3. Promises & Prayer

- What do you tend to base your assurance of salvation on: your performance, your feelings, or the finished work and promises of Jesus?
- How does knowing that you belong to God change the way you approach Him in prayer?
- Who or what have you been tempted to stop praying for?
What would it look like to keep praying with faith?

4. Application

- How does the statement, “*Christians still sin, but they don’t make peace with sin,*” challenge or encourage you?
- What voices, habits, influences, or potential idols are most likely to cause you to drift from Jesus? What practical step could help you remain anchored to Him?
- As we finish 1 John, what is one truth you want to remember and one change you believe God is asking you to make?

> Take some time this week and read 2nd and 3rd John.

Prayer (15min)

>> Break into groups of 3-4 people to enhance this time and pray for one another.

- Choose one of the Five Anchors for yourself as a theme for the others to pray for you.
Share & Pray for one another
- What is one other need or theme for Prayer in your life this week?
> *Presence - Power - Provision - Protection - Perspective - Priorities* <
Share & Pray for one another.
- Who is one other person in your life that needs prayer today?
Briefly share their needs and pray for them together.