Hebrews Greatest Hits Part V; September 14, 2025

"Nothing in all creation is hidden from God.

Everything is naked and exposed before his eyes, and he is the one to whom we are accountable."

— Hebrews 4:13 (NLT)

"God Knows"

He knows our secret	•
He knows our secret	•
He knows our secret	

Since God knows, there really are no "secrets." There are only places of shame we keep from others.

When I refused to confess my sin, my body wasted away, and I groaned all day long. — Psalm 32:3 (NLT) Secrets are EXHAUSTING!	
Our secrets are not	
The temptations in your life are no different from what others experience1 Corinthians 10:13 (NLT)	
For EVERYONE has sinned; we ALL fall short of God's glorious standard. — Romans 3:23 (NLT)	
The beginning of breaking free from our secrets is through	
Finally, I confessed all my sins to you and stopped trying to hide my guilt. <u>I said to myself, "I will confess my rebellion to the LORD." And you forgave me! All my guilt is gone.</u> — Psalm 32:5 (NLT)	
Confess your sins to each other and pray for each other so that you may be healed. — James 5:16 (NLT)	
If you want forgiveness, confess your secret to God.	
If you want freedom and victory, confess it to God and a trusted friend.	

Our secrets can drain us of ______.