

# Recalibrating Our Relationships

## Part VI; June 16, 2024

### “The Incredible Power of Gentleness”

**Always be humble and gentle. Be patient with each other, making allowance for each other’s faults because of your love.** – Ephesians 4:2 (NLT)

Let me teach you, because I am humble and GENTLE at heart... – Matthew 11:29 (NLT)

**Gentleness is strength under control.  
Therefore, regulate your responses,  
or you will alienate your relationships!**

**Be empathetic in dealing  
with someone else’s \_\_\_\_\_.**

**Be happy with those who are happy, and weep with those who weep.** – Romans 12:15 (NLT)

**Being happy-go-lucky around a person whose heart is heavy is as bad as stealing his jacket in cold weather or rubbing salt in his wounds.** – Proverbs 25:20 (TLB)

**Everyone’s “stuff” isn’t going to be important to you.  
But THEY should be!**

**Don’t let others become the vent hole  
for your \_\_\_\_\_.**

**Don’t make others the doormat for your bad day!**

**Give all your worries and cares to God, for he cares about you.** Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. – 1 Peter 5:7-8 (NLT)

**Sometimes WE are the teeth of the Enemy  
devouring the very people we’ve sworn to protect!**

**Use gentleness to \_\_\_\_\_  
tense and angry conversations.**

**A gentle answer deflects anger, but harsh words make tempers flare.** – Proverbs 15:1 (NLT)

**Better to be patient than powerful; better to have self-control than to conquer a city.** – Proverbs 16:32 (NLT)

**Give grace as liberally as you \_\_\_\_\_.**

Bear with each other and forgive one another if any of you has a grievance against someone. **Forgive as the Lord forgave you. And over all these virtues put on love...** – Colossians 3:13-14 (NIV)