

Main Street Church - Life Group Guide

Series: Living Proof - How Real Faith Shows Up In Real Life. 1-2-3 John.

Message 10: Who Deserves Your Trust - 1 John 4:1-6.

Speaker: Kevin Fricker

Date: July 12, 2026



Connect (25min)

1. Summer Highlights

- a. Share 1 highlight from your Summer so far and 1 opportunity that you're looking forward to.

2. Thankful 4

- a. Take a quiet minute to consider and write down 4 things you are thankful for this week.
Share together.
- b. Respond in Prayer by giving thanks to God and praying for one another.

Message Discussion (50min)

1. Voices of Influence - *The Voice We Listen To The Most Will Determine The Direction Of Our Lives*

- What "voices" tend to shape how we think without you realizing it?
> *news, influencers, friends, podcasts, social media, family expectations, etc.*
- Briefly share how they have been positive or negative for you.
- **Read Sunday's Scripture:** [1 John 4:1-6](#).

2. Test Every Voice - *Not Every Voice Deserves Your Trust*

- What voices in your life sound trustworthy but may not be leading you toward Jesus?
- We often mistake information for truth. Where do you see that happening today?
- What would it look like for us to adopt the Berean posture of "open Bible, open heart"? ([Acts 17:11](#))
- **Don't be gullible. Don't be cynical. Be biblical.**
When you look at your own posture toward spiritual voices, which one describes you most often?
Do you tend to be *gullible, cynical, or biblical*?
And what helps you move toward a biblical posture of discernment?
- Your goal is not to "catch" false teaching, it's to become familiar with Jesus' voice.
How does that shift the way you think about discernment?

3. Start With Jesus - *Every Voice Must Be Tested By Jesus*

- Who gets the final word? What tends to compete with Jesus for that place in your life?
- Which "versions" of Jesus (therapist, mascot, life coach, etc.) do you see most often in culture?
- Why is it essential that Jesus came in a real body? How does that shape your trust in Him?

4. Live With Confidence - *The Holy Spirit Helps God's People Recognize The Truth*

- John says, “*You belong to God.*” How does that truth build confidence rather than fear?
- Where do you need to remember that “*the Spirit in you is greater than the spirit in the world*”?
- How have you learned to recognize Jesus’ voice over time?
- What would it look like for you to intentionally become that kind of person?
What rhythms, habits, or practices help you grow familiar with His voice?

> The conclusion is not: *Watch out for false teachers.*

> The conclusion is: *Become the kind of person who recognizes Jesus’ voice.*

5. Application

- Who actually has the loudest voice in your life? What’s your honest answer today?
Identify one voice you need to turn down, or maybe even off.
- What is one practical way you can “*test every voice*” this week?
- Engage one practice that helps you turn up Jesus’ voice. For example...

> Try **30 for 30 with Jesus**:

- 30 minutes per day of focussed time with Jesus for 30 days.

- 10min of Bible Reading / 10min of Journaling / 10min of Prayer

- How can our group help each other grow in discernment without becoming cynical?
- Recommended Resources:
 - > Book: [How To Hear God - A Simple Guide For Normal People](#), by Pete Greig.
 - > Workshop: [Hearing God Workshop](#) at Main Street Church - Fall 2026.

Prayer (15min)

>> Break into groups of 3-4 people to enhance this time.

- **Thank God** that we belong to Him and that His Spirit leads us into truth.
- **Ask for discernment** to recognize voices that don’t sound like Jesus.
- **Pray for confidence** to trust Jesus above every competing voice.
- **Invite the Spirit** to make Jesus’ voice unmistakable this week.