

Dirt & Breath:

Understanding the Biblical "Living Soul"

THREE WAYS TO VIEW A HUMAN



We Are Just Organized Dirt
Purely atoms and molecules;
value based only on functionality
and performance.



The Gnostic Hangover
Body is an evil cage holding
the spirit back; leads to neglect
or justification of sin.



The Interacting Duality
Tapestry matrix where body and spirit are
intricately connected and interdependent.

THE EQUATION OF LIFE (GENESIS 2:7)



Ordinary, Fragile Dust
Made of ground; signifies
mortality, vulnerability, and
physical dependence.



The Divine Kiss
God breathed life directly
(Ruach/Pneume); relational
life spark and dynamic
force.



Dust + Breath = Living Soul
We DO NOT HAVE a soul; we
ARE a soul (whole integrated
person) when material and
immaterial unite.

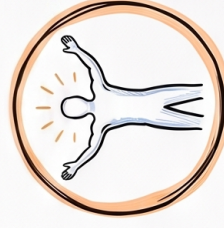
THE BIBLICAL LEXICON (DIFFERENT LENSES)



**Nephesh (Hebrew) /
Psyche (Greek)**
The Soul as a 'Needy
Throat' - We are dependent
beings requiring breath,
food, and water.



**Ruach (Hebrew) /
Pneuma (Greek)**
Spirit as Connection -
Refers to wind or dynamic
force; connects with, is
motivated by, and
worships God.



Soma (Greek)
Body as a Worship
Vehicle -
- Organ through which we
experience responsibility
and express 'instruments
of righteousness'.

HOLISTIC LIVING & FUTURE HOPE

**If the Body Suffers,
the Spirit Struggles**



Lack of sleep, chronic pain, and
anxiety demonstrate physical state
impacts spiritual well-being.

The Charles Finney Lesson



Revivalist realized body, soul, and
spirit are interconnected; requires
8 hours of sleep.

**The Hope of
the Resurrection**



True wellness fully realized in
the resurrection of the body,
not a disembodied existence.