



Message 4: Christ Is Our Thanksgiving Feast

Text: Luke 22:14–20; 1 Corinthians 11:23–26 (NLT)

Introduction:

The Lord's Supper is a table of thanksgiving—because in Christ, grace has the final word. How do I let the grace I receive at the Table translate into living an everyday life of gratitude and generosity?

Luke 22:14–20 (nlt)

14 When the time came, Jesus and the apostles sat down together at the table.
15 Jesus said, "I have been very eager to eat this Passover meal with you before my suffering begins. 16 For I tell you now that I won't eat this meal again until its meaning is fulfilled in the Kingdom of God." 17 Then he took a cup of wine and gave thanks to God for it. Then he said, "Take this and share it among yourselves. 18 For I will not drink wine again until the Kingdom of God has come."
19 He took some bread and gave thanks to God for it. Then he broke it in pieces and gave it to the disciples, saying, "This is my body, which is given for you. Do this to remember me." 20 After supper he took another cup of wine and said, "This cup is the new covenant between God and his people—an agreement confirmed with my blood, which is poured out as a sacrifice for you."

1 Corinthians 11:23–26 (nlt)

23 For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread 24 and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this to remember me."
25 In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people—an agreement confirmed with my

blood. Do this to remember me as often as you drink it." 26 For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.

1. The Table Reminds Us What Christ Gave For Us

"This is My body, given for you." (Luke 22:19)

Luke 22:19 nlt

19 He took some bread and gave thanks to God for it. Then he broke it in pieces and gave it to the disciples, saying, "This is my body, which is given for you. Do this to remember me."

2. The Table Reveals What Christ Works In Us

"This cup is the new covenant..." (1 Cor. 11:25)

1 Corinthians 11:25 nlt

25 In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this to remember me as often as you drink it."

3. The Table Sends Us Out to Live the Grace We've Received

"You announce the Lord's death until He comes." (1 Cor. 11:26)

1 Corinthians 11:26 nlt

26 For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.

Discussion Questions

1. Why do you think Jesus chose to give thanks on the night He was betrayed? What does that teach us about thanksgiving rooted in grace rather than circumstances?
2. How does remembering Christ's sacrifice at the Table affect the way you handle stress, disappointment, or conflict during the week?
3. The new covenant means Jesus not only forgives but transforms. Where do you see the Spirit shaping new gratitude or generosity in your life?
4. In what practical ways can you "announce the Lord's death until He comes" through your daily habits, words, and relationships?
5. What step of gratitude or generosity is the Holy Spirit nudging you to take as a response to God's grace this Thanksgiving season?