



Psalms for Life

Sermon: God Sees & Hears Us in our Distress (Psalm 107:1-9)

Summary: Psalm 107, like many of the other Psalms, contains historical reflections on God's work for his people. Psalm 107 is a hymn of praise to God for answering the prayer of Psalm 106. (see 106:47 and 107:2-3) After an initial call to give thanks in verses 1-3, the Psalmist gives the reasons to give thanks in verses 4-42. In verses 4-32 four types of trouble are mentioned:

Homelessness v. 4, Depression v. 10, Foolishness v. 17, and Being Battered v. 26. In every trouble, God's people cried out and God delivered His people from their trouble. Psalm 107 is a reminder that the words of Jesus found in John 16:33, "In this world you will have trouble," have been true from the moment Adam sinned. We will have trouble and we can take heart because Christ has overcome the world. No matter the problem you are facing, there is deliverance in Christ.

Do you have problems?

- The word "**TROUBLE**" is used throughout Psalm 107.

"Lord, help!" they cried in their trouble...and he rescued them from their distress." **Psalm 107:6, 13, 19, 28 NLT**

- What are we guaranteed in this world? **TROUBLE!**

"In this world you will have trouble. But take heart! I have overcome the world." **John 16:33 NLT**

- What should we do when we're in Trouble? **CALL OUT TO THE LORD**

Psalm 107:6, 13, 19, 28 NLT

“Lord, help!” they cried in their trouble, and he rescued them from their distress.

- What happens when God rescues us from our TROUBLE?

OUR CRIES OF DISTRESS *BECOME* SONGS OF PRAISE.

Psalm 107: 8, 15, 21, 31 NLT

*Let them praise the Lord for his great love
and for the wonderful things he has done for them.*

**God Rescues Us because He is GOOD and His Faithful Love
Endures Forever!**

Psalm 107:1 NLT

*Give thanks to the Lord, for he is good!
His faithful love endures forever.*

The FOUR Types of Trouble Found in Psalm 107

1. Homelessness (v. 4)
2. Depression (v. 10)
3. Foolishness (v. 17)
4. Being Battered (v. 26)

Psalm 107 4-9

- 4 Some wandered in the wilderness,
lost and homeless.
- 5 Hungry and thirsty,
they nearly died.
- 6 “Lord, help!” they cried in their trouble,
and he rescued them from their distress.
- 7 He led them straight to safety,
to a city where they could live.
- 8 Let them praise the Lord for his great love
and for the wonderful things he has done for them.
- 9 For he satisfies the thirsty
and fills the hungry with good things.

CHRIST is God’s *Rescue* from HOMELESSNESS!

Ephesians 3:16-19 NLT

I pray that from God's glorious, unlimited resources He will empower you with inner strength through His Spirit. 17 Then Christ will make His home in your hearts as you trust in Him. Your roots will grow down into God's love and keep you strong. 18 And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep His love is. 19 May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

COMMUNITY is God's **Rescue** from **HOMELESSNESS!**

Romans 12:4 & 5 NLT

Just as our bodies have many parts and each part has a special function, 5 so it is with Christ's body. We are many parts of one body, and we all belong to each other.

CONSUMMATION of the age is God's **ultimate** rescue from HOMELESSNESS!

Revelation 19: 6-9 NLT

6 Then I heard again what sounded like the shout of a vast crowd or the roar of mighty ocean waves or the crash of loud thunder:

"Praise the Lord!

For the Lord our God, the Almighty, reigns.

7 Let us be glad and rejoice,
and let us give honor to him.

For the time has come for the wedding feast of the Lamb,
and his bride has prepared herself.

8 She has been given the finest of pure white linen to wear."

For the fine linen represents the good deeds of God's holy people.

9 And the angel said to me, "Write this: Blessed are those who are invited to the wedding feast of the Lamb." And he added, "These are true words that come from God."

Find Your Heart's Home in Christ, in Christian Community, and in the Hope of the Consummation of the Age.

Life Application Study Guide

1. What problems do you have? (if you are not comfortable verbalizing your problems in a group setting, you can verbalize them to God.)

2. Have you ever “cried out to God in distress?” If yes, what was the result? If no, what are the reasons?
3. In Psalm 107:1 we read, “Give thanks to the Lord, for he is good! His faithful love endures forever.” The basis of our offering thanks to God is His goodness and faithful love. How has God demonstrated His goodness and faithful love to you?
4. While there are four types of distress mentioned in Psalm 107, we’ve focused on the “homelessness” mentioned in vv. 4-9. How have you experienced homelessness?
5. Read Ephesians 3:16-19. How does someone make their heart Christ’s home? What are some of the benefits to Christ making His home in our hearts?
6. How is Christian Community a remedy to “homelessness?” (See John 8:35, Rom. 12:5, 1 Cor. 12:15-16, Gal. 6:10 and Rev. 21-22.)
7. Read Revelation 19:6-9 and envision being gathered with Christ at the great feast that marks the beginning of ALL things being made new.