

Deep Change
Part III; January 21, 2024

“The Hardest Part of Changing”

Years passed, and the king of Egypt died. But the Israelites continued to groan under their burden of slavery. They cried out for help, and their cry rose up to God. God heard their groaning, and he remembered his covenant promise to Abraham, Isaac, and Jacob. He looked down on the people of Israel and knew it was time to act.

– Exodus 2:23-25 (NLT)

Five Barriers To Asking For Help:

Low _____

False _____

Past _____

Past _____

Decide whether you want _____
or just a _____

The sacrifice you desire is a broken spirit. You will not reject a broken and repentant heart, O God.

– Psalm 51:17 (NLT)

You were taught to leave your old self. This means that you must stop living the evil way you lived before. That old self gets worse and worse, because people are fooled by the evil they want to do. You must be made new in your hearts and in your thinking. **Be that new person who was made to be like God, truly good and pleasing to him.** – Ephesians 4:22-24 (ERV)

**Surrender to the truth that you
_____ to change.**

So always tell each other the wrong things you have done. Then pray for each other. Do this so that God can heal you. – James 5:16 (ERV)

You need the _____ of others.

You need the _____ of others.

You need the _____ of others.

**Remind yourself that you are not a _____
It is a _____ for God and others to help you!**

When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them. – Psalm 91:15 (NLT)

Help each other with your troubles. When you do this, you are obeying the law of Christ. – Gal. 6:2 (ERV)