



August 23, 2026 | Chris Weir

More Than Help

Summary: Have you ever tried to grab something while wearing glasses that are fogged or scratched up? It can be difficult to grab ahold of the right thing if something is clouding your vision. Paul wrote a letter to the Galatians because they allowed their view of Jesus to be clouded by ideas that He isn't enough. The Galatians had received the gospel with joy, but they were starting to believe that salvation and receiving the Holy Spirit was a result of faith in Jesus plus obedience to the law.

Paul challenged the Galatians then and reminds us today that the equation of faith is Jesus + NOTHING. This passage comes right after our theme verse for the year, **Galatians 2:20**. "It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God who loved me and gave himself for me." The promise God made to us in Christ long before we were ever born hasn't changed. Our response must not either.

1. A distorted vision can cause us to grab ahold of the wrong object. (Galatians 3:1-6)

Galatians 3:1-6 ESV

"O foolish Galatians! Who has bewitched you? It was before your eyes that Jesus Christ was publicly portrayed as crucified. Let me ask you only this: Did you receive the Spirit by works of the law or by hearing with faith? Are you so foolish? Having begun by the Spirit, are you now being perfected by the flesh? Did you suffer so many things in vain—if indeed it was in vain? Does he who supplies the Spirit to you and works miracles among you do so by works of the law, or by hearing with faith

—just as Abraham “believed God, and it was counted to him as righteousness”?”

2. There has ALWAYS been ONE object of the faith. (Galatians 3: 7-14)

Galatians 3:7-14 ESV

“Know then that it is those of faith who are the sons of Abraham. And the Scripture, foreseeing that God would justify the Gentiles by faith, preached the gospel beforehand to Abraham, saying, “In you shall all the nations be blessed.” So then, those who are of faith are blessed along with Abraham, the man of faith. For all who rely on works of the law are under a curse; for it is written, “Cursed be everyone who does not abide by all things written in the Book of the Law, and do them.” Now it is evident that no one is justified before God by the law, for “The righteous shall live by faith.” But the law is not of faith, rather “The one who does them shall live by them.” Christ redeemed us from the curse of the law by becoming a curse for us—for it is written, “Cursed is everyone who is hanged on a tree”— so that in Christ Jesus the blessing of Abraham might come to the Gentiles, so that we might receive the promised Spirit through faith.”

3. Nothing else will do.

Life Application:

1. What are some things that can distort our vision of the gospel?
2. Where are you most tempted to add something to Jesus?
3. How does Abraham’s faith help us understand salvation as a result of faith rather than works?
4. What is the difference between knowing Jesus is enough and practically living this truth out?