Grateful Gains June 11, 2023

Gratitude helps us be _____ in Christ.

So live in Christ Jesus the Lord in the same way as you received him. <u>Be rooted and built up in him, be</u> <u>established in faith, and overflow with thanksgiving</u> <u>just as you were taught.</u> – Colossians 2:6-7 (CEB)

"Gratitude is like a disinfectant that protects us from the germs of bitterness, discouragement, and distraction."

Gratitude _____ God.

Gratitude is a skill that needs to be acquired.

<u>I will praise the Lord God with a song and a thankful</u> <u>heart. This will please the Lord better than offering</u> <u>an ox or a full-grown bull.</u>

– Psalm 69:30-31 (CEV)

– John Ortberg

Since these people turn toward me with their mouths, and honor me with lip service while their heart is distant from me, and their fear of me is just a human command that has been memorized.

– Isaiah 29:13 (CEB)

Gratitude will help you

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <u>And the peace of God,</u> <u>which surpasses all understanding, will guard your</u> <u>hearts and your minds in Christ Jesus.</u>

- Philippians 4:6-7 (ESV)