



JANUARY 18, 2026 | Dr. Jimmy Stewart

Jesus Changes Everything *Lies to Truth*

Scripture: John 8:44–45, 14:6, 17:17; Psalm 119:160

Spotlight: The devil deceives with lies, but Jesus is truth.

Summary: From the beginning, humanity has lived under the weight of deception. Jesus makes clear in **John 8:44–45 (NLT)** that the devil is “the father of lies,” a deceiver whose aim is to distort reality, enslave the mind, and separate people from God and each other. Lies are not harmless—creating doubt, compromising trust, confusing identity, and causing sinners to not see their true need and the source of help. When truth confronts lies, resistance often follows, because lies feel familiar and comfortable, while truth always demands repentance and surrender.

Into the darkness created by deception, Jesus speaks a revolutionary claim: **“I am the way, the truth, and the life” (John 14:6, NLT)**. Truth is not merely a concept, doctrine, or philosophy—it is a Person. Jesus does not simply tell the truth; He *is* the truth. To come to Jesus is to step out of deception and into reality as God defines it. Jesus exposes the lies we believe about God (“He cannot be trusted”), about ourselves (“I am beyond hope”), and about sin (“It will satisfy me”). In Christ, all lies lose their power.

Jesus also prays for His followers, **“Make them holy by your truth; teach them your word, which is truth” (John 17:17, NLT)**. Truth not only saves—it sanctifies. God’s Word renews the mind, reshapes desires, and reorients daily living. As believers submit to Scripture, the Holy Spirit replaces lies with gospel truth, creating freedom, increased obedience, spiritual maturity and abundant life.

Jesus changes everything. He breaks the chains of deception, reveals reality as God intends it, and leads His people in the freedom of truth. The invitation

is clear: stop believing the lies that keep you bound in spiritual slavery, and come to Jesus—the Truth who sets you free.

Truth is Under Attack. Always has been. Will be to the end of time. Deception begins in hearts and minds and explodes in culture. The peace of God will guard your hearts and minds in Christ Jesus if you ask Him, if you allow Him and if you are obedient to Him (Philippians 4:7)! The truth sets you free but lies hold you captive. Where does the peace come from . . . knowing and believing the truth!

I. The Father of Lies.

John 8:44–45 NLT

44 For you are the children of your father the devil, and you love to do the evil things he does. He was a murderer from the beginning. He has always hated the truth, because there is no truth in him. When he lies, it is consistent with his character; for he is a liar and the father of lies.

45 So when I tell the truth, you just naturally don't believe me! John 8:44-45

II. Truth Has a Name!

John 14:6

Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me.

John 17:17

Make them holy by your truth; teach them your word, which is truth.

III. Truth Endures Forever!

Psalm 119:160 MSG

Your words all add up to the sum total: Truth.
Your righteous decisions are eternal.

Psalm 119:160 NLT

The very essence of your words is truth;
all your just regulations will stand forever.

Psalm 100:5 NKJV

For the Lord *is* good;
His mercy *is* everlasting, His truth endures to all generations.

NEXT STEPS:

"Stop believing the lies that are keeping you bound—come to the Jesus who is truth."

1. Can We Know the Truth? *Yes, absolutely*
2. How Can We Know the Truth? *The Word of God and His Holy Spirit*
3. How Do We Share the Truth? *Share the Word of God, Share what we've learned*
4. Who Decides What is Truth? *God*
5. How Do We Know Truth Wins? *Jesus' victory over death*
6. What Consequences Do Lies Create? *Evil. Separation from God and One Another*
7. What Benefits Does Truth Create? *Connection to God and to One Another*
8. Why Does Truth Matter? *No life without Truth*
9. Why Do Courts Exist? *Determine the Truth*
10. Why Do Laws Exist? *Clearly Identify Truth and Lies*
11. What Would the World Look Like if Everybody Told the Truth?
12. What Would the Church Look Like if Everybody Told the Truth?
13. What Would Your Marriage Look Like if You Both Told the Truth?
14. What Lies Are You Believing?
15. What is the Source of Truth for You?

Life Application:

1. Father of Lies — John 8:44–45

- What recurring lies do you recognize in your thinking about God, yourself, or your circumstances?
- How can you discern truth—whether a statement or belief aligns with God's Word or reflects the enemy's deception?
- How do you respond with truth is uncomfortable for you? For others?
- What practical steps can you take this week to replace a specific lie with biblical truth?

2. Truth Has a Name — John 14:6

- In what ways are you tempted to treat truth as an idea rather than a relationship with Jesus?
- How does trusting Jesus as *the Truth* reshape your decisions, priorities, and actions?

- How can your daily walk reflect confidence that real life and freedom are found only in Christ?

3. Truth Endures — Book of Psalms 119:160

- What voices compete with God's Word for authority in your life?
- In what ways does knowing that God's truth *endures forever* bring stability in uncertain times?
- Are there areas where you know Scripture but have not yet submitted to it?
- What habit can you establish to keep God's Word shaping and guarding your mind and heart consistently?

Closing Reflection:

Which lie must be confronted today, and which enduring truth from God's Word will you cling to as Jesus continues to change you and others around you?

NOTE: Summary and Life Application created using Custom ChatGPT 4.0, January 2026. Edited for clarity, accuracy and context by Dr. James M. Stewart for First Baptist Gulfport.