

## Learning from Jesus

Ephesians 4:17-32

Christianity isn't about following a set of religious rules, it's about following a person!

Following Jesus means saying "no" to the false, futile, and fleshly ways of the world for the rest of your life.

Following Jesus involves learning Jesus, from Jesus, to live like Jesus.

The goal of our teaching in the church is for people to follow Jesus

The new life we are learning from Jesus prioritizes what we think in an effort to practice what Jesus says in our hearts and with our hands.

"If the churches came to understand that the greatest threat to faith today is not hedonism but distraction, perhaps they might begin to appeal anew to a frazzled digital generation." - Andrew Sullivan

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Renewing your mind requires time with the Lord, and time with the Lord requires time, silence, and solitude.

Three things you can do immediately:

1. Daily time alone with God
2. Less noise from the world
3. Replace the noise with relationships and the things you want your family and friends to talk about when you are gone.

Loving Jesus and living the way He tells us requires a commitment to learning from Jesus.