

# The Power of Thankfulness

## Part II; November 12, 2023

### “Gratitude Changes Everything!”

“Always thank God the Father for everything  
in the name of our Lord Jesus Christ.”  
– Ephesians 5:20 (GW)

Gratitude is the fuel of \_\_\_\_\_  
Gratitude makes you \_\_\_\_\_  
Gratitude is the secret to great \_\_\_\_\_  
Gratitude opens doors of \_\_\_\_\_  
Gratitude blesses the heart of God  
and causes God to want to \_\_\_\_\_

How do we cultivate gratitude in our lives?

\_\_\_\_\_ grateful \_\_\_\_\_.

Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.  
– Philippians 4:8 (NLT)

Keep a list of blessings and answered prayers.  
Do a daily “what went right today” inventory.  
Keep gratitude quotes and scriptures in front of you.

\_\_\_\_\_ grateful \_\_\_\_\_.

A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.  
– Luke 6:45 (NIV)

And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.  
– Colossians 3:17 (NLT)

Expressing thanks makes you LOOK  
for things to be grateful for!

Expressing thanks will help you FEEL thankful!

Expressing thanks will make you SEE  
more things to be thankful for!

\_\_\_\_\_ grateful \_\_\_\_\_.

Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.  
– Philippians 4:6 (NLT)

But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God.  
– Daniel 6:10 (NLT)