

# Main Street Church - Life Group Guide

**Message:** The Authority of Christ

**Guest Speaker:** Pastor Bob Marvel, from [Cornwall Church](#)

**Date:** February 1, 2026



## Connect (30min)

### 1. AUTHORITY FIGURES

- Who are two of your favorite authors? (outside of the Bible) Why do you like their writing?
- Who are two “authority figures” that have positively impacted your life, and why?

### 2. FEBRUARY FOCUS

- What is one challenge or opportunity for you in February?
- What is your personal reading/devotional plan for your time with Jesus this month?

### 3. TAKE 5 – Share the Reading of [Psalm 103](#).

Take 5 minutes to give thanks to God, and pray for one another before discussing Sunday’s message.

## Message Discussion (45min)

### The Authority of Christ

#### 1. Wise Living

- a. Read [Ephesians 5:15-17](#).

In response to Sunday’s sermon story:

Have you ever met someone like **Alta Ruth** who lived a “*long obedience in the same direction*” under Christ’s authority? Share about their life and influence.

- b. If so, what words of wisdom (life hacks) do you think he/she would share with us?

#### 2. Authority Figures

- a. What things or people do we tend to allow to have authority in our lives? How do they influence us?  
List of a few common examples as a group: *Input, decisions, perspectives, attitudes, values, priorities etc.*
- b. Which authorities do we tend to resist and rebel against, and why?

#### 3. Crossroads

- a. Have you ever made a wrong decision at a *crossroads* (driving or hiking...)? How did that turn out?
- b. Read [Proverbs 3:1-7, 16:25](#).  
Would anyone be willing to share with the group a decision you made based on your own thoughts that ended with regret? A “vowel” decision.
- c. Read [Jeremiah 6:16](#) and [Acts 3:12-15](#).  
Why do you think we may be hesitant to let the “**Author of Life**” have authority in our life?
- d. Read [Matthew 7:24, James 1:22](#).  
Are you willing to share a “Jesus-authored” decision that has served you well?  
Why is hearing, agreeing and believing Jesus’ words not enough?

#### 4. Alpha & Omega Matters

a. Read [Revelation 22:12-13](#).

Who is the most qualified and competent AUTHORity for our lives?

How would our lives be different if we lived like we believed Jesus was everything in the A-Z?

b. Read [1 Peter 5:6-10](#).

Is there an area of your life that our spiritual enemy is exploiting that needs to be surrendered to the authority of Jesus? For encouragement, accountability and prayer – are you willing to share that?

#### PRAYER (15min)

\*Set aside 15min to Pray together as a group. Break into groups of 3-4 people to enhance this time.

- Take a minute to briefly share 1 need in your life for prayer, and 1 person you're praying for.
- Engage these Prayer themes and prompts as you praise God and pray for one another.

> "WOW..." - Short Prayers of praise and wonder for God. (4min)

> "THANKS..." - Short Prayers of thanksgiving to God. (4min)

> "HELP..." - Focused Prayers for God's help in your life and others. (4min)

#### FYI

>> Share announcements and confirm your plans for your next Life Group meeting.

- *Project3:15 Apologetics Conference*. Saturday, February 28. Visit [mainstreetchurch.ca/project315](http://mainstreetchurch.ca/project315) to register.
- *Together for Good: Marriage Workshop*. Saturday, March 21. [mainstreetchurch.ca/marriages](http://mainstreetchurch.ca/marriages) to register.