



One: A Study of Ephesians

Spiritual Blessings of Knowledge & Power (Lord's Supper)

Ephesians 1:15-23

Summary: Paul concludes chapter one with a reminder of a prayer he regularly offers to the Father of glory on behalf of the Believers in Ephesus. Paul makes knowledge for the Believers a focus of his prayer. He understands that their knowledge of God will lead to wisdom and revelation. Knowledge is a spiritual blessing like predestination, adoption and the Holy Spirit. Power is also a spiritual blessing. Power that the Father has is demonstrated in the Son and delivers by the Spirit (Acts 1:8). Paul is asking God in his prayers to give Believers the spiritual blessings of knowledge and power. May Believers ask Him for the same things and also pray for others to receive them as well!

Ephesians 1:3

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places,

Ephesians 1:15-23

I. Paul does not cease giving thanks for the Ephesian Believers because of their faith in the Lord Jesus and their love toward all the saints!

Ephesians 1:15-16

15 For this reason, because I have heard of your faith in the Lord Jesus and your love toward all the saints, 16 I do not cease to give thanks for you, remembering you in my prayers,

II. Paul asks the Father of glory to give the Ephesian Believers the Spirit of wisdom and of revelation in the knowledge of Him!

Ephesians 1:17

17 that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him,

III. Paul asks the Father of glory that the Ephesian Believers would know the immeasurable greatness of His power toward all who believe.

Ephesians 1:18-23

18 having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, 19 and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might 20 that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, 21 far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come. 22 And he put all things under his feet and gave him as head over all things to the church, 23 which is his body, the fullness of him who fills all in all.

Acts 1:8

But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.

Life Application Discussion Guide

1. Is there someone in your life praying for you regularly? Who? How do you know? Do you know what they pray?
2. Is there someone in your life that you pray for regularly? Who? Do they know? What do you pray?
3. What or who is the source of knowledge and power?
4. What is the purpose of knowledge and power?
5. What can you do if you lack knowledge or power?
6. How does the Father bless you spiritually with knowledge and power? Why?
7. PRAY: Ask the Father of glory to bless you with knowledge and power that you may accomplish His will.