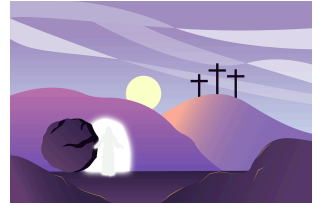


Main Street Church - Life Group Guide

Resurrection Sunday

Speaker: Shawn Vandop - Lead Pastor


Date: April 5, 2026



Connect (15min)



RESURRECTION REFLECTIONS

“Our Lord has written the promise of resurrection, not in books alone, but in every leaf in springtime.” – Martin Luther

-  Read [Colossians 1:15-20](#) and Open in Prayer.
- How did you engage in Easter Weekend? *Good Friday & Easter Sunday – Share highlights...*
- How were you *encouraged, challenged or changed* through the Good Friday & Easter Sunday Messages?


Discussion & Prayer (45min)

1. EVIDENTLY ESSENTIAL

- **Partner up (2-3 people) and respond to these two questions together (for about 7 mins):**
 - > Do you believe in the physical Resurrection of Jesus Christ?
 - > Why do you believe in His Resurrection?
-  Read [1 Corinthians 15](#). Share the reading of this chapter together.
 - > Why is it significant that Paul includes a list of eyewitnesses?
 - > What does this do for your confidence in the resurrection as a historical event?
 - ➡ *Dig deeper: Why do you think God chose to reveal the risen Jesus to so many people—not just a few?*
-  Read [Luke 24:36–43](#). Jesus invited the disciples to touch His hands and even ate fish with them.
 - > What does this tell you about the nature of His resurrection—and how might it reshape the way we think about eternity?
 - > What part of that scene do you find most surprising or humanizing?

“The New Testament writers speak as if Christ’s achievement in rising from the dead was the first event of its kind in the whole history of the universe. He is the “first fruits”, the “pioneer of life”. He has forced open a door that has been locked since the death of the first man. He has met, fought, and beaten the King of Death. Everything is different because He has done so. This is the beginning of the New Creation: a new chapter in cosmic history has opened.” - C.S. Lewis, Miracles

2. RESURRECTION & THE LIFE

-  Read [John 11:25-26](#), [Romans 8:11](#), [1 Peter 1:3](#). The *Resurrection* is Life Changing!
- **The disciples didn't just believe the resurrection happened—they were radically transformed by it.**
> Prior to Jesus' death, and for three days while he was in the grave, the disciples were skeptical and afraid ([Luke 24:21](#); [John 20:19](#)). However, after Jesus' resurrection, the lives of the disciples were entirely different; all of them were persecuted and many were martyred as a result of their belief in the risen Christ. James (the brother of Jesus) and the apostle Paul experienced radical conversions as well. Like the disciples, James and Paul also subjected themselves to persecution and martyrdom because they were convinced that Jesus had risen from the dead. Skeptics may comment that the transformation of these individuals (the disciples, James, and Paul) is insignificant, since it is normal for people to convert from one set of beliefs to another. However, the cause of these conversions is different. People usually convert to a particular religion because they hear the message of that religion from a secondary source and believe the message. The reason for the transformations of the disciples, James, and Paul is quite different; they are the result of what they actually saw with their own eyes – *The Risen Jesus*.
- **What would look different in your daily life if you fully lived as if Jesus is truly alive and with you today?**
> What small step could you take this week to live out that belief and awareness?
- **Where do you personally need Resurrection power right now?**
> Share a key word or theme: *hope, freedom, healing, faith, courage, or something else?*
- **Partner up (2-3 people) and PRAY for one another in response to your answers!**
> Take a few minutes to do this and then come back together.

3. HOPE FOR HUMANITY

- **Why is the Resurrection of Christ the biggest “game changer” for humanity?**
- **How does the truth of the Resurrection speak to the people in your life who feel hopeless, lost, stuck, broken or forgotten?**
- **How can you be a voice of hope to them this week?**
>> *Encourage a personal or group action step—writing a note, making a call, sharing a testimony ...*
- **Share the names of the people who come to mind and use your remaining time to PRAY for them.**
Break into groups of 3-4 people to enhance your sharing and prayer time.

APRIL

>> As we continue into April, what are your **reading/study/prayer plans** for your daily personal time with Jesus?

- Set your time, place, and focus for April. Choose your own plan and commit to it, but here's an example.
“I meet with Jesus every day at 7am for 30min. I read for 10min, journal for 10min and pray for 10min.”
“I’m engaging _____ as my reading/devotional plan.” “If I miss a day I don’t miss two.”
“I also go for a walk & talk (prayer) with Jesus over lunch or after dinner”
- Let's encourage one another in our commitments this month!

>> Share **announcements** and confirm plans for your next Life Group meeting.

- **Partnership Class.** Sunday, April 12. 6pm. mainstreetchurch.ca/growthtrack
- **Set Free Retreat.** April 17-18. mainstreetchurch.ca/set-free
- **Hearing God Workshop.** Sundays, April 19-May17. mainstreetchurch.ca/hearing-god