



## Psalms for Life

**Sermon:** Seek the Presence of the Lord Continually (Psalm 105:4)

**Weekly Reading:** Psalm 99-105

**Summary:** It is easy with all of life's demands and distractions to find yourself disconnected from the Lord. Staying connected requires diligence in faith and practice. Your belief drives your behavior. What you believe determines, in so many ways, over and over again, your direction! What are you doing? Where are you going? Make sure, as a believer, to keep the compass of your life aimed directly at Jesus, all the time in every situation and circumstance, regardless of the ups and downs of life. Reading the Psalms is a great and regular way to stay focused on the Lord. Psalm 105 gives solid reminders of the need to give thanks and praise for all that the Lord has done. To seek Him and the strength that He gives and that He can be trusted to never waver in His covenant relationship with His children! Remember and practice these truths consistently and you will remain connected with Him!

**Memory Verses:** 1 Oh give thanks to the LORD; call upon his name; make known his deeds among the peoples! 4 Seek the LORD and his strength; seek his presence continually!

### Psalm 105

- 1 Oh give thanks to the LORD; call upon his name;  
make known his deeds among the peoples!
- 2 Sing to him, sing praises to him;  
tell of all his wondrous works!
- 3 Glory in his holy name;  
let the hearts of those who seek the LORD rejoice!

## I. Give Thanks to the Lord ~ Call Upon His Name ~ Make Known His Deeds

SING ~ GLORY ~ JOY

- 4 Seek the LORD and his strength;  
seek his presence continually!  
5 Remember the wondrous works that he has done,  
his miracles, and the judgments he uttered,  
6 O offspring of Abraham, his servant,  
children of Jacob, his chosen ones!

## II. Seek the Lord, His Strength and His Presence Continually.

7 So to keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. 8 Three times I pleaded with the Lord about this, that it should leave me. 9 But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. 10 For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

### **2 Corinthians 12:7-10**

"The church of Christ and the spiritual life of thousands of its members suffer from root disease—the neglect of secret communion with God. It is the lack of secret prayer, the neglect of the maintenance of a hidden life 'rooted and grounded in love' (Ephesians 3:17), that explains the inability of the Christian life to resist the world and its failure to produce fruit abundantly. Nothing can change this except the restoration of the inner chamber in the life of the believer. As Christians learn to daily sink their roots deeper into Christ and to make secret personal fellowship with God their main priority, true godliness will flourish."

Andrew Murray, *The Practice of God's Presence*

- 7 He is the LORD our God;  
his judgments are in all the earth.  
8 He remembers his covenant forever,  
the word that he commanded, for a thousand generations,  
9 the covenant that he made with Abraham,  
his sworn promise to Isaac,  
10 which he confirmed to Jacob as a statute,  
to Israel as an everlasting covenant,  
11 saying, "To you I will give the land of Canaan  
as your portion for an inheritance."

## III. The Lord our God Honors His Covenant Forever.

- He will never leave us or forsake us! (Deuteronomy 31:6, 8; Joshua 1:5; 1 Kings 8:57; 1 Chronicles 28:20; Hebrews 13:5)

## Life Application Study Guide

1. Pray thanking the Lord for all He has done for you, seeking His presence and asking Him to give you His strength to serve Him daily.
2. What things are you truly thankful to God for in your life? How often do you thank the Lord for all he has done for you? What are some ways that you can demonstrate your thankfulness to Him?
3. What deeds has the Lord done that you can make known to people in your life? What difference does it make to speak to others what the Lord has and is doing in the world and in your life?
4. When do you need the Lord's strength the most? If you need muscles to lift objects and to get up and move around, how and when should you work to strengthen your muscles in order to have them when you need them? Does this physical truth relate to our spiritual need for the Lord's strength? If so, in what ways?
5. What happens when you are physically weak? What happens when you are spiritually weak?
6. What is the Lord's covenant with Abraham (SEE: Genesis 12:1-3, 7)? Why is it important that the Lord honors His covenant with his children forever? What is His covenant with you? What is your part in the covenant relationship with Him?
7. What is meant by the scripture "He will never leave us or forsake us?" (Deuteronomy 31:6, 8; Joshua 1:5; 1 Kings 8:57; 1 Chronicles 28:20; Hebrews 13:5) What should our response(s) be to this promise?