



The  
**Resurrection**  
and the Life

**John 11:25-26**  
**The Resurrection Proofs**  
**Acts 1:3-15 Acts 1:3-15**  
**Dr. Jimmy Stewart**  
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**Sermon Summary**

**Jesus Foretold His Death, Burial and Resurrection!**

In the months leading up to His execution, Jesus revealed in graphic detail to His disciples what was coming. Had the shock of His arrest, beating, trial and death on the cross been too much for even one of them to remember what he said? Had the connection to what Jesus said and what they witnessed not been what they expected? Had the disciples disregarded what Jesus said because they expected something totally different than what happened? Christians who are not vigilant, steeped in the Scriptures and walking in the Spirit are susceptible to similar moments of indecision and uncertainty, fear and worry. How can the teachings of Jesus, the experiences of His disciples and the resurrection help us be prepared for anything?

**Diving Into The Message**

**All four Gospels revel that Jesus' repeatedly pointed to His death and His resurrection**

**1. Jesus Is Alive!**

*He presented himself alive to them after his suffering by many proofs*

**Acts 1:3**

**2. Jesus Appears to His Disciples!**

*He presented himself alive to them after his suffering by many proofs, appearing to them during forty days and speaking about the kingdom of God. And while staying with them he ordered them not to depart from Jerusalem, but to wait for the promise of the Father, which, he said, "you heard from me; for John baptized with water, but you will be baptized with the*

*Holy Spirit not many days from now.” So when they had come together, they asked him, “Lord, will you at this time restore the kingdom to Israel?” He said to them, “It is not for you to know times or seasons that the Father has fixed by his own authority. But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”* **Acts 1:3-15**

### **3. Jesus Ascends into Heaven!**

*And when he had said these things, as they were looking on, he was lifted up, and a cloud took him out of their sight. And while they were gazing into heaven as he went,* **Acts 1:9-10**

### **4. Jesus Is Coming Again!**

*[10] And while they were gazing into heaven as he went, behold, two men stood by them in white robes, [11] and said, “Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven.”* **Acts 1:10-11**

### **5. The Disciples Were Waiting and Praying in Jerusalem!**

*And while staying with them he ordered them not to depart from Jerusalem, but to wait for the promise of the Father, which, he said, “you heard from me; or John baptized with water, but you will be baptized with the Holy Spirit not many days from now.”*

*Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a Sabbath day’s journey away. And when they had entered, they went up to the upper room, where they were staying, Peter and John and James and Andrew, Philip and Thomas, Bartholomew and Matthew, James the son of Alphaeus and Simon the Zealot and Judas the son of James. All these with one accord were devoting themselves to prayer, together with the women and Mary the mother of Jesus, and his brothers. In those days Peter stood up among the brothers (the company of persons was in all about 120).*

**Acts 1:4-5, 12-15**

### **Life Application**

1. In the Gospel of John 11:25, Jesus said, “I am the resurrection and the life.” Do you believe this statement? When did you believe? What led to your belief?
2. Jesus appeared to the women who went looking for him but found the tomb empty, to his disciples and to over 500 believers at one time and then to Saul on the Road to Damascus. What is significant about these appearances?
3. What stands out to you about the time after the resurrection and before the ascension? What was different about the disciples after the resurrection compared with the time after Jesus’ arrest and before his death on the cross and his burial?
4. Do you know anyone who has not believed that Jesus has been resurrected?
5. Do you know anyone who claims to be a Christian but lives more like the disciples did during the time of Jesus’ arrest, death on the cross and his burial?
6. After Jesus was resurrected and appeared to his disciples, how did they change?
7. Have you changed since you came to believe Jesus is the resurrection and the life?
8. Which word best characterizes your relationship with Jesus right now? Your spouse? Your close friends? A. Fearful B. Looking C. Waiting or D. Proclaiming
9. Pray asking the Lord to open doors for you to boldly share Jesus with people and that you will do it by His power and for His glory, for the salvation of lost souls!