NEW SERIESEASIER SAID THAN DONE

DON'T WORRY

September 11th, 2022

Pastor Juan Vasquez

Matthew 6:25-34 (NIV)

(VS 25) "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?

(VS 26) Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.

Are you not much more valuable than they?

GOD IS OUR PROVIDER

(<u>VS 27</u>) Can any one of you by worrying add a single hour to your life?

WORRYING IS HARMFUL TO OUR HEALTH

(VS 28-30) "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will He not much more clothe you--you of little faith?

WE ARE GOD'S PRIZED POSSESSION

(<u>VS 31,32</u>) So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them.

GOD KNOWS WE HAVE NEEDS

(VS 33) But seek first His kingdom and His righteousness, and all these things will be given to you as well.

(<u>VS 34</u>) Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

WE WORRY ABOUT THINGS THAT MAY NEVER HAPPEN



TRUST:

<u>1a</u>: assured reliance on the character, ability, strength, or truth of someone or something. **<u>1b</u>**: to place confidence in : rely on

IF WE WANT THE PERFECT PEACE OF GOD, WE HAVE TO TRUST THE GOD OF PERFECT PEACE!

KNOW GOD

Psalm 46:10 (NLT)

"Be still, and know that I am God!"

HIDE IN GOD

Psalm 27:5 (NIV)

For in the day of trouble He will keep me safe in His dwelling; He will hide me in the shelter of His sacred tent and set me high upon a rock.

REST IN GOD

Proverbs 3:5 (NIV)

"Trust in the LORD with all your heart and lean not on your own understanding"

Isaiah 26:3-4 (NLT)

You will keep in perfect peace all who trust in You, all whose thoughts are fixed on You! Trust in the LORD always, for the LORD GOD is the eternal Rock.

NEXT WEEK: DON'T CAVE

"WHEN THE WORLD PRESSURES YOUR FAITH"

We're so glad you joined us. If you would like more information about God, Jesus and the Bible, please talk with any of our church leaders.

Thank you for joining us!