

Praying Jesus' Way
Part III; August 23, 2026

“Give us today our daily bread.”
– Matthew 6:11 (NIV)

“It’s Okay to Ask for Help”

Why does God want us to ask Him for help?

He wants us to know how much He _____.

He is the faithful God who keeps his covenant for a thousand generations and lavishes his unfailing love on those who love him and obey his commands.
– Deuteronomy 7:9 (NLT)

He wants us to know that we _____.

Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. **For apart from me you can do nothing.** – John 15:5 (NLT)

He knows us better than _____.

O LORD, you have examined my heart and know everything about me. – Psalm 139:1 (NLT)

He wants to grow our _____.

And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.
– Hebrews 11:6 (NLT)

He uses our times of need to _____.

Come near to God and he will come near to you.
– James 4:8 (NIV)

For Personal/Family Reflection:

Do you find it easy or hard to ask for help?

Why do you think God wants us to ask Him for help when He already knows what we need?

Can you think of times, looking back, that you wish you had asked God for help but didn’t?

Are there things you’ve asked God for but He said “No”? Why do you think He didn’t give you what you asked?

What’s one thing you’d like to ask God for right now, or one area where you could use His help?