



April 12, 2026 | Dr. Jimmy Stewart

Jesus Changes Everything

Fear → Peace

Scripture: Isaiah 57:20–21; John 14:27; Philippians 4:6–7; Isaiah 26:3

Spotlight: True peace is found only in reconciliation with God.

Summary: Fear is one of the clearest indicators of distance from God in this fallen world. Isaiah reminds us that apart from God there is no real peace, only inner turmoil and unrest. But **Jesus came to give what the world cannot give**—peace of mind and heart through a right relationship with God. Then, as believers live in Christ, bringing burdens and concerns to Him in prayer, His peace stands guard over their hearts and minds. Jesus changes everything—even our fear—by bringing us from unrest to reconciliation and from anxiety to the guarding peace of God.

I. Peace is absent apart from Jesus.

Isaiah 57:20-21

20 “But those who still reject me are like the restless sea, which is never still but continually churns up mud and dirt. 21 There is no peace for the wicked,” says my God.

- No Jesus, No Peace

II. Peace is given by Jesus.

John 14:27

I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don’t be troubled or afraid.

- Know Jesus, Know Peace

II. Peace guards hearts and minds in Christ Jesus.

Philippians 4:6-7

6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Isaiah 26:3

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

Next Steps: Lay your fears down and let the Prince of Peace rule your heart.

Life Application:

1. When you hear the phrase "true peace is found only in reconciliation with God," what stands out to you most?
2. How is peace described in the Bible different from temporary calm, emotional relief, or simply having problems removed?
3. **Read Isaiah 57:20–21.** Why do you think God compares those who reject Him to a restless sea? In what ways does that image describe the condition of a heart that is not surrendered to Christ?
4. **What fears most commonly disturb people today?** Which of those fears do you personally struggle with most, and how have those fears affected your thinking, relationships, daily life or walk with God?
5. **Read John 14:27.** Jesus says His peace is not like the peace the world gives. What are some false sources of peace people commonly turn to, and why do those substitutes eventually fail? How is Jesus' peace different from worldly peace?
6. **Read Philippians 4:6–7.** According to this passage, what practical steps move a believer from anxiety toward peace? Which part is hardest for you personally: refusing worry, praying specifically, thanking God, or trusting Him to guard your heart and mind and why?

7. **How can fear become a spiritual issue and not just an emotional struggle?**

In what ways can fear reveal areas where we are resisting God, doubting His character, or trying to remain in control instead of trusting Christ?

8. **What is one specific fear, burden, or anxious thought you need to lay before the Lord this week?** How can you encourage others to live in the peace of Christ and not return to patterns of fear?