

Main Street Church - Life Group Guide

Message: The Authority of Christ

Guest Speaker: Pastor Bob Marvel, from [Cornwall Church](#)

Date: February 1, 2026



Connect (30min)

1. AUTHORITY FIGURES

- Who are two of your favorite authors? (outside of the Bible) Why do you like their writing?
- Who are two “authority figures” that have positively impacted your life, and why?

2. FEBRUARY FOCUS

- What is one challenge or opportunity for you in February?
- What is your personal reading/devotional plan for your time with Jesus this month?

3. TAKE 5 – Share the Reading of [Psalm 103](#).

Take 5 minutes to give thanks to God, and pray for one another before discussing Sunday’s message.

Message Discussion (45min)

The Authority of Christ

1. Wise Living

- a. Read [Ephesians 5:15-17](#).

In response to Sunday’s sermon story:

Have you ever met someone like *Alta Ruth* who lived a “**long obedience in the same direction**” under Christ’s authority? Share about their life and influence.

- b. If so, what words of wisdom (life hacks) do you think he/she would share with us?

2. Authority Figures

- a. What things or people do we tend to allow to have authority in our lives? How do they influence us?

List of a few common examples as a group: *Input, decisions, perspectives, attitudes, values, priorities etc.*

- b. Which authorities do we tend to resist and rebel against, and why?

3. Crossroads

- a. Have you ever made a wrong decision at a *crossroads* (driving or hiking...)? How did that turn out?

- b. Read [Proverbs 3:1-7, 16:25](#).

Would anyone be willing to share with the group a decision you made based on your own thoughts that ended with regret? A “vowel” decision.

- c. Read [Jeremiah 6:16](#) and [Acts 3:12-15](#).

Why do you think we may be hesitant to let the “**Author of Life**” have authority in our life?

- d. Read [Matthew 7:24, James 1:22](#).

Are you willing to share a “Jesus-authored” decision that has served you well?

Why is hearing, agreeing and believing Jesus’ words not enough?

4. Alpha & Omega Matters

- a. **Read [Revelation 22:12-13](#).**

Who is the most qualified and competent AUTHORITY for our lives?

How would our lives be different if we lived like we believed Jesus was everything in the A-Z?

- b. **Read [1 Peter 5:6-10](#).**

Is there an area of your life that our spiritual enemy is exploiting that needs to be surrendered to the authority of Jesus? For encouragement, accountability and prayer – are you willing to share that?

PRAYER (15min)

*Set aside 15min to Pray together as a group. Break into groups of 3-4 people to enhance this time.

- **Take a minute to briefly share 1 need in your life for prayer, and 1 person you're praying for.**
- **Engage these Prayer themes and prompts as you praise God and pray for one another.**

> "WOW..." - Short Prayers of praise and wonder for God. (4min)

> "THANKS..." - Short Prayers of thanksgiving to God. (4min)

> "HELP..." - Focused Prayers for God's help in your life and others. (4min)

FYI

>> Share announcements and confirm your plans for your next Life Group meeting.

- ***Project3:15 Apologetics Conference.*** Saturday, February 28. Visit mainstreetchurch.ca/project315 to register.
- ***Together for Good: Marriage Workshop.*** Saturday, March 21. mainstreetchurch.ca/marriages to register.